

Dorothy's Kitchen Korner

People from around the world say that Nova Scotians are most prone to talk about the weather. Perhaps so, because it can change on a moments notice, or as some people say stick around it will change in five minutes.



The extreme heat and humidity for the last 10 days certainly has everyone following through with discussions about the weather. I am not going to disappoint you, as I wish to say a few things about the weather.

The heat bothers me and at home I have a fan going all the time. Lately the humidity gets to me 24 hours a day, and I find it most difficult to get a good night's rest. The other day when complaining it was too hot, I was reminded about similar weather conversations last February, when the yard was piled high with snow and Maurice and I paid out over \$200.00 within 10 days just so we could park the vehicles and not have to climb a snow bank to get into or out of the house.

By the time you read this the Nova Scotia Provincial Exhibition will be in full swing and as we drive around through West Colchester and other high producing areas, we see lots of blueberry boxes stacked up awaiting for the arrival of the blueberry harvesting equipment. Hear a short article on the radio earlier today that producers in New Brunswick are complaining about the low price around 50 cents per pound, which is much less than prices paid to Quebec and State of Maine producers.

This weekend parents will be running around trying to get the last few items for the students returning to School on September 3rd. Which reminds me school buses will be back on the road next week. All of us need to take extra care.

With the annual Blueberry Festival drawing to a close, the impact of wild blueberries on our economy will continue throughout the winter. Of course, it would be natural to focus on blueberries this month.

Blueberry Crisp

- 2 cups blueberries
- 1/4 cup sugar
- 2 tsp grated lemon rind
- 2 tsp water

Combine ingredients in a mixing bowl and set aside.

- 2/3 cup Flour
- 2/3 cup Quick Oats
- 1/2 cup brown sugar
- 1/2 tsp cinnamon
- 1/4 tsp nutmeg
- 1/4 tsp salt
- 1/2 cup soft butter or margarine

Combine flour, oats, brown sugar, cinnamon, nutmeg and salt together in a bowl. Cut butter or margarine in dry ingredients until mixture is crumbly.

Place fruit mixture in an 8" or 1.5 liter baking dish. Sprinkle topping mixture over the fruit and bake in a moderate oven (375) for about 30 minutes. Yield is 6 to 8 servings. Serve warm, plain, or with whipped cream.

If you have a favourite family recipe, please send by September 15th, so I can use in the October issue. If you are dropping off recipes to the store, please note we have moved to 94 Esplanade and are located three doors away from Murphy's Fish & Chips or send to:

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The Shoreline Journal

Notes from our Provincial Capital

Summer Along The Shore...

Each year, from June to September, residents of the area, along with those "from away" who return home... join together to celebrate family and friends and the rich heritage of their communities. This year is no different... and Bass River recently celebrated Heritage Days at the museum grounds.

The community itself takes its name from the river that runs through it... the source being the Cobequid Hills and emptying into the Cobequid Bay. The first settlers were Judge James Fulton and his brother Samuel, and the homes they built are still standing on opposite sides of the river. Many descendants of these two settlers continue to live, either as full time residents or "cottagers" in Bass River.

The population doubles with the arrival of the seasonal residents and families spending vacation time with relatives and friends.

Bass River, like many early communities, was built around a single industry... that being forestry and the manufacturing of furniture, most notably chairs at the Dominion Chair Factory. But the spin-off economic activity included the export of timber, ship-

ping and ship building at Saints Rest, logging and harvesting of the surrounding wood lands. These forest products were known world-wide for their quality, and in fact, the staging lumber used in the construction of the Empire State Building was cut, finished and shipped from Bass River.

Another product which was well known and shipped to many locations included school desks, both student and teacher. Some people remember classrooms filled with Dominion Chair furniture and those desks may even have some initials carved in the wood and students declared ownership of their desks. With the passage of time these wooden desks have been replaced and any that remain are souvenirs and reminders of school days of the past.

It is with great pride that folks attended and enjoyed the Heritage Days Events. My sincere thanks to the organizers and all volunteers who made the day successful.

