



The Truro and Colchester Chamber of Commerce hosted a networking social for members and their guests at the Inn on Prince in August. The next networking social will be held on Sept. 26 at the Bible Hill Bowlcade.



Truro and Colchester Chamber of Commerce staff were pleased to participate in the official opening of the Nova Scotia Provincial Exhibition in Bible Hill as Andy Vermeulen, Chair of the Nova Scotia Farm Loan Board welcomed spectators back to the site.

Truro & Colchester CHAMBER of Commerce

New Chamber Members for July/August 2023

The following are new members who have joined the Truro & Colchester Chamber of Commerce in July & August:

Beauty Within Esthetics & Laser Hair Removal
<https://beauty-within.ca>

Located in beautiful Truro, Nova Scotia, Beauty Within offers a calm and tranquil space for rejuvenation, hydration, and skin health for your body and mind.

Founded by Kathy McDonald, Beauty Within is a business built on passion and enriched with knowledge. Certified in laser hair removal, skincare, microdermabrasion, microneedling, chemical peels, laser photofacials, dermaplaning, waxing, electrocautery, manicures and pedicures, salt scrubs, infrared detox body wraps, hot stone massage and swedish relaxation massage, your mind body and soul needs will be met with healing hands. Formally a practicing Registered Holistic Nutritionist, Kathy uses her valuable knowledge and relates it to the health and condition of your skin, getting to the root cause of any chronic issues.

You are invited to enjoy any of the luxurious treatments Kathy has to offer and experience your beauty within.

Jessica's Dog Grooming
<https://www.facebook.com/adogloverschoice>

A one-on-one dog grooming salon located in Salmon River, NS. We specialize in fear free grooming and are also kennel free.

Miller Quality Solutions
<https://www.millerqualitysolutions.com>

Owned and operated by James Miller, a former manager with the Government of Canada's Food Inspection Agency, Miller Quality Solutions Ltd. is built on a foundation of over 20 years of experience in Quality Management philosophies and HACCP-based preventative control systems, including plan development, implementation, validation, verification, auditing, and training.

We specialize in Quality Management Program (QMP) systems in the seafood industry; Food Safety Enhancement Program (FSEP) for many Agrifood commodities including dairy, shell egg, maple, honey, and fresh/processed fruit and vegetables; and Ractopamine-Free programs for feed mills.

Before starting Miller Quality Solutions Ltd., James was previously recognized as a Quality Management Specialist, skilled Hazard Analysis Critical Control Point (HACCP) auditor, operational team leader, and compliance/enforcement coach with solid problem-solving, analytical, communication, and negotiation skills.

ElevateHER
<https://www.elevatehercanada.ca>

Here at ElevateHER Mental Health Support Services Canada, we are driven by a single goal; to do our part in making the world a better place for all. Our decision-making process is informed by comprehensive empirical studies, participant and client feedback and guidance, and high-quality data evaluation. We strive to build productive relationships and make a positive impact with all of our pursuits.

We are a grass-roots organization and learning as we grow - our clients and participants are at the core of our program development and decision-making processes.

At ElevateHER, you are family. ElevateHER Mental Health Support Services Canada provides individual and group mental health support services to those who identify as female and their prospective families. We envision a society where those who identify as female & their families can live a life of meaning and purpose, with opportunities to achieve ultimate happiness and a life free of poverty and mental illness. It is our first priority to provide diverse & synergistic programming and support services through a compassionate lens, where together as a community, we can foster positive social change & independence for all those who identify as female & their families, in a society that is constantly changing.

Our locations throughout Nova Scotia: Truro, Port Hawkesbury, Wolfville & Shelburne. We also provide outreach and programming in rural areas throughout the province.

Media Scotia
<https://mediascotia.ca>

CREATIVE SOLUTIONS, HANDLED WITH CARE
Our company offers marketing, design, and IT solutions to help businesses succeed. We create compelling campaigns, stunning designs, and provide our expertise with website development and various software solutions.

In 2019, Truro, Nova Scotia brought Olivier and Carlos together, where they developed a deep appreciation for the breathtaking province and are now honored to call it their home. Their vast expertise in their individual fields prompted them to merge their talents, and in April 2023 they established Media Scotia.

Smart Energy
<https://solarfarming.ca>

We generate independence. Providing commercial solar and battery storage for the agricultural sector since 2016. Manufacturer of the NORTHEAST solar farm, built uniquely to withstand harsh Maritime winters. Truro, NS - (902) 956-0839

Memory Bank Travel
<https://www.memorybanktravel.ca>

As a Travel Agent, I make the process of travel planning easier for my clients and ensure they experience the best trip possible. I get to know and work directly with my clients in order to determine the best possible travel destinations, transportation arrangements, and accommodations for the client's particular needs. We help our clients bank memories, one vacation at a time.

*Note - Walker Street Office is currently closed and I work from my home office and can easily meet you at your home or coffee shop to plan your travel arrangements with you.

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Colchester be centred here.

Presentation Meeting
Tuesday, September 5 @ 6pm

Council Committee Meeting
Thursday, September 14 @ 6pm

Council Meeting
Thursday, September 28 @ 6pm

Municipality of Colchester, 1 Church Street, Truro
902-897-3184 | Colchester.ca

REMINDER

ONSLOW BELMONT FIRE BRIGADE

2023 Harvest Sale & Auction AT THE FIRE HALL IN ONSLOW. Saturday, September 30, 10 am - Finish

NOTE TO RESIDENTS:
Once again, this year it will be "A ONE "1" DAY SALE"
We will NOT be doing door to door canvassing.
Pick-ups will start the second week of September.
Call and leave a message.
(902) 662-2555

You may also drop off items at the fire hall in Onslow.
CHECK OUR FACEBOOK PAGE
FOR FURTHER UPDATES



**THIS SALE WILL
TAKE PLACE AT
THE FIRE HALL
IN ONSLOW**

CONTACT: 662-2555
IF YOU HAVE
DONATIONS TO DROP OFF
CONTACT US

Live Right 1114 Highway 2, Five Islands Nova Scotia

Pet Supplies Open every day from 10:00 a.m. to 7:00 p.m.

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