

MASSTOWN MARKET
"An experience for all!"

"Celebrating 40 years of Excellence!"

www.masstownmarket.com

Serving the Glooscap Trail • From Truro to Parrsboro

The Shoreline Journal

PO BOX #41 BASS RIVER, NS B0M 1B0
Publications Mail™ #40048924 - VOL. 14 NO. 9
SEPTEMBER 2010

\$1⁹⁵ + HST

MARGOLIAN'S
"Famous For Value"

Mens • Ladies • Childrens
Fashions • Footwear
Home Decor
DOWNTOWN TRURO
(902) 893-9475
www.margolians.com

FRONT PAGE BRIEFS September 2010

Mental Health and Addiction Services and Volunteer Resources of Colchester East Hants Health Authority, have partnered with The Along the Shore Community Health Board and Great Village Association to bring a program called, *Take Charge Along the Shore: A Holistic Approach to Mental Wellness*, to the community. Trained community-based volunteers, along with Mental Health and Addictions staff will facilitate this program. The 5 - session program is open to all members of the community. It will provide information and teach skills related to positive mental health and wellbeing. The Take Charge program will teach participants how to improve mental wellness through: healthy eating; quality of sleep; physical exercise; recognizing & reducing stress reactions; dealing with worries, thoughts and feelings; and understanding the effects of substance use & gambling. Mindful relaxation and awareness skills will be promoted in each session. For further information and to register for this program, please call: Kathryn Fraser, 902-893-4791

James Baillie has been acclaimed leader of the provincial Progressive Conservative Party as a result of being the only candidate to offer to replace ex-premier and ex-MLA Rodney MacDonald. Since the close of nominations, party officials have appointed Baillie as interim party leader, replacing Karen Casey, who was chosen interim leader following MacDonald's departure from the political scene.

Murray Scott, MLA Cumberland South has announced his retirement as MLA for the area. A by-election is expected to be called by Premier Darrell Dexter for later this fall. Speculation is that James Baillie will contest the seat for the Progressive Conservatives.

In July, the School Board decided to operate school busing service in the Chignecto Family of Schools (Cumberland County) for one year. Prior to this school year, the school busing service was contracted out to a private company. As in prior years, busing service will be provided to eligible students as outlined in the CCRSB Student Transportation policy. Some changes have been made to bus routes that Cumberland County families should be aware of. Students or parents who need information about bus routes, bus stop pick-up times and locations can get that information two ways; people who have access to the internet can visit the CCRSB website at www.ccrsb.ca and select the Bus Stop Search button, or call the CCRSB transportation division at (902) 661-2533 or call toll-free 1-800-770-0008.

Two regular columns not available. Joyce Starratt's column, Bass River notes and Ken Kennedy's, Out and about with Ken are not available this month.

Nova Scotia Power has reduced its request for power rate increase for 2011. In a revised application to the Nova Scotia Public Utilities and Review Board, NS Power is asking for total adjustments starting next January of 6.5% for residential customers, 8.6% for commercial classes and 11.3% for industrial classes. These proposed increases are less than those contained in an earlier application. Most of the change relates to fuel costs incurred earlier this year. The request has yet to be approved.

The Debert Military Museum is holding a fundraising auction at the Debert Fire Hall, September 18. Proceeds to the museum for upkeep and renovations. Viewing at 10:00 am with the auction starting at 10:30 am. Canteen available, lots of great stuff to auction off, for more information or to donate items for the event contact Mike at 662-2860 (museum) or 899-8875 (cell).



It's Wild Blueberry Picking Season! Along with festival activities, the Shoreline Journal is proud to bring these delicious little berries to you on page 2, 3, 6, 9, 20, 22, 23 and 26.

