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## FRONT PAGE BRIEFS September 2009

**The Terry Fox Run.** If we knew then what we know now, Terry would still be running on two good legs. This year's Terry Fox Run is on Sunday, September 13. Check out the run site location closest to you. In Truro, registration is at 12:00 at Victoria Park. In Wentworth, the event is from 10:30-1:30 starting at The Wentworth Provincial Park entrance. Go to [www.terryfox.org](http://www.terryfox.org) to re-confirm start time and location.

**Next issue,** the Shoreline Journal will publish a recap of "Memories of Glenholme" a community event held in early August. We didn't have enough room to do the article justice, so decided to hold over until next month.

**September is Arthritis Awareness Month,** which The Arthritis Society uses to heighten awareness of this disease and raise much-needed funds for research that will find better treatments and, ultimately, a cure. For more information, please contact Sinead Canavan at The Arthritis Society at 416.979.3353, ext. 348 or [scanavan@arthritis.ca](mailto:scanavan@arthritis.ca).

**Truro and District Chamber of Commerce** is currently seeking nominations for the **2009 RBC New Small Business of the Year Award**. To qualify, nominees must be located in Colchester County, they must be owned by current owner for 5 years or less and have 10 or fewer employees, including owner. Contact: Maria Murphy, Events Coordinator, Truro and District Chamber of Commerce, 902.895.6328, [www.trurochamber.com](http://www.trurochamber.com), [maria@trurochamber.com](mailto:maria@trurochamber.com)

**The Colchester Stroke Club** will be hosting an open house on Tuesday, Sept. 15 from 1p.m. to 3p.m. at 1100 Prince Street, Truro (Lions Club location). We hope to raise awareness of our program and what it has to offer to stroke survivors, their families and caregivers. Included is friendship, exercise, field trips, talking circles, fishing trips, crafts, lunch and a lot of fun for all. If you have had a stroke or know someone who has had one, please feel free to join us or pass this information along. The program provides support after the stroke survivor leaves the hospital or rehab. If you find yourself lonely or getting depressed—Our club is for you! For more information please attend the open house or call: Sheila Osmond, 893-2756, Judy Crossman, 662-2839. Sponsored by Along The Shore Health Board.

**Despite the economy** and wet summer weather, Central Nova Scotia has been having a better tourism season this year than originally expected. According to several businesses in the region, many have reported a better season this year than the last few seasons. The majority of travelers this season have been staying closer to home, whereas less have been traveling to our region from the US and abroad. Maritimers are still vacationing; they are just doing so more efficiently. Not only are they saving money, they are getting an opportunity to experience the many great things they can do in their own backyards.



This bald eagle is letting everyone know who is boss. (Harrington Photo)

# Angels Abound in King's Rest

## Crafts raise money for Aids-Related Projects

By Linda Harrington

Fold a brightly coloured piece of cloth over a wooden clothespin, add shiny jewellery, paint on eyes, add wings and before long a colourful angel appears before your eyes.

Judy Starritt and her friends have been spending many vacation hours this summer at her cottage in King's Rest creating unique angels. Not that she has a passion for just any crafty creation, these angels are to help raise money for Aids-related projects in Africa.

Africa Aid Angels originated in 2000 with two volunteer groups in Ottawa and Victoria. They had attended the International AIDS conference in Durban, South Africa and visited hospitals and orphanages where children suffering from AIDS were

being treated and cared for. The Canadians saw a severe lack of funding and wanted to do something in a personal way to raise funds.

The volunteers came up with the idea of making angels in exchange for a donation and to date over \$235,000 has been raised for African AIDS projects.

Judy Starritt, lives in Beaverbank, but has a summer home in King's Rest. In 2008, she stumbled upon the angels while attending a yard sale in Toronto and instantly bought nine to bring home to friends.

Judy researched the group through the Africa Aid Angels website and became impressed with the work they were doing. She made contact with a boutique that was selling the angels in Halifax and while on vacation in British



Merissa MacNeill (left) and Alicia Cooke display some of their beach warrior angels. The girls have been spending their summer vacation in King's Rest making African Aids Angels to raise money to support projects in Southern Africa. (Harrington Photo)

Columbia she visited one of the angel making groups.

Some of the angels are made to look like African Warriors and use earrings for shields. Judy's sister-in-law

Sylvia (Starritt) Almas, who grew up in Bass River, had passed away in 2007 and she had over 3000 pairs of earrings. Judy was now able to put these earrings to good use.

In King's Rest, Judy has been joined by friends from neighbouring cottages including Sally Janes, Donna MacNeill and MacKenzie Faulkner. Twelve year old Alicia Cooke, from Bass River and her friend 13 year old Merissa MacNeill, of Aylesford, have been enjoying lending a hand with the angels, as well.

"One day Merissa and I decided to take a break from making angels and we went for a walk on the beach. We started noticing interesting beach items and came up with the idea for a beach warrior," says Alicia. "A piece of beach glass makes a good shield, a spear can be made from drift wood, sea weed for wings and a shell for the hat."

Alicia says that she really enjoys making the angels and recalls one day the group of

*continued on page 3*



Caitlin Congdon gives Jenna Slack a demonstration on how to braid a horse's mane prior to the showmanship class at the Onslow Belmont 4-H Achievement Day. See photos from the Onslow Belmont 4-H Achievement Day and the 2009 Nova Scotia Provincial Exhibition 4-H Day on page 16. (Harrington Photo)



Large trucks transporting generators for the windfarm at Mt. Thom have been frequent visitors at the Double C Truckstop in Glenholme. A total of 34 General Electric generators, manufactured in Brazil, have been transported from Portland, Maine to Mt. Thom. The windfarm is expected to be operational before the end of this year. (Tom MacLean Photo)

**School is in Session...**

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