

Dorothy's Kitchen Korner

Hurricane Season and Schools In

The past few weeks we've been complaining about the humidity and that for the past three weekends it has rained on either Saturday or Sunday, or both. Which brings to mind, the joke. What do you call the day after two days of rain? ANSWER: Monday.

Yes, we've complained, as usual, about the weather... Humidity, rain, heat and feeling uncomfortable. After watching television this weekend, all of us should stop complaining about the weather or anything related to it.

I haven't been glued to CNN or other American stations, but after seeing the havoc Hurricane Harvey brought to Texas, we need to really thank our lucky stars that we live where we live. Can you imagine the personal trauma of living through a night of 140 Mile/hr wind and rain and then be told the storm had stalled and another 4-5 days of rain was headed your way.

I just watched a bit of CNN and the meteorologist commented on the airport outside Houston received 10 inches in 90 minutes. It's only Sunday and some areas have 30 inches of rain, and forecasters say the rain will continue until Thursday or Friday and 40-50 more inches expected in some areas.

With all the damage to trees, power poles, and anything that was standing it will be weeks if not months before people will be back in their neighbourhoods. Not only don't they have electricity, or cell phone service, the urban areas are like a time bomb all the natural gas lines snapped or punctured and gas flowing freely into the atmosphere.

With Trump as president, I didn't want to move there anyway, but with weather of that potential magnitude I'm happy to stay right here and watch the Bay of Fundy tides come and go.

Within the next week the wee ones and those not so young will be heading back to school. Please remind yourself students will be near the road as they await a school bus or a walking to school. Everyone has a responsibility, but remember your vehicle is a lethal weapon.

When my mind turned to what to cook for dinner, I reached over and grabbed my binder of hand written recipes handed down to me over the years. Not that I was thinking about it, but when I opened one of the pages, a certain recipe seemed to "jump off" the page. Hence I decided to prepare some Swiss Steak.

Swiss Steak

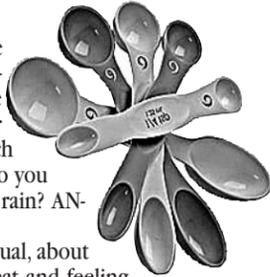
- 3 tbsp flour • 1 tsp dry mustard
- ½ tsp salt • 2 tbsp oil
- 1 can of tomatoes • Garlic (fresh or dry minced)
- 1 cup water • 1 large onion (chopped)
- 1 large green pepper (cut up)
- 1 cup celery cut into pieces similar to carrot dollars)
- 1 cup carrots (cut round like a coin)
- ½ cup fresh mushrooms • 1 - 1 ½ lbs round or sirloin steak

Cut up vegetables and set aside. Cut steak into 1" pieces. Heat oil in a large dutch oven; if you wish sprinkle flour over meat, or add meat to saucepan then sprinkle in the flour, add salt and dry mustard. Brown meat on all sides with medium heat. Stir frequently to avoid sticking. Once meat is browned, add water and stir thoroughly to ensure nothing is stuck to bottom.

Add remainder of ingredients, stir thoroughly, bring to a gentle boil, reduce heat and let simmer 5-10 minutes. Continue cooking for 1-2 hours on top of stove until vegetables are as desired. If your saucepan is oven proof slip into 325 oven. However, I put mine in a slow cooker for about just over an hour.

If you have a favourite family recipe and would like it published in the October issue, please send on or before September 10th. Send to:

The Shoreline Journal, Box 41, Bass River, NS B0M 1B0;
 Fax: 902-647-2194 or email:
 maurice@theshorelinejournal.com



Notes from our National Capital

Summer Safely

The Bay of Fundy is a destination.

That may seem obvious to some, but the notion that the entire Bay of Fundy region is a destination, from the Nova Scotia Coast, the New Brunswick Coast and everything in between, lies at the core of the Bay of Fundy Tourism Strategy.

At recent meetings with federal and provincial stakeholders and operators, including officials from the Maine Office of Tourism and the Downeast and Acadia Regional Tourism Association, we talked about champions for the Fundy area.

We met one—Anna Marie Weir—who operates a booming guided tour business from Moncton. She told us about the need for communities and businesses to develop their tourism chops; specifically by ensuring that people who interact with tourists know what's happening and what there is to see, and that they go above and beyond to deliver an exceptional experience.

I was very surprised to learn the State of Maine and the Province of New Brunswick have agreed on a joint marketing approach to Tourism.

They each contribute funds which are then used to advertise the "Two Nation Vacation". I thought this was an excellent example of two jurisdictions working together for the same goal. Hopefully Nova Scotia will see that there is value in the concept as well

Notes from our Provincial Capital

Debert Military Museum

It was with great pride that I joined the Lieutenant Governor for Nova Scotia, the Honourable Arthur J. LeBlanc, along with other dignitaries to officially unveil the monument recognizing the importance of Canadian Forces Station Debert (also known as Camp Debert).

