

Come to Downtown Truro's 10TH Annual Seniors' Expo!

Thursday, September 28th
9:00 am - 1:00 pm
Best Western Glengarry
FREE

Dozens of exhibitors will be offering valuable information on home care, housing options, health care products and services, recreational opportunities and more. Enjoy light refreshments, live music and a chance to take home one of over 30 door prizes.

Here is this year's list of exhibitors:

- Atlantic Sleep Therapeutics
- Blaikies Mopar Express Lane
- Canadian Red Cross
- Cobequid Lawn Bowls
- Colchester East Hants Hospice Society
- Colchester Historeum
- Colchester Research Group
- Crime Stoppers
- Earth Angels Homecare
- ElderDog Canada (Central Nova Pawd)
- Elegant Steps
- Emergency Health Services
- Failsafe Computer Services
- Fyidoctors
- Gideons Canada
- Goodtime Seniors Club
- HCO Lifestyle Support Services Inc.
- Lock & Stone Property Services
- MacQuarries Home Health Care Centre
- MacQuarries Pharmasave Esplanade
- Mattatall-Varner Funeral Home
- Municipality of Colchester (Waste Reduction Dept.)
- National Assoc. of Federal Retirees
- Northwood Intouch



International Day of Peace will be celebrated at Veterans Memorial Park, Bass River on Friday, September 21 at 11:00 a.m. The Peace Day Celebrations will be marked with a presentation of "Peace is a Dream Unfolding", a story written by Dr. Karen Ewing. The presentation will be brought to life by students from WCCS using giant Peace Doves puppets created from the Jane Goodall Roots and Shoots Program. (Submitted)

- Parkland Truro
- Patterson Law
- Property Guys
- Provincial Hearing
- Rath Eastlink Community Centre
- Royal Lepage Truro Real Estate
- Scotia Pool Society
- Seaside Wireless Communications
- Senior's College Assoc. of NS
- Service Nova Scotia
- Sobeys Prince Street
- Sun Life
- The Arthritis Society
- Truro Bearcats
- The Medicine Shoppe Prince St.
- Third Place Transition House
- Truro Chiropractic Clinic Inc.
- Truro Duplicate Bridge Club
- Truro Police Service/Truro Crimestoppers
- Truro Prostate Cancer & Hope Chest Breast Cancer Support Groups
- VON Colchester East Hants
- Wallace Living
- We Care Home Health

is proud to provide coverage of your event contact Maurice Rees at 647-2968
 of community events.

The Shoreline Journal



Larry Harrison, MLA
Colchester-Musquodoboit Valley

Come see what the 2018 Seniors Showcase has to offer!

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BW **Glengarry**
"Truro Trade & Convention Centre"
150 Willow Street, Truro
Best Western. 902-893-4311

Drop in to see our Rebranded Restaurant Sherlock's Lounge



New Name!
New Chef!
New Menu!

The Medicine Shoppe
PHARMACY

Truro Mall • 245 Robie Street
(902) 893-3500
www.medicineshoppe.ca



**FLU SEASON IS COMING
GET YOUR FLU SHOT**

No appointment necessary.

- Is taking medication part of your daily routine?
- Are you tired of waiting for your prescription
- Are you worried about getting your pills mixed up?



If you answered YES to any of the above questions... we'd love to meet you!

Drop by The Medicine Shoppe Pharmacy and speak to us about personalized medication management systems, commonly known as "blister packs"

HOURS OF OPERATION: Mon.-Fri. 9:00am - 5:30pm, Saturdays 9:00am - 1:00pm