International Championship a Highlight for Belmont's Brooke Densmore



Fourteen year old Brooke Densmore displays some of the awards she has received on the basketball court this spring and summer. Her basketball team, Thunder Selects, were the U14 Champions at the International Basketball Festival in Montreal. (Harrington Photo)

By Linda Harrington

Listening to the hours this young fourteen year old girl puts into her love of sports, while still maintaining scholastic Honours in Grade Eight at Central Colchester Junior High, makes you wonder how she has time to eat and sleep.

Brooke Densmore, daughter of Shawn and Carrie Densmore, of Belmont has spent at least 14 hours a week attending basketball practices alone. On top of this she has participated in numerous exhibition games, four week-end tournaments and countless additional hours participating in Track & Field events all the way up to the Provincial Level.

In December of 2009, Brooke's basketball coach at CCJHS asked her to try out for the Thunder Selects, an Elite level basketball program. She joined 70 other hopeful athletes at a camp in Halifax and was thrilled when she was selected to play on the 2010 Under 14 High Performance Team called Thunder Selects. The team later

voted Brooke to be one of the two Team Captains.

"The Thunder Selects are a private not-for-profit program, which originated in Halifax in 1999," the team website says, "While helping our athletes increase their overall skills, we stress the importance of FUN in fundamentals and make it a priority to improve our athlete's self confidence."

Brooke says the team is like one big family, including the coaches. "Everyone is very supportive of each other and we work to improve our individual skills, while working together as a team," she says.

Family support is something Brooke has a lot of, on and off the court. This spring the Thunder Selects played in a tournament in New Hampshire and two carloads of her family members went down to see her play.

The Thunder Selects hosted a "Hoops for Hope" Tournament, in support of Multiple Sclerosis, in early July and Brooke was awarded the Tournament All-Star.

continued on page 3

Springhill Institution to get \$40-million upgrade



Pictured (l-r) discussing the \$40 million expansion of the Springhill facility are National Defense Minister Peter MacKay, MP Scott Armstrong, Mayor Alan Dill and Frank Lively, President of the Springhill and area Chamber of Commerce (Correctional Service Canada photo)

On August 17 the Honourable Peter MacKay, Minister of National Defence and Member of Parliament for Central Nova, and Scott Armstrong, Member of Parliament for Cumberland-Colchester-Musquodoboit Valley, announced the Correctional Service of Canada will spend \$40 million to increase capacity within Springhill Institution. This additional capacity is part of the government's plan to help ensure that criminals serve sentences that reflect the severity

of their crimes. The announcement was made on behalf of the Honourable Vic Toews, Minister of Public Safety.

"Today's announcement is welcome news for our community. The Truth in Sentencing Act is legislation that helps to ensure that criminals serve sentences that better reflect the severity of their crimes, and today we are announcing the next step," said Minister MacKay, on behalf of Minister Toews. "As provinces, victims and police

continued on page 2



Leona Shearer has been keeping busy refilling her hummingbird feeders this year. She estimates more than 200 hummingbirds are visiting each day. See more pictures and read her story exclusively here in the Shoreline Journal, page 21. (Harrington Photo)

C.D. Armstrong Insurance
Providing Business, Auto & Home Insurance since 1903

Jill McMullen
38 Dominion St., P.O. Box 695
Truro, Nova Scotia B2N 5E5
Bus: 902-895-4427 • Fax: 902-897-4422 • HOME: 902-662-3536
Email: jmcullen@cdarmstrong.com
Website: www.cdarmstrong.com

GUTTER DONE
Certified Ventilation Installer

Div of Mark Bonnell Contracting

- 5" Seamless Gutter
- Custom Made On-site
- Professional Installation
- Fascia & Soffit
- Siding, Roofing
- Sheds & Fences

gutter & clean

902.895.5645
899.2775

Burchell MacDougall
LAWYERS
Put experience on your side.

Litigation Real Estate Criminal Law Family Law Personal Injury Wills/Estate Planning

710 Prince Street TRURO, NS B2N 5H1
www.burchellmacdougall.com
Phone: 902-895-1561