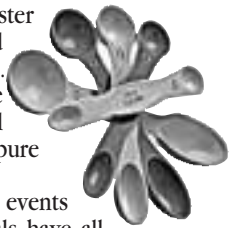


Dorothy's Kitchen Korner

At this time of year, West Colchester and Cumberland County are covered in a blanket of blueberry blue. Blueberry Blue is everywhere. In the fields, on the trucks, in the crates, all over cloths, and hands stained with pure wild blueberry juice.



The network of blueberry related events as part of the Wild Blueberry Festivals have all but concluded festivities for 2010. Harvesting continues as do the spat of visitations and trade missions of representatives of international firms who come to Nova Scotia as part of their buying trips. Blueberry is "king" in this area, and I thought worthy of mentioning, because millions of dollars worth of blueberries are exported each year.

The Wild Blueberry Producers Association of Nova Scotia (WBPANS) continues to do excellent work in marketing Nova Scotia's most important agriculture crop. As further illustration of the importance of blueberries this issue of the Shoreline contains either stories, photos or both on almost a third of this issues pages. In fact, at last tally, all editorial space or a portion of eight pages contained information relating to wild blueberries.

Each year it is hard to get readers interested in submitting recipes, because those with the great recipes are either busy in the kitchen putting up pickles, relishes, jams or jellies, or they are travelling around the area to sample all the great foods prepared by others at the almost one hundred blueberry festival events in the region.

Everything seems to be on par to have one of the record harvests. All producers are hoping the price increases, as they have had a rough time the last couple of years as prices plummeted downward to the point they started to question if the family operation could make enough money to support the family, prepare for next year's season and be sustainable.

At the reading of my next column, time will have passed to the point that gardeners will have completed most of their harvest, and have already done some initial preparation for next year's go-around. We've had an excellent summer, and with little rain, garden yields should have been at their near maximum, because we were blessed with the required heat units.

In fact last week, a radio report referenced the fact apple growers in the Annapolis Valley were having problems harvesting this years crop. This years crop is two to three weeks ahead of schedule and those who normally come to the province specifically to pick apples will not arrive until after Labour Day. Combined with a general shortage of domestic labour, farmers are facing a serious situation.

Here's a recipe submitted by Pauline McCulloch, Winchester Place, Truro and a short note:

"I enjoy the recipes you print. I would like to submit one. It is easy to make and very tasty".

Bruschetta Chicken Bake

1. - 19 oz tomatoes (undrained, chop).

1. - Pkg stone topped dressing. Mix with tomatoes

2. - Minced garlic gloves

1 ½ lb, cut up uncooked chicken (beasts)

1 tsp basil

Mix all together in a casserole and cover with shredded cheddar cheese.
Bake at 350-375 for about ½ hour.

Please take a few minutes to send along a few of your family favourites. Please send to:

Dorothy Rees, c/o The Shoreline Journal,
P.O. Box 41, Bass River, NS, B0M 1B0,
or email to: maurice@theshorelinejournal.com

Notice to Readers and Advertisers

2010 Deadlines and Publishing Dates

ISSUE	DEADLINE	PUBLISHED
October 2010.....	September 21	September 29
November 2010.....	October 19	October 27
December 2010.....	November 16	November 24
January 2011	December 14.....	December 22

For more information contact us at:

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Notes from our Federal Capital

Busy summer - improving national economy- long gun vote

I hope everybody had a great summer! The weather has been good and there are many summer activities that the citizens of Cumberland-Colchester-Musquodoboit Valley can participate in.

During the summer break from the House of Commons sitting, I personally have been traveling throughout our riding meeting as many of you as I can. Some of the highlights included attending festivals such as "Lighthouse Days" at Five Islands and the "Calypso Steel Group Band" at the Ship's Company Theatre in Parrsboro. I also attended the "Port Greville Strawberry Brunch" at the Age of Sail Museum and have had the pleasure of participating in parades in: Stewiacke, Upper Stewiacke, the Nova Scotia Provincial Exhibition in Bible Hill, Middle Musquodoboit Exhibition, and the Pugwash Harbour Fest Parade. One of the most memorable events for me this summer was the tribute to Nova Scotia military families that have lost loved ones in Afghanistan at Veteran's Memorial Park in Bass River. Congratulations to all the volunteers have made these events such great successes.

The one thing that I continue to hear is the desire of our citizens for good paying, secure jobs for our families and communities. As Canada continues to climb out of the global economic recession, building a stronger, more stable economy remains the top priority for our government through Canada's Economic Action Plan.

This includes investing in infrastructure for our riding. Recently the Honourable Peter Mackay and I were in Springhill to announce an investment of some \$40 million to increase the capacity of the Springhill Correctional Facility.

Springhill is the first institution in Canada that will be expanded over the next two years. This expansion will involve the construction of 192 beds. The redesign of the facility is expected to be completed in 2010, with construction scheduled in 2011 and available in 2012. This expansion

Notes from our Provincial Capital

Remarks at the National Peacekeepers' Day service held at the Veterans' Memorial Park, Bass River, on August 8, 2010.

As the MLA for Colchester North, and as someone who grew up in this community, I want to welcome you to Bass River and to the Veterans' Memorial Park. If it is your first time in the Park, I hope you have already experienced the warmth and friendliness of the people here.

