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## HOLLIS FORD'S COMMUNITY CALENDAR

A FREE service to community groups. Phone: 902-647-2968 or Fax: 902-647-2194

E-MAIL: [maurice@theshorelinejournal.com](mailto:maurice@theshorelinejournal.com)

MAILING ADDRESS: Box 41, Bass River, NS B0M 1B0

**Community Library:** The Wentworth Learning Centre community library is open weekdays from Mondays through to Thursdays 9am to 7pm; Fridays 9am to 9pm and Sundays 2pm to 7pm.

**Mondays:** On the second Monday evening each month commencing at 7:00 pm, the Peniel UCW, Five Islands provides an avenue for fellowship and a means to serve the community. Come join and enjoy the companionship of other women.

**Mondays:** Gym classes at the Economy Recreation Center mornings from 9 to 10 and evenings 7 to 8.

**Mondays:** Tai Chi at the FPW Fire Hall, Port Greville, every Monday at 7pm.

**Mondays:** Weight Loss Group at Peniel United Church, Five Islands, 6:30 pm.

**Mondays:** Cards at the Diligent River Community Hall, every Monday at 7pm.

**Mondays:** Card Party join us to play 45's at Wentworth Recreation Centre.

**Mondays:** Bodacious Yoga Class- 6 to 7pm- Every Monday until August 19th at Masstown United Church \$10/class This class is designed for everyone from the voluptuous to the folks with cranky knees and backs, to those who want to try yoga but just aren't sure how to get started. Come be you; be beautiful; be Bodacious!!!! Contact Tanya at The Artsy Nerd Holistic Relaxation Company 902-814-2194

**Mondays:** Shuffleboard at Economy Recreation Centre at 7:00 pm.

**Mondays:** Parrsboro Citizens Band Rehearsal, 7 pm. Interested in joining contact Rob Bentley.

**Mondays:** Yoga Tone with Ashley Fletcher at WCCS, Bass River, 6PM. \$10 Drop-in fee. Email [ashleyfletcher@eastlink.ca](mailto:ashleyfletcher@eastlink.ca) or phone 902-986-2133

**Tuesdays:** Walk 'n Roll program at the RECC on Tuesdays from 2:30-3:30pm. Designed for people with mobility challenges and who use a mobility aide. We have rollator walkers there for use if people do not have their own. Admission; Free. For information contact: Beckey Langille, OTRegNS(c), Geriatric Clinician, Senior's Clinic 902-986-2609.

**Tuesdays:** Exercises at the FPW Fire Hall, Port Greville, every Tuesday at 10 am.

**Tuesdays:** The King Street Strummers meet at 7:30pm. (For info contact Rob Bentley).

**Tuesdays:** TOPS NS 5261 at Port-taupique Riverside Community Hall, 10 am. Everyone is welcome. Your first visit is Free.

**Tuesdays:** Play Parrsboro Lions Club Bingo every Tuesday at 6 PM on cable 5 and now on the internet at: [www.parrsborolionsbingo.ca](http://www.parrsborolionsbingo.ca)

**Tuesdays:** Craft Group from the area meets at the Economy Recreation Centre from 10:00am to 2:00pm to work on various projects. Bring a lunch if you stay for the whole four hours.

**Tuesdays:** The Goodtime Seniors club dances are beginning their 40th year on Sept 29, 2019 to June 30, 2020. Held at The Truro Legion on Brunswick St from 7:30 to 10:30 Admission \$7. Shared lunch and 50/50 tickets, a live 5-piece band playing waltz quadrilles, round waltz, polka, fox-trot, jive and country/modern songs.

**Tuesdays:** Colchester Stroke Club meets from 10 a.m. until 2 p.m. at the Douglas Recreation Center, 40 Douglas Street, Truro. All stroke survivors and volunteers are welcome. For more information please call Sheila at 902-893-2756 or Karen at 902-893-4759.

**Tuesdays:** Wentworth Learning Centre hosts Maggie's Place-Pop Up at 9 am. This is a weekly two hour outreach pre-school play group for parents/caretakers and their children aged up to six years. No registration is required. Free of charge.