Karen Casey, MLA, Colchester North



Karen Casey

News from our Municipal Council - District 10

Not Since Moses

Well, here we are in those dog days of summer and they sure beat the dog days of winter or whatever horror was we went thru last March.

I want to take some time this month to say thank you to a great group of volunteers. This group led by Joyce Eagles of Five Islands were responsible for show casing our shore to over 1000 people from all over the world. The Not Since Moses has been a success for many years.

In the past, I stopped by a couple of different times, but this was the first year I truly appreciated how much work and how many volunteers it takes to make this such a success and what an absolutely fantastic job this does in promoting our greatest asset, the natural beauty of our shore.

This year's race started at 7:30 am on the beach at Sandpoint. It is difficult to describe how beautiful it was standing on the beach in that nice cool fresh morning air; looking out over the Five Islands with the tide on its way out.

You can be confident those attending from away would or will return home telling their friends and family of their experience and recommend they visit sometime in the future.

It is my opinion, the Bay of Fundy, its shoreline and the highest tides in the world are one of the greatest assets of our region and its natural beauty can rival any place in Nova Scotia. The more people become aware of this the greater the benefit to local busi-

nesses, the same businesses we need to be able to sustain our rural communities.

Therefore the more we can showcase it the better for all. In my opinion we have a hidden gem. Let's take advantage, let's think of other ways and other events and attractions to bring more and more people. I just want to give one small example.

I was scrolling thru face book last weekend and saw a post from a friend from Halifax. He talked about his Sunday drive in which he drove down the shore and looped around to Springhill and Amherst and then back to Halifax. He talked about stopping at the Masstown Market; The Dutchman's Cheese Farm and then had clams for lunch at Diane's. I thanked him very much for dropping his hard earned money in West Colchester. This is one example of what happens every day of the summer and the more we promote it the better for all.

Now, I want to get back to Not Since Moses. There is no question this type of event pays huge dividends. However it does not just happen by chance. It is no small feat to turn 1000 walkers and runners loose on the beaches and mud flats and get them all back safe and sound so they can return home and brag about their experience.

By all accounts this year's run was a huge success. I want to

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Tom Taggart

News from our Municipal Council - District 9

Festivals, Feasts and Infrastructure

One of the great benefits of living in Colchester County are the festivals and events celebrating our region's culture all year round. Although there are some great events in the Fall, Winter and Spring it's definitely the Summer months when you are left wondering how you can possibly take them all in.

If you're looking for some fantastic food, great company and a really enjoyable time get out and discover some of these events. Weather it be the Blueberry Festival, Provincial Exhibition, Harvest for Hunger Picnic or whichever one you are lucky enough to attend you are sure to have a blast. Quite often, when attending such events I will have the opportunity to participate in something I've never done before.

For example my wife, Wanda and I recently had the opportunity while attending the Mi'kmaw Summer Games to throw a spear using an Atlatl (a rod with a sling). With this device a thrower could throw a spear clear through an elk or a bear. Needless to say this country boy had fun learning how to use this hunting weapon invented thousands of years ago. If you get a chance get out and take in some of these events and festivals, you definitely won't be disappointed.

On another note and following up on last months article there was a funding announcement made recently in Debert. The

Federal and Provincial governments have committed over \$2 million to help construct a new water tower as well as update the aging water control system. This is an estimated \$4 million project County Council and staff have been working on for several years. This funding through the new Build Canada Plan is crucial for the growth and expansion of our Debert Business Park.

The Federal and Provincial governments are very aware of the importance the Debert Business Park holds in the future economic development of our communities. The replacement of the tower along with a new well and improved electronics and control will help us meet our water reservoir requirements, as well as provincial water quality requirements.

Another vital part of the Debert Business Park is the Debert Airport. I have argued for years, we are not utilizing this facility to it's full potential. If you were to ask any successful business person what the top five things they need access to, transportation will be at the top of the list. Of all the inquiries I have received pertaining to Debert since I was elected the Airport out numbers all others five to one.

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Doug MacInnes

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