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HOLLIS FORD'S COMMUNITY CALENDAR

A FREE service to community groups. Phone: 902-647-2968 or Fax: 902-647-2194

E-MAIL: maurice@theshorelinejournal.com

Ask for your FREE

DRIVE PINK

MAILING ADDRESS: Box 41, Bass River, NS BOM 1B0

Mondays: On the second Monday evening each month commencing at 7:00 pm, the Peniel UCW, Five Islands provides an avenue for fellowship and a means to serve the community. Come join and enjoy the companionship of other women.

Monday's: Gym classes at the Economy Recreation Center mornings from 9 to 10 and evenings 7 to 8.

Monday's: Tai Chi at the FPW Fire Hall, Port Greville, every Monday at 7pm.

Monday's: Weight Loss Group at Peniel United Church, Five Islands, 6:30 pm.

Monday's: Cards at the Diligent River Community Hall, every Monday at 7pm.

Monday's: Card Party join us to play 45's at Wentworth Recreation

Monday's: Shuffleboard at Economy Recreation Centre at 7:00 pm.

Monday's: Parrsboro Citizens Band Rehearsal, 7 pm. Interested in joining contact Rob Bentley.

Tuesday's: Exercises at the FPW Fire Hall, Port Greville, every Tuesday at 10 am.

Tuesday's: Band Rehearsals at Parrsboro Band Hall, 7:30pm (for info contact Rob Bentley).

Tuesday's: TOPS NS 5261 at Portaupique Riverside Community Hall, 10 am. Everyone is welcome. Your first visit is Free.

Tuesday's: Play Parrsboro Lions Club Bingo every Tuesday at 6 PM on cable 5 and now on the internet at: www.parrsborolionsbingo.ca

Tuesday's: Craft Group from the area meets at the Economy Recreation Centre from 10:00am to 2:00pm to work on various projects. Bring a lunch if you stay for the whole four hours

Tuesdays: The Goodtime Seniors club dances are beginning their 38th year on Sept 12, 2017 to June 26, 2018. Held at The Truro Legion on Brunswick St from 7:30 to 10:30 Admission \$7. Shared lunch and 50/50 tickets, a live 5-piece band playing waltz quadrilles, round waltz, polka, fox-trot, jive and country/modern

Tuesdays: Colchester Stroke Club meets from 10 a.m. until 2 p.m. at the Douglas Recreation Center, 40 Douglas Street, Truro. All stroke survivors and volunteers are welcome. For more information please call Sheila at 902-893-2756 or Karen at 902-893-4759.

Tuesdays: Wentworth Learning Centre hosts Maggie's Place-Pop Up at 9 am. This is a weekly two hour outreach pre-school play group for parents/caretakers and their children aged up to six years. No registration is required. Free of charge.

Tuesdays: Historical Flashbacks: Tea and Talk, 1 pm in the community library at Wentworth Learning Centre. Discuss Wentworth history rummaging through boxes of old photographs (yours and others). Transportation provided: need a ride to and from the library? Call 902-548-2076 and we will pick you up.

Wednesday's: Gym classes at Economy Recreation Center mornings from 9 to 10 and evenings 7 to 8

Wednesday's: TOPS NS 4623 at Bass River Fire Hall, 1pm. Information call: 902-647-2925.

Wednesday's: Venipuncture Clinic (Blood Collection), Medical Centre, Bass River, 8:00 am – 10:00 am. Nurse Lynn Swan, RN.

Wednesday's: Cards at Senior's Centre, Five Islands, 7:30pm.

Wednesdays: Yoga with Margaret Davidson 6:30 pm at Lower Onslow Community Centre.

Thursdays: Open Mic with Wayne Elliot, 6:30 pm at Lower Onslow Community Centre

Thursday's: Grandparent's Rights for Nova Scotia meets the 3rd Thursday of each month from 2-4 pm at Sobey's Community Room, Robie Street, Truro.

Thursday's: Bingo, Recreation Centre, Economy starting at 7:00 pm. Early Bird game at 6:45.

Thursday's: Canasta from 1 – 3 pm at the Historeum, 29 Young Street, Truro. Both experienced and new learners are welcome.

Thursday's: Open Mic at the Lower Onslow Community Centre, 6:30 p.m., doors open at 5:30, beginning on September 29th, every Thursday. tea/coffee on the house, 50/50, everyone welcome.