**Tuesdays:** Historical Flashbacks: Tea and Talk, 1 pm in the community library at Wentworth Learning Centre. Discuss Wentworth history rummaging through boxes of old photographs (yours and others). Transportation provided: need a ride to and from the library? Call 902-548-2076 and we will pick you up.

**Tuesdays:** Bass River Fire Brigade Toonie Draw 7pm at the Bass River Fire Hall. Tickets available along the shore. Visit: Facebook page: Bass River Fire Brigade Toonie Draw

**Wednesdays:** Mid-Week Morning Yoga -9:30-10:30 am every Wednesday at Masstown United Church. \$10 drop in or 10 class pass for \$80. Contact Tanya at The Artsy Nerd Holistic Relaxation Company 902-814-2194

**Wednesdays:** Debert Legion Weekly Chase the Ace. Tickets available at the Legion Friday to Wednesday, as well as stores in West Colchester. Ticket sales end at 8:00PM Draw at 8:15 PM. Don't need to be present to win. Tickets \$3.00 each.

**Wednesdays:** Gym classes at Economy Recreation Center mornings from 9 to 10 and evenings 7 to 8.

**Wednesdays:** Debert Legion Weekly Crib every Wednesday. Play starts 7:30 sharp. Bring a partner and come out and play. Everyone welcome.

**Wednesdays:** TOPS NS 4623 at Bass River Fire Hall, 1pm. Information call: 902-647-2925.

**Wednesdays:** Venipuncture Clinic (Blood Collection), Medical Centre, Bass River, 8:00 am – 10:00 am. Nurse Lynn Swan, RN.

**Wednesdays:** Cards at Senior's Centre, Five Islands, 7:30pm.

**Wednesdays:** Yoga with Margaret Davidson 6:30 pm at Lower Onslow Community Centre.

**Wednesdays:** Mid-Week Morning Beginner Yoga, 9:30-10:30am. Classes are downstairs at Cobequid United Church Hall, Masstown \$10/class (\$80 for a 10 class pass). Call Tanya at 902-814-2194

**Thursdays:** BINGO Every Thursday Night @ 7 PM, Wentworth Recreation Centre 13752 HWY 4. Regular Game, Jackpot, Toonie Number. Come out and enjoy the evening

**Thursdays:** Beginning Thursday, September 5th, and every Thursday, Open Mic at the Lower Onslow Community Centre. Doors open at 5:30 music at 6:30. 50/50, donations at the door, coffee/tea on the house, everyone welcome.

**Thursdays:** Grandparent's Rights for Nova Scotia meets the 3rd Thursday of each month from 2-4 pm at Sobey's Community Room, Robie Street, Truro.

**Thursdays:** Bingo, Recreation Centre, Economy starting at 7:00 pm. Early Bird game at 6:45.

**Thursdays:** Canasta from 1 – 3 pm at the Historeum, 29 Young Street, Truro. Both experienced and new learners are welcome.

**Thursdays:** Open Mic, Lower Onslow Community Centre. Doors open at 5:30, music starts at 6:30. 50/50, tea/coffee on the house, everyone welcome.

**Thursdays:** Gym classes at Economy Recreation Center - evenings 7 to 8

**Thursdays:** Girl Guides, Sparks and Brownies, 5:30pm at Wentworth Learning Centre.

**Fridays:** Chase the Ace held at Wentworth Learning Centre at 9:00 pm. Tickets can be purchased at various places throughout the week, and at the centre 6:00 pm to 8:45 pm on Fridays.

**Fridays:** Gym classes at Economy Recreation Center mornings from 9 to 10 and evenings 7 to 8.

**Fridays:** Bingo at Five Islands Fire Brigade Hall, 7 p.m.

**Fridays:** Evening with the Brushes at Wentworth Learning Centre, 6:30 pm. Cost \$40.

**Fridays:** Masstown Coffee House - 2nd Friday every month, 7-9pm, downstairs at Cobequid United. July 12th Coffee House - Trivia Night - Pre-register teams of 4 at [tartsynerd@gmail.com](mailto:tartsynerd@gmail.com) Cost is \$20 per team.

**Saturdays:** Chase the Ace supporting the Debert Legion and West Colchester Cobras Saturday's 2-4pm draw time 4:15pm must be there to win! \$2 per ticket.

