

Showcase for Seniors

FALL & WINTER 2016

EVENTS

Please check events you wish to enter.

- | | | |
|---------------------------------------|--------------------------------------|--|
| <input type="checkbox"/> Cribbage | <input type="checkbox"/> 45's | <input type="checkbox"/> Social Bridge |
| <input type="checkbox"/> Scrabble | <input type="checkbox"/> Crokinole | <input type="checkbox"/> Soccer |
| <input type="checkbox"/> Darts | <input type="checkbox"/> Archery | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Horseshoes | <input type="checkbox"/> Washer Toss | <input type="checkbox"/> Trail Run |
| <input type="checkbox"/> Pickleball | <input type="checkbox"/> Badminton | <input type="checkbox"/> Lawn Bowling |
| <input type="checkbox"/> Golf | <input type="checkbox"/> Timed Walk | |
| <input type="checkbox"/> Shuffleboard | <input type="checkbox"/> Bowling | |

REGISTRATION FORMS

Return registration form, along with cheque or money order by mail to:

Colchester Recreation Services
1 Church Street, Truro, NS B2N 3Z5

or

Drop by your local participating Recreation Department (contacts on page 14)

REGISTRATION DEADLINE
September 09, 2016

REGISTRATION FEES

- \$5.00 for one event
- \$10.00 for two or more
- Golf Green Fee \$20.70
Cart Rental \$9.20
to be paid at Golf Course
- Bowling—\$7.00, Shoes \$1.75
- Social—Guest \$5.00

REGISTRATION FORM

Return this Portion Only

Name: _____

Address: _____

Postal Code: _____

Phone: (902) _____

ROOPS CLEANERS

35 Waddell Street, Truro

PICK UP AND DELIVERY SCHEDULE:

- Monday - Enfield, Elmsdale, Stewiacke & area.
- Tuesday - Sheet Harbour, Musquodoboit & area.
- Wednesday - Bass River, Parrsboro, Wallace & area.
- Thursday - Tatamagouche, River John & area.

CALL FOR MORE INFORMATION

902-895-8044
902-893-9277



ALTERATIONS and REPAIRS
Very Reasonable!



"We Love our Seniors"

Smitty's

DAILY SPECIALS

OPEN 7 DAYS A WEEK
Sun to Wed 6:30am - 8pm
Thurs to Sat 6:30am - 9pm

Join our Senior's Club & RECEIVE 15% OFF all regular priced items.

902-843-0843
OFF 102, TAKE EXIT 14, 64 ROBIE STREET

HE-RO'S Power Equipment & Pump Shop

27 Main Street, Bible Hill, NS
902-895-4376
Owner & Operator - Roy Hiltz
FORMER AJ WALKER SERVICE MANAGER

Best of Luck at the SENIOR GAMES!

It's Not Too early to Tune-Up Your Snowblower!

- WE REPAIR GAS-POWERED EQUIPMENT •
- WE REPAIR DOMESTIC WATER PUMPS •

.....
HOURS: Monday-Friday 8-5 • Saturday 8-1



Retail Outlet

Two-Day Sale! September 2ND and 3RD ONLY!

<p>Black Oil Sunflower Seeds 15kg Limit 3 per customer Regular 22.99</p>  <p>SAVE OVER 5⁰⁰</p> <p>17⁷⁹</p>	<p>Economy Mix Bird Seed 25kg Regular 21.99</p>  <p>SAVE OVER 3⁰⁰</p> <p>18⁷⁹</p>
<p>Tarter Busters Limit 10 per customer</p>  <p>SAVE 1⁷⁰ Regular \$3.49</p> <p>1⁷⁹</p>	<p>Mini Recycled Poly Feeder While supplies last</p>  <p>SAVE OVER 40⁰⁰ Regular \$59.99</p> <p>19⁷⁹</p>

Celebrating Our 79TH Anniversary! HURRY IN!

Enjoy the Saturday BBQ hosted by ElderDog Canada Central Nova Pawd

464 Willow Street • 893-3186



we care[®]
HOME HEALTH SERVICES

1.866.729.3227
WWW.WECARE.CA

Call us now and schedule a complimentary assessment, to identify the services that will best meet your needs.

PERSONAL CARE	ACCOMPANIED VISITS
HOME MAKING	CAREGIVER RELIEF
NURSING	FOOTCARE

Providing professional health care services across Nova Scotia
1-877-454-2571