

# Showcase for Seniors

FALL & WINTER 2016

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## SOME LEISURE IDEAS

### EMBRACE FESTIVAL

Hosted in September 2016 in Truro, this celebration of arts and cultures showcases the abundance of talent in our area. There is so much talent! Held in September 11 and 12 at various locations throughout Truro. It's a don't miss attraction. Call 902-893-6078 for more information.

## PICKLEBALL

Combining tennis and badminton this sport is taking off in Colchester. Call the Douglas Street Recreation Centre for more information call 902-893-6078.

## COMMUNITY RECREATION NIGHTS

Throughout Colchester, East Hants and Cumberland. Check with your local resource people listed on page two of the Seniors Showcase.

## ART ACQUISITION SHOW

Many municipalities are purchasing art to hang throughout their buildings. Adding beauty to everyday life for so many residents, the Town of Truro and Municipality of the County of Colchester are building permanent collections, each year adding a new piece. Contact [www.truro.ca](http://www.truro.ca) and [www.colchester.ca](http://www.colchester.ca)

## MARIGOLD CULTURAL CENTRE

A great way to take the dull out of life. Treat yourself and take in a show at the Marigold Cultural Centre on Prince Street in Truro. Visit [www.Marigoldcentre.ca](http://www.Marigoldcentre.ca) or call 902-897-4004 for more information. There's always excitement at the Ship's Company Theatre in Parrsboro. For program listings visit [www.shipscompanytheatre.com](http://www.shipscompanytheatre.com) or call 1-800-565-7469.

## FILM FESTIVAL

Truro's Film Festival is September 30 and October 1st. Visit [marigoldculturalcentre.ca](http://marigoldculturalcentre.ca) for more information.

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