**Saturdays:** OPEN MIC at the Diligent River Community Hall, 7 pm, every other Saturday unless otherwise posted.

**Sundays:** Jamboree and Open Mic held the second Sunday of the month at Wentworth Learning Centre, 2 pm to 5 pm. Enjoy an afternoon of old-time country music. All are welcome to play a tune. Sign up at the door.

**Sundays:** Sunday Music Afternoon, last Sunday of every month, except December, at Wentworth Community Centre, 1 pm to 5 pm. Music starts at 1:30 pm.

**Sundays:** Yoga with Ashley Fletcher at WCCS, Bass River, 6:30 PM. \$10 Drop-in fee. Email [ashleyfletcher@eastlink.ca](mailto:ashleyfletcher@eastlink.ca) or phone 902-986-2133

**Sundays:** Afternoon of Live Music and Dancing, 1:30 to 5:00 pm at the Wentworth Recreation Centre, 13752 Highway 4, Wentworth. Fiddlers and many other musicians come from all over Nova Scotia to share their music. The beautiful rock maple hardwood floor is a favourite with the dancers. Donations accepted at the door. Shared lunch. 902-548-2301. Event held every last Sunday of the month except December.

**1 & 3rd Thurs:** Truro Toastmasters Club, Non-profit worldwide organization designed to help individuals improve public speaking and leadership skills. 6pm - 8pm. 36 Arthur Street, NSCC Campus, Forrester Hall, Room 335. Admission cost: Guests are welcome to drop in at no cost. Contact: Jann McFarlan, 902-890-9886.

**2nd and 4th Thurs:** Parrsboro Citizens' Choir Rehearsal, 7 pm. Interested in joining contact David Towns

**Rehearsals for Parrsboro Citizens Band:** Both the Improv Jazz Ensemble and the King Street Strummers are taking a summer vacation – lessons to resume after Labour Day weekend; If you are interested in either group, please contact Rob Bentley

**Events by type:** Walk 'n Talk is on Monday, Wednesday from 10:00 to 11:00 am. The Wentworth Recreation Centre, 13752 Highway 4, Wentworth

**Beginner Pickle Ball** is on Monday and Wednesday from 11:00 am to 12:00 pm The Wentworth Recreation Centre, 13752 Highway 4, Wentworth

**Gentle Yoga** is most Sunday's at 4:30 pm. The Wentworth Recreation Centre, 13752 Highway 4, Wentworth Contact Kaly at 902-410-0292 or [Bella.yoga2019@gmail.com](mailto:Bella.yoga2019@gmail.com) (Not on the last Sunday of the month)

**Vinyasa Flow Yoga** is on Tuesday at 6:30 pm. The Wentworth Recreation Centre, 13752 Highway 4, Wentworth Contact Andrew at 902-986-1429.

**Dancing to Live Music** is every last Sunday of the month from 1:30 to 5:00 pm. The Wentworth Recreation Centre, 13752 Highway 4, Wentworth

**Aug. 28:** "Coffee, Creativity, and Conversation" - Every Wednesday from 1-3pm. Downstairs at Cobequid United Church, Masstown - Free to attend. Everyone welcome! Bring along a creative project to work on while you socialize with your neighbours! Coffee, tea, iced tea, and yummy snacks will be available for sale. Call Tanya 902-814-2194.

**Aug 29:** Bodacious Yoga, Thursday classes begin, 6-7pm. Lots of modifications offered. Downstairs at Cobequid United Church, Masstown. \$10/class (\$80 for a 10 class pass). Call Tanya 902-814-2194

**Sept 4:** Movie night at The Hall, Parrsboro, 7:30 pm. Showing: POMS.

**Sept 5:** Yoga Shared Inspired Class, 7:30-8pm. Cobequid United Church Hall, Masstown - 30 minute Intermediate class blending traditional yoga poses and High-Intensity Interval Training. \$7.50 per class, (10 class pass-\$65). Call Tanya 902-814-2194.