Thursday's: It's a Bingo evening session at Wentworth Recreation

Thursday's: Gym classes at Economy Recreation Center - evenings 7 to 8

Thursday's: Show Case Dance Studio has classes in Tatamagouche on Thursdays. Mr.Neil Prokop (National Ballet Instructor) teaching. Call 902-899-4115 for

Friday's: Show Case Dance Studio has classes in Springhill on Fri for Tap and Jazz. Mr.Neil Prokop (National Ballet Instructor) teaching. Call 902-899-4115 for more de-

Friday's: Gym classes at Economy Recreation Center mornings from 9 to 10 and evenings 7 to 8.

Friday's: Bingo at Five Islands Fire Brigade Hall, 7 p.m.

Friday's: Evening with the Brushes at Wentworth Learning Centre, 6:30 pm. Cost \$40.

Saturday's: Chase the Ace supporting the Debert Legion and West Colchester Cobras Saturday's 2-4pm draw time 4:15pm must be there to win! \$2 per ticket.

Hollis Ford will make a donation to

CBCF on the sale of every vehicle

and service repair order.

Together we can Drive Out Cancer.

Saturday's: Show Case Dance Studio has classes in Springhill on Saturday mornings for Ballet.
Mr.Neil Prokop (National Ballet Instructor) teaching. Call 902-899-4115 for more details.

Saturday's: OPEN MIC at the Diligent River Community Hall, 7 pm, every other Saturday unless otherwise posted.

Sunday's: Jamboree and Open Mic held the second Sunday of the month at Wentworth Learning Centre, 2 pm to 5 pm. Enjoy an afternoon of old-time country music. All are welcome to play a tune. Sign up at the door.

Sunday's: Sunday Music Afternoon, last Sunday of every month, except December, at Wentworth Community Centre, 1 pm to 5 pm. Music starts at 1:30 pm.

Sunday's: Concerts in the Park every Sunday during the summer month. Starts at 7:00pm

1 & 3rd Thurs: Elastic Big Band rehearses at the Band Hall, 7 pm. (Contact Michael Fuller)

1 & 3rd Thurs: Truro Toastmasters Club, Non-profit worldwide organization designed to help individuals improve public speaking and leadership skills. 6pm - 8pm. 36 Arthur Street, NSCC Campus, Forrester Hall, Room 335. Admission cost: Guests are welcome to drop in at no cost. Contact: Jann McFarlan, 902-890-9886.

2nd and 4th Thurs: Parrsboro Citizens' Choir Rehearsal, 7 pm. Interested in joining contact David Towns

2nd & 4th Sunday: Open Mic in Great Village at the Legion, 1pm till 4pm. Free tea, coffee and donuts. Free-will donation at the door and 50/50 draw with all pro ceeds for the Legion.

Sept 2: The DGM Men's Club will hold their breakfast meeting, 8am, at the Double C Restaurant in Lower Debert. All men welcome!

Sept 6: Debert Legion weekly crib. Play starts at 7:30 sharp Bring a partner. Everyone welcome. Call Earl 902 662 2008 for more information

Sept 7: Masstown UCW will hold their meeting on, 7pm, at the home of Irene Gratto. All ladies welcome! The program this month will be on the National UCW Conference that was held in Vancouver.

Sept 8: Re-Connecting with Nature Workshop will be offered through Hike Nova Scotia in Truro on September 8. This hands-on day will teach adults how to share an appreciation and understanding of nature with children and youth. The cost is \$25 to \$50. Register by September 4 at www.hikenovascotia.ca, or (902) 932-6902; info@hikenovascotia.ca.

Sept 15: Debert Legion Mixed Darts Start time 7:30. \$2.00 per night. Draw for partner. All former and new players welcome. Contact Skip 902 814 8323 for more information. Everyone welcome.

