

# Not Since Moses Run Return

*Continued from page 1*

team was well prepared with disposable capes and extras to share if needed.

Foot ware was also extremely important to consider. First, because you will most likely never be able to wear it again and second, because you want it to stay securely on your

feet for the entire run. We were sizing up the competition while waiting for the race to begin and noticed a runner had wrapped duct tape around his shoes and ankles to keep them on. We were quite disappointed we hadn't thought of that until later in the run we

saw his pile of duct tape discarded and covered in muck.

The run was easier than we expected (perhaps our training paid off). There were several challenging areas where at one point I did lose a shoe, which is almost impossible to get back on. Lots of laughter and encouragement can be heard all along the route and in under 54 minutes we were back to the start line and feeling quite proud of ourselves for placing

in the middle of the pack.

The Bluenose Marathon team of volunteers did a fantastic job organizing everything, literally from start to finish. We met people from all over Nova Scotia, Canada and the US, all ages, and abilities. Some had planned their vacation to be here for the event and some were here vacationing here anyway. There is a children's run and a 10k run for more of a challenge. Gram Team has added yet another fantastic memory for years to come!



The Gram Team, Linda Harrington and Nancy Jennings display their Not Since Moses 5k medals, after having lots of laughs. (Linda Harrington Photo)



The peaked rock formation was the halfway point in the Not Since Moses 5K run and the place where the 10k runners could be seen rounding the corner. (Linda Harrington Photo)

For more information or to plan for next years race, check out <https://www.notsincemoses.ca/>



Getting stuck in the muck is inevitable during the Not Since Moses Run, just don't lose your shoe. (Linda Harrington Photo)



Participants line up at the 5K start line, with the gorgeous view of the Five Islands. (Linda Harrington Photo)

## 4-H Awards at 2020 Nova Scotia Provincial Exhibition

Also see the 4-H Award photos on page 12 and 13. Photos and story by Linda Harrington.

It took two years for the 4-H winners circle to be used again at the Nova Scotia Provincial Exhibition. CoVid-19 caused the NSPE to be put on hold, which also meant the county and Pro-Show 4-H activities were curtailed.

The following is list of winners from Colchester County 4-H Show held on Monday and Tuesday, August 22 & 23 in advance of a quickly pulled together three day 2022 Nova Scotia Provincial Exhibition:

### Grand Champion 4H Awards:

Beef Judge- Jenna Mattatal, Clifton; Beef Showman- Jenna Mattatal, Clifton; Beef Project- Jenna Mattatal, Clifton; Angus- Jenna Mattatal, Clifton; Building Blocks Judge- Johnathon Chestnut, Brookfield; Building Blocks Member- Johnathon Chestnut, Brookfield; Building Blocks Project- Johnathon Chestnut, Brookfield; Cake Decorating Judge - Mya Turner, North Shore; Cake Decorating Member- Olivia Bisson, TNR; Cake Decorating Project- Olivia Bisson, TNR; Cavy Member- Ty Shreve, Onslow-Belmont; Computer Member- Tim Porter, Onslow-Belmont; Crafts Judge- Marion Porter, Onslow-Belmont; Crafts Member- Marion Porter, Onslow-Belmont, Crafts Project- Marion Porter, On-

slow-Belmont; Dairy Judge- Alena Moxsom, Brookfield; Dairy Showman- Sage Yuill, Onslow-Belmont; Dairy Project- Alena Moxsom, Brookfield; Aryshire- Megan Smith, Clifton; Holstein- Linden Masters, Clifton; Jersey- Chloe Dean, Clifton; Dog judge- Maddie Whooten, TNR; Dog Handler- Lauren Bates, Harmony Ridge; Dog project- Maddie Whooten, TNR; First Aid Member- Travis McAndrew Brookfield;