My sincere congratulations to the members of the Debert Military History Society, who work constantly to maintain and promote Debert's military history. Through the Debert Military Museum they have a diverse collection of military memorabilia that attracts visitors to Nova Scotia and in particular, Colchester County. This museum would not be possible without the work of the Society's members.

Following the outbreak of the Second World War, Canada trained and deployed thousands of military personnel to combat in Europe. In order to meet the requirements for training facilities, the Government of Canada purchased lands in Debert where they could establish a training and marshalling facility. The wide expanse of flat lands in Debert were ideal for such a facility.

Following the purchase of the lands by the Canadian Government, work began to prepare for what became known as CFS Debert. More than 6000 civilians were hired to clear a 31 sq. mile track of land and prepare it for infrastructure, sewer, water, roads

News from our Municipal Council - District 10

We are one of the greatest destinations in NS

Good morning all:

I would like to begin this morning with a great big public THANKYOU to Joyce Eagles and her significant group of over one hundred VOLUNTERS who worked so hard to make the Not Since Moses Run such a huge success. I am not sure everyone is aware of the amount of work it takes to make this the success it has become.

It is a very significant undertaking to ensure nearly 700 hundred people can safely and efficiently take part, enjoy themselves and return to their part of the world and tell stories about what a unique and beautiful location we have here in West Colchester.

We all talk about how important tourism is to our communities. Hundreds of Thousands of Dollars are spent every year to promote different Regions or Communities in Nova Scotia. This group brought runners or walkers from around the world. This year's event attracted participants from, Jordan, Nairobi, Singapore, Manila, Munich, Paris, London, Amsterdam, United States and of course Canada. My small part in this event was to monitor who got on the 10 kilometer bus. This gave me the opportunity to chat with the participants. The vast majority, who came from outside Nova Scotia, planned their vacation - often a two week vacation around this event. I spoke with one couple with two early teen

and perhaps could even become a part of that campaign.

We also spoke at length about the communities of interest which can find what they're seeking in Fundy - hikers, motorcyclists, bird watchers, wine enthusiasts and fossil hunters to name a handful - and how to tap into their enthusiasm and attract them to our bay and its shores.

We were lucky to be joined by the President of the Atlantic Canada Opportunities Agency, Francis McGuire. There is no doubt access to capital will be needed to expand the Bay of Fundy's capacity and improve our marketing. But there is undoubtedly some capacity here for more tourism, particularly in the months of May and June, September and October, where things are not quite as hectic as the summer.

I would encourage any operators or stakeholders interested in the idea of promoting the Bay of Fundy as a destination to get in touch with us at: bill.casey@parl.gc.ca, or via your own Member of Parliament or MLA.

This is a group effort and needs focused attention and support from all levels—the grassroots all the way up.

Enjoy the rest of your summer!

Bill Casey is MP for Cumberland-Colchester



Bill Casey

and electricity. Streets were named and numbered and many huts, mess halls, warehouses, canteens and other buildings were erected. Along with the civilians, there were thousands of military personnel required to complete the facilities and to begin the movement of troops leaving Canada for the war. For many of these young soldiers, Camp Debert was their last glimpse of Canadian soil.

During the period of training, thousands of soldiers received their training and were issued their weapons before embarking on troop ships that left through the port of Halifax. The community of Debert also flourished with the military presence and at the height of the operation, was said to be larger than the Town of Truro. At the height of the operation, the Camp housed more troops than the total population of the Town of Truro.

The history of Debert must not be forgotten. The generations who remember Debert as it was in the 40's will soon be gone and it is important that we share the important role Debert played in the Second World War. These young soldiers fought for the peace that we now enjoy and as Canadians, as Nova Scotians, and as citizens along the shore, we must never forget the history of Camp

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Karen Casey

children who live just outside Washington D C. This event had been on their family bucket trip for some years. They drove in for a week. Another family of four were from Germany. I could go on and on.

This was I believe the tenth annual event and again was a huge success. It happens because of a dedicated group of VOLUNTERS, a small donation from the Municipality and donations of supplies from some local businesses.

Just think about how this has benefited our shore. The recognition and awareness that we will gain as these folks return to their homes and talk about the spectacular views, the excitement they felt as they walked or ran along the ocean floor and experienced the things we take for granted, the Bay of Fundy and the world's highest tides.

That was two weekends ago. This past weekend the Colchester Five Islands ATV club invited me to take part in their first annual memorial run. The purpose of this run was to dedicate 3 bridges they have constructed over the years to recognize club members who played a significant role in construction and maintenance of their trail systems, but have passed away within the past 5 years.

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Tom Taggart

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