Sept 16: Truro Chapter of the Kidney Foundation will be holding its 7th annual "Kidney Walk" in sup-port of the Kidney Foundation of Canada. Registration time: 9 am, Walk begins 10:00am starting from Sobey's parking lot Prince Street. This event is a non competitive walk for people of all ages and levels of fitness. Proceeds will be used for organ donation awareness; research and patient services that are vital to all kidney patients. Funds are also used locally for patients who need support to help with the cost of medications, treatment and travel. Information: Dorothy Roode, 902-

Sept 16: A Volunteer Trail Maintenance Day will be held at the Thomas Cover Trail system, Economy from 10:00 am to 3:00 pm. The day's event is designed for volunteers to help out their local community trail group. All equipment and guidance on trail maintenance will be provided. After the work is done enjoy a "tailgate" party with barbeque and cake to celebrate Canada's 150th. The event is sponsored by Hike Nova Scotia, Government of Canada and the Kenomee Trail Society. Learn more at: www.hikenovascotia.ca

Sept 16: Central Nova Volkssports Club, Marathon-Cobequid Trail, Truro. 1A Register at 8:00am at the Holiday Inn Select, 437 Prince St., Truro. Run starts at 8:30 am for a distance of 42Km. Contact Tom McNutt 902-895-1231.

Sept 16: Hike NS and the Kenomee Trail Society will offer Trailgate Canada 150, a volunteer trail maintenance day at Thomas' Cove in Economy. Volunteers enjoy a "trailgate" party: barbeque and cake to celebrate Canada's 150th, funded by the Government of Canada. Details at www.hikenovascotia.ca.

Sept 20: Lead With Your Heart mental wellness support group comes together at 7:00 p.m. at First United Church at Queen and Lorne St. Truro. Guest speaker will be Sally Normanton from the Canadian Mental Health Association. She will be speaking to the new, and the ongoing resources available through their association, including Family Matters for families and friends of those that struggle with their mental wellness, and also a couple of residential programs offered, and many others. A discussion group will follow that night.

Sept 20: United Way of Colchester Kick-off Luncheon, 12pm — 1pm, Best Western Glengarry. Tickets \$15 or \$150 for table of 10. Reservations: 902-895-9313, or coordinator@colchester.unitedway.ca

Sept 21: A Peace Ceremony is planned for September 21st at the Veterans Memorial Park, Bass River starting at 11:00 am. WCCS will be participating in "Peace is a Dream Unfolding". The students will be puppeteers for the giant Peace Doves (from the Jane Goodall Peace Initiative) which will, at the end of the ceremony move out into the world to spread peace. Organizers hope people of various cultures and faiths will attend the ceremony in a call for peace.

Sept 23: The Marigold Guild of Needle Arts (MGNA) will be participating in the sixth annual EAC National Stitch-in-Public Day on Saturday, September 23rd. MGNA members will be stitching 10:00am - 3:00pm MacQuarrie Maker Lab, Colchester-East Hants Public Library, Prince St., Truro, NS. Come see us at the library as we stitch our way through our national EAC Stitch-in-Public Day! info@marigoldguildofneedlearts.ca

Sept 23-24: A Field Leader — Hiking course will be offered in Parrsboro on September 23 and 24. Participants receive Outdoor Council of Canada national certification. The cost is \$100 to \$125. Register by Sept. 18 at www.hikenovascotia.ca.

Sept 29: First supper of the fall season Debert Legion Friday Night Supper, 4:30PM to 6:30PM. Haddock will be on the menu.

Sept 30: The Debert and Area Community Association End of Summer fundraising dance Debert Legion on September 30th from 9pm – 1am. Live music by Southern Grace featuring Jim Aylward, Dale Grace, Barry Ryan and Colin Smeltzer. Admission \$10 at the door

Loves Rough Road

(we all travel on)

Woke up this morning
The first day of spring
Looked down at my hand
To where once was a ring
For years it had been there
A reminder of love
Of friendship and honour
From the heavens above

Wake up on my pillow But please don't ever cry there Or I'll just die there While each teardrop falls

> Love is a rough road We all travel on

All that I believed in
Had somehow gone wrong
For the heartache was painful
Such a sad song
Would today be the day
Would love soon be found
Like the fresh scent of flowers
Coming up fron the ground

For love is a garden
Where all of us are
Its paths they are many
Some short and some far
And where that we walk
To find our soulmate
Is something called destiny

Or often called fate
If you look there too hard
You will never see
That very person
Whom is really meant to be
The one who will keep
Your very fragile heart
From ever breaking down
Or falling apart

And when you find them
Be sure that you stay
All of your life
Every night every day
No matter what happens
This you must do
If you are to hold on
And keep it true blue

Should life separate
And break down your heart
Remember that one rule
Right from the start
You must mend it
And continue in hope that you
find

That one special person That one of a kind!

God bless and thank-you Thomas A. Marshall (ex-navy)

Deadline for the October issue of

Shoreline Journal

is Sept 19