



Gerry Dykens, Mayor Christine Blair, Vice President Sue Taylor, President Michael Taylor, The Honourable Karen Casey and her granddaughter at the Peacekeepers Day Ceremony on August 11th in Debert. (Submitted)



Silver Cross Parents Tom and Angela Reid laying a wreath in remembrance/honour of our Peacekeepers at the Peacekeepers Day Ceremony on August 11th in Debert. (Submitted)

OBFB Fall Harvest Auction – Sept 27 & 28

By Maurice Rees

The annual Onslow-Belmont Harvest Sale and Auction will be held September 27th and 28th at the fire hall at 12355 Hwy 2, Lower Onslow. First auction was held in 1962, the year after the Brigade was formed. It was a one evening event that raised around \$1,000.

When Clair Peers took over as chair of the auction approximately 15 years ago it was generating approximately \$12,000 - \$13,000.

It has been steadily increasing since then and last year surpassed \$30,000. That is probably due to a number of factors including, better quality goods, a bigger effort by members to cover the area and spending more time canvassing.

Tremendous support from area residents has been a major contributing factor. To see the volunteers out canvassing for the sale and auction has instilled a mindset of tremendous support from area residents, who realize

this is the only time of the year, when major support is requested.

This year an information flyer will be distributed to area homes one week earlier than normal which allows volunteers to canvas three evenings during the week instead of cramming efforts into more days but less weeks.

The sale will be held Friday, September 27 - 7 pm - 11 pm and Saturday, September 28 - 10 am - 5 pm and 7 pm - 11pm. Door to door donation collection will be spread over four weeks as follows: Belmont, Crowes Mills - Week of September 2nd, Onslow Mountain and Old Tata Rd - Week of September 9, Upper, Central and Lower Onslow - Week of September 16 and Masstown & Lower Debert - Week of September 23,

Those interested in alternative pick up, to set up a drop off time, or with questions regarding collection, please message our Facebook page, or call the firehall and

leave a message at: (902) 662-2555. The brochure states: This notice is intended for residents located within the OBFB fire protection area.

If you are outside that area door to door collection will not occur, but pick up and drop off of donations is available by request phoning the hall.

Income tax receipts are available for cash donations greater than \$10

Onslow Belmont Fire Brigade is dedicated to saving lives and protecting property through fire prevention, suppression and public education.

Coverage area includes 225 square kilometers of forest, remote mountain areas, marsh and farm land, rivers, residential subdivisions, commercial development, 22kms of 100 series highways, and 10kms of CN railway.

In 2018 total number of calls was 214; 126 medical emergencies, 28 motor vehicle accidents, 2 structure fires, 8 vehicle fires, 8 mutual aid calls to neighboring departments, 12 brush and grass fires, 1 flue fires and 29 miscellaneous calls.

With the growing diversity of our calls members spent a total of 1097 hours training in 2018 in order to keep their skills both sharp and up to date.

The Annual Fire Prevention Open House is Saturday, October 5th from 11am-1pm!



Tareq Hadhad, CEO of his family's business Peace by Chocolate, was at Masstown Market on June 26th sampling some of the new Masstown Market Peace Bars. (Harrington Photo)

The Shoreline Journal is proud to provide coverage of community events.

Rees – New Way to Get Around

By Maurice Rees

On Wednesday, July 31st, the same day the August issue was published, I had a medical appointment in Halifax. When I was getting dressed, there was a slight twinge in my lower back, but I didn't pay much attention to it.

As I drove into the city severe pain in my lower back and left leg got worse and worse. By the time I got to the Halifax Infirmary on Robie Street, I was almost in tears, and realized I was having a serious sciatic nerve attack.

I had previous sciatic occurrences in 1987 (left leg) and 2000 (right leg) which certainly took their toll on mobility and strength of my legs, but being younger I was able to "almost" recover after several physiotherapy sessions. In 2,000 if you can call it "lucky" the nerve damage was so bad, it "killed" the pain nerve. Those who have suffered sciatic problems would agree "no pain" is a blessing. Since then I have had a "gimp" in my step, but no pain until the unexpected attack on July 31.

At the Infirmary, once I got parked, it was time to head into my appointment. When I exited my van, in normal fashion, the landing was not the same. There I was lying in a clump on the parkade next to my van. I was able to get straightened around and was able to open the door to stand-up and get the things I needed for the appointment. All seemed fine. Except when I let go and intended to walk, there I was in a clump on the ground for a second time.

Using the van and parkade wall, I was able to gingerly get around to where there was more traffic. A nice young couple from Cheverie, Hants County, came into the parkade, parking next to where I was standing. They graciously responded to my request for help and were able to navigate me into the parkade's elevator lobby on Level 4. She returned within a few minutes with a wheel chair and navigated me in to register for my appointment.

The rest of my movement was possible by Infirmary staff. Once my specialist was finished

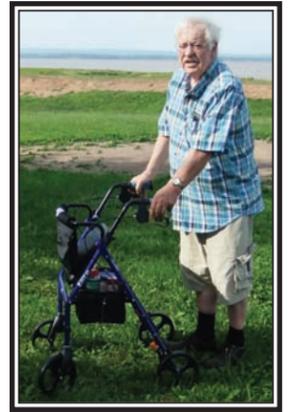
he collared a nurse, who was going on break, to take me up to the next level for a blood test. When she realized, I was travelling alone, and no one was at home, (Dorothy was in Cape Breton), I assured her if I could get into my van, I would be fine.

Back through the parkade and up to my van. It took a few minutes and lots of effort, but she and I made a good team. Nurses know how to handle a 200 lb body that has gone limp. Using all her strength, she maneuvered me into the driver's seat.

I got out of the parkade and out of the city without any problem. The pain was much less than on the in-bound trip into the city. Within just over an hour I arrived in Maitland and parked as close as I could to the doorway. Out the van I got, without collapsing, and got within twelve feet of the back door. When I realized it was dangerous to proceed, because I didn't like the looks of the concrete step between me and the doorway.

With everything I needed and keys in a plastic grocery bag, I dropped myself down and got in position to enter my abode on my hands and knees. Took me about 20 minutes, but I assure you the couch in the kitchen looked pretty inviting. There I sat for a couple of hours then off to bed to rest.

On Thursday, I called Red Cross, Truro. They were eager to help, but needed a doctor's prescription to release the walker and cane. Problem, my doctor was off for the day, and I was unable to reach others. Soon I had an idea. I called Todd at Bayside



Maurice Rees, Shoreline Journal publisher, practices his new mode of safely walking around. When his new walker is not appropriate, he uses a cane for stability. (D Rees Photo)

Pharmacy telling him my problem. Todd stated he did not have a walker in stock, but would order one and it would arrive by 11:00 am the next day. I arranged with a friend to visit Todd by 11:30.

Shortly after lunch, around 1:00 pm, on Friday, I had the new walker you seen in the photo. When you see Todd, thank him for fast and excellent problem solving skills. When you see me, realize I will move around slower, and with limited mobility I'll have more time to work on future issues of The Shoreline Journal.

Now I hope the left leg regains its resistance so it does not easily collapse. To be truthful, I am not confident, but without pain and a good attitude, I can be as effective, as I always have been, except I will not enter the Boston Marathon or other charity walks.

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