I want, on behalf of the Legislative Assembly of the Province of Nova Scotia, to offer a special welcome to the military families joining us today. I was honored to be asked to march with them to the Park today. It is their loved ones who have paid the supreme sacrifice for us, and it is in their honor that the crimson maples will be dedicated later in this service.

The Park is known locally, provincially, nationally and internationally, and it is a tribute to all the men and women who have served and who continue to serve their country, in peacetime and in war. The Park has become a place of pride, a place of peace, and a place of hope. It has received both the Christian and Mi'kmaq blessing. It has helped and will continue to help your generation and mine better understand and appreciate the realities of war. It has become a place where we can show our respect. When you walk through the gardens alone, or join others for a special service, you are filled with sorrow, with pride, and with hope.

The practice of lowering flags to halfmast when bodies of Canadian soldiers are repatriated to Canada brings the reality of the ongoing conflict in Afghanistan to us in a very real way. I, like others

News from our Municipal Council

Hi Folks, It's been a great one so far.

I was down to the "Not Since Moses" run last Saturday and I must say that Mr. Lemon has done a fantastic job of promoting the shore. I understand they had in excess of 1100 participants. As I drove in the road to the park there were cars there with license plates from South Carolina, Michigan, Maine and many other parts of the US and Canadian Provinces.

The friends I traveled down with were there because they had 2 lady friends from Ontario, who flew in just for the run. So to Mr. Lemon, the organizers and all the volunteers, a job well done.

I have had some calls of late about folks leaving garbage at our local beaches. These public sites are becoming more and more popular as time goes on and our shoreline becomes better known. The bass fishing must be getting better as on a good day our beaches are lined with fishermen and women.

I would just ask that anyone enjoying these beaches take their litter with them. At our Council committee meeting on the 12th council asked staff to provide a cost of placing litter and recyclable receptacles at some of the more public locations around the

sion will also create hundreds of jobs for the local economy.

Speaking of jobs, Canada's economy is creating jobs at a rapid rate. In June, some 93,200 were created all in the service sector. This brought the country's unemployment rate for the first time since the depths of the recession in January 2009 falling to 7.9 per cent. This is in contrast to the 25,000 jobs lost in the United States during that same period.

In addition, I was pleased to welcome The Honourable James Moore, Minister of Canadian Heritage and Official Languages at the Ecole Acadienne de Truro where we announced \$500,000 of funding for a new community center for Truro's francophone community.

Lastly, as MP's prepare to return to Ottawa for the fall session, I personally am looking forward to voting on September 22 to support Bill C-391 a Private Members Bill tabled by my colleague Candice Hoepfner's, MP Portage-Lisgar (Manitoba). This vote is regarding a committee recommendation to scrap the wasteful and unnecessary long-gun registry. If the vote passes, this will be a huge step forward towards finally eliminating the long-gun registry. I have continued rallying east coast support for this Bill.

Our party is standing up for rural Canadians and working hard to eliminate the penalty on hunters, farmers, and arm collectors. The Leader of the Liberal Party is forcing his Members of Parliament to ignore the will of their constituents and vote undemocratically against Bill C-391.

Please feel free to contact me regarding any issue or concern you may have. You can reach me at 893-2455 in Truro, 667-8679 in Amherst or toll-free 1-888-752-0552 or visit my website at www.ScottArmstrongmp.ca

Scott Armstrong, Cumberland-Colchester-Musquodoboit Valley



ers who travel the #2 Highway here daily, never drive by the Park without casting my eyes on the beauty of the Gardens, the solitude of the Trench, the pride of the Flags, and now the grandeur of the crimson maples.

The inspiration for the Park came when Karen Ewing visited the Western Front. The commitment came when she felt the need to help others better understand our history. The concept became a reality when the first sod was turned in April, 2008.

The support came from the willingness of community members to volunteer their time to build the Park. The financial support came from two levels of government: the Municipality of Colchester and the provincial departments of Economic Development, Tourism, Culture and Heritage and Military Relations. Financial support continues through the generosity of the Friends of the Park.

The Park has become an appropriate setting for many special services that attract thousands of visitors. They include: International Day of United Nations Peacekeepers Holocaust Remembrance Canada Day National Peacekeepers' Day International Day of Peace

And we come together today for a service to honor the Nova Scotians who have lost their lives in Afghanistan. Thank you for your participation.

Karen Casey, MLA, Colchester North Ph: 902-893-2180



county for the summer of 2011. It is my hope that this will not be cost prohibitive and will be approved in the near future.

Last week I received notice from Clean Nova Scotia of a grant program that some rural residents of Colchester may be interested in. Clean Nova Scotia and Nova Scotia Dept of Environment have introduced what they call Environmental Home Assessment program.

In this program an inspector will come to your home and provide a free Confidential assessment of your well and septic system. Home owners that participate are eligible for a \$50 rebate on their next septic pumping and those that meet certain criteria may be eligible for a grant of 1/3 or up to \$3000 for sewer upgrades.

For more info you can call 1-800-665-5377 or call me at 647-2025. Hope everyone has had a great summer, Tom.

Tom Taggart, Council District 10, Municipality of the County of Colchester



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