**Sept 6:** BREEZE & WILSON, in concert. Old Barns United Church, Old Barns presents the duo "BREEZE & WILSON", who are travelling Nova Scotia, all the way from the UK. Doors open at 6:30 pm, Concert at 7:00 pm. Advance tickets \$20 or \$25 at the door. To pre-book contact Reg – call or text, 902-899-9721, or [rlhenderson@hotmail.com](mailto:rlhenderson@hotmail.com)

**Sept 6:** Open Mic at the Hall, Parrsboro, 7 pm.

**Sept 11:** TED Talk, 7 pm. Topic TBA

**Sept 12:** Rotary House Challenge, 18th Annual CCWF Gold Classic. 18 holes of golf; scramble format; 1:00 pm shotgun start. Lots of draws, contests and laughs. To register: 902-893-4799.

**Sept 13:** September "Masstown Coffee House", 7-9pm. Downstairs at Cobequid United Church, Masstown - Free admission. Trivia Night. Teams of 4 will compete for prizes! Call Tanya at 902-814-2194 to register your team.

**Sept 14:** A Community Health Plan and Wellness Fund information session for 2019-2022 will be held at the Truro Library from 11 am – 1 pm on September 14th. Light lunch will be provided. For information contact: Amanda Moore, 902-890-4383, or [Amanda.Moore@nshealth.ca](mailto:Amanda.Moore@nshealth.ca)

**Sept 18:** Movie night at The Hall, Parrsboro, 7:00 pm. Showing: Rocket Man.

**Sept 20:** The International Day of Peace at 11:00 am at Cobequid

Veterans Memorial Park, 5653 Highway 2, Bass River. Peace is a Dream Unfolding will be performed once again. Students of WCCS will animate giant peace doves as they carry peace into the four directions, but only if people, Remember. All are welcome. Visit us on facebook or at [www.veteranmemorialpark.com](http://www.veteranmemorialpark.com)

**Sept 20/21:** A Capella Boot Camp. Go to [www.thehall.ca](http://www.thehall.ca) for information.

**Sept 21:** Central Nova Volkssport Club, 5/10k, 3C 11:am. Pugwash Estuary Trail, Estuary House 2169 Crowley Rd. Rte 6, coming from Wallace, Crowley Rd. (sign may be missing) is 0.4 km past, Hillcrest View Inn. Left on Crowley, then left again at 0.2 km to stay on Crowley Rd. Contact Patricia Sowinski 902-895-6123. Note Time and duration: 3+ hr Hike, Pack a lunch.

**Sept 21:** Cadence Concert at The Hall, Parrsboro, 8pm. Tickets \$25.

**Sept 22:** An evening of Gospel music with Wayne Elliott and Friends at Trinity United Church, 7:00 pm. Corner of 415 Onslow Rd. & Meeting House Rd., Upper Onslow. Refreshments to follow. Sponsored by the Lower Onslow UCW. Chairlift accessible. For more information call (902) 893-2132

**Sept 22:** An evening of Gospel music with Wayne Elliott and Friends at Trinity United Church, 7:00 pm. Corner of 415 Onslow Rd. & Meeting House Rd., Upper Onslow. Refreshments to follow. Sponsored by the Lower Onslow UCW. Chairlift accessible. For more information call (902) 893-2132

**Sept 22:** Music in the Kitchen at Peniel United Church, Five Islands, 7:00-9:00 pm. Donations at the door. Refreshments' Served. Sponsored by UCW.

**Sept 28:** Yard Sale, Book & Bake Sale, 9:00 am to 12:00 noon. Economy Recreation Centre. We would appreciate donations of saleable items. If you have something to donate for the sale there will be someone at the Rec. Centre on Friday, Sept 27th from 1-3 pm for drop off. For more information phone Ray Dibbon 902 647 2022. Sponsored by The Board of Stewards, Economy United Church

**Oct 7:** Fall Merchandise Bingo will be held at the Great Village Legion Hall. Sponsored by the Great Village and District Volunteer Fire Brigade Ladies Auxiliary. Tickets: Call Kathy Slack at 902-668-2341 to reserve your ticket.

**Nov 2:** Christmas Craft Sale. We are currently looking for vendors for our upcoming Craft Sale in Great Village. Tables are \$15. Contact: Heather MacKay 902-668-2501 for more information