Floriculture member- Maggie Weatherby, North Shore; Foods Judge- Jessica Porter, Onslow-Belmont; Foods Member- Jessica Porter, Onslow-Belmont; Foods Project- Emma Tremblett, Clifton; Garden Member- Amelia Hollis, Brookfield; Goat Judge- Dannan Forbes, Clifton; Goat Showman- Luke Hendsbee, Clifton; Great Outdoors Judge- Jay Shreve, Onslow-Belmont; Great Outdoors Member- Jay Shreve, Onslow-Belmont; Great Outdoors Project- Mariette Matthews, Onslow-Belmont; Heritage member- Malcolm Logan, Brookfield; Light horse Judge- Alison White, TNR; Light Horse Showman- Alison White, TNR; Light Western Horse Project- Alison White, TNR; Mini Horse Project- Cassie MacIsaac, Harmony Ridge; Dairy Clipping- Sage Yuill,



CANADA  
4-H Nova Scotia

Rylie Masters, Clifton; Speciality pProject (showcase)- Lauren Bates, Harmony; Photography Judge- Carlie Ahston, TNR; Photography Member- Carlie Ashton, TNR; Photography Project- Maggie Weatherby, North Shore; Poultry Judge- Reese Weatherby, North Shore; Rabbit Judge- Charlea Lowe, Brookfield; Rabbit Showman- Emma Crossan, Harmony; Rabbit Project- Charlea Lowe, Brookfield; Sewing Project- Jorja Smith, Brookfield; Sheep Judge- Alison White, TNR; Sheep Showman- Charlie Thompson, TNR; Sheep Project- Charlie Thompson, TNR; Small Engines Member- Theo McConkey, TNR; Tractor Member- Porter Myette, TNR; Vet science Member- Karleigh Webb, Brookfield; Waterfowl Judge- Kailee MacDonald, North Shore; Welding Project- Josh Ful-

ton, Brookfield; Woodworking Judge- Porter Myette, TNR; Woodworking Member- Porter Myette, TNR; Woodworking Project- Reid McConkey, TNR.

**Champion Competitors:** Building Blocks- Johnathon Chestnut, Brookfield; Bake Off- Maya Huggeridge, Clifton; Cake Decorating- Katherine Poehl, TNR; Crafts- Natalie Porter, Onslow-Belmont; Fashion Show- Abigail Brownell, TNR; Floriculture- Maggie Weatherbee, North Shore; Tractor Driving Team- Josh Fulton, Connor Richardson, Johnathon Chestnut, Brookfield; Vegetable Prep- Amelia Hollis, Brookfield; Woodworking- Connor Richardson, Brookfield.

**Grand Champion Showman:** 1st- Luke Hendsbee, Clifton; 2nd- Jenna Mattatal- Clifton; 3rd- Alison White, TNR.

Winner of the Cox Memorial Scholarship was Megan Smith.

## Leggate's Chosen for WOYA Award

The Leggate Family of Five Mile Brook, near Kennetcook, were recently named the winners of the 2022 Provincial Woodland Owner of the Year Award. Natural Resources is in the process of organizing a large public field day in the

fall. The date hasn't yet been finalized.

A Kids in the Forest Field Day on the Thursday, September 29th before the public field day on Saturday, September 30th.

## Beautiful Sunny Nova Scotia

The sun is shining so bright  
And the sky is so beautiful  
And blue and I'm in  
Nova Scotia too

And the rosy colored sky  
Tonight and Nova Scotia  
Is just so beautiful and peaceful  
tonight

And I'm having so much fun  
In the morning sun  
And the little birds are  
Singing so passionately  
And Nova Scotia is so  
Beautiful and peaceful

And a warm gentle breeze  
Blowing all day and my  
Memories of sunny Nova Scotia  
Will never fade away  
And I'm drinking my wine  
All through the night  
And I'm in Nova Scotia tonight  
And I'm smiling so bright

And the sun is shining so  
Bright and I'm watching the flowers  
are dancing in the warm sunlight

And having so much fun  
I'm in the warm hot sun and my  
Memories to cherish and so much  
Happiness and so much joy and  
Everyone laughing with smiles on  
Their faces and I'll always  
Remember my sunny days  
In beautiful Nova Scotia  
Every day.

And evening comes and the sun  
Goes down and everyone having fun  
in this beautiful old town

And the bright stars are  
Shining so bright

David P Carroll

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