

Debert Legion Notes



By Dan Martell

As we get ready for print, there is nothing to report on the crib side of the house.

Chase the Ace is running along in fine fashion and we pass along a tip of the hat and a very big thank you to all the establishments who allow us to sell tickets from their businesses, and to all who buy the tickets. Thank you very much for your support.

A look at the Dart League stats after two weeks of play looks like the Dawn Hatt Show as she leads in five categories, High Stats (95), High Finish (70), High Score (126), Most Starts (10), Most Finishes (7) as well as being

tied for First Place in the Women's Division with Marilyn Dykens (13 points). Audrey Gallagher holds down third spot with Deanna Martell, Debbie Cock, Renee Leblanc and Debbie Buchanan. They all have 7 points.

On the Men's side of the house, there is a three-way tie for First Place with Ian Menzies, Jim Totten and Kenny Smith all with 12 points, Owen Totten has fourth spot all to himself.

Ian Menzies has High Start with 110, Jim Totten has High Finish with 44 and Kenny Smith has Most Starts (12) and Most Finishes (9).

Renee Leblanc leads the Ladies in Most Tinkles (20) and David Eastcott leads the men with 14. Ronnie Eastcott has the Least Tinkles for the men wrapped up with 4 and Debbie Cox has 7 for the Ladies.

There is still room for more dart players, and you do not need to be a Legion member to play. So grab your darts and come out on a Friday night and have some fun.

Congratulations are passed along to Kenny Smith who has the first 180 for the

"Please don't forget to thank a Veteran, it is because of their sacrifices that we are able to enjoy our Country and our freedom."

2020-21 season. (Thanks Skip).

Happy Birthday wishes for August are passed along to Paul Eastcott, Loyal Croker, Trevor Spencer, Carl Kaulback, Kelly Fletcher, Dave MacPhee, Shayne McCully, Harry Wilson, Linda Dykens, Angela Glen, Beth Hill and David Totten.

Happy Anniversary wishes for August are passed along to Maureen and John Jessome, Helen and Eric McCully, Joanne and Steve Bennett, Deanna and Dan Martell.

Please don't forget to thank a Veteran, it is because of their sacrifices that we are able to enjoy our Country and our freedom.

Please say a prayer for our troops who are serving in foreign countries and their families.

Victoria Order of Nurses

VON Colchester East Hants is proud to continue supporting our friends and neighbours in the community through our Frozen Favourites and Transportation programs during the COVID-19 pandemic.

Frozen Favourites are a frozen meal option for those who need extra support with mealtime (seniors, people with disabilities, or busy households). The meals are

convenient, nutritious, balanced and flexible based on dietary requirements, and are safely delivered to the client's doorstep by VON. Thanks to the generosity of our donors and support from United Way, VON is thrilled to be able to



currently offer frozen meals for \$5 each.

VON's Transportation Program provides seniors and adults with disabilities transportation to essential medical appointments and errands, such as grocery shopping or pharmacy pick-ups.

To learn more about how you or a loved one can access VON Colchester East Hants' Community Support Services, phone 902-893-3803 or 1-866-540-2364, or visit us online at von.ca

Truro Homeless Outreach Society - THOS

The Truro Homeless Outreach Society (THOS), was established in 2014 as a registered non-profit with the mission of establishing a permanent emergency shelter in Truro NS. In 2017, thanks to generous community support and grants from the United Way of Colchester County, the "Hub House" homeless shelter opened its doors for the first time in a purpose built space.

This year-round, overnight shelter houses up to sixteen guests per-night and to date has accommodated over 500 individual guests, many who have successfully transitioned into permanent housing. Hub House is primarily staffed by a dedicated pool of volunteers, with support from the two

full-time paid staff positions funded by the United Way of Colchester County. These two paid staff meet with guests to develop housing plans and work with other community resources to build support networks and equip our clients with the life skills and connections they need, especially with respect to chronic cycles of homelessness. While the ultimate goal of THOS is housing security for everyone in our area, we know that only through advocacy and community building will marginalized and isolated individuals be able to overcome the stigma they face and get con-

ected with the supports they need in order to thrive.

We encourage you to reach out to learn about volunteer opportunities at volunteer@trurohomeless.ca. If you have any questions regarding the Truro Homeless Outreach Society, or wish to make a donation, you can reach our Board Chair, Krista McNair at contact.thos@trurohomeless.ca or through Facebook at Truro Homeless Outreach Society.

As a shelter that is not supported with core government funding, we are grateful for the support of our empathetic and generous community.

Third Place Transition House

Third Place Transition House has been in operation since the 1980s. First as a strictly outreach service, then with a shelter opening in 1989. We provide supportive counselling, education, advocacy and other services for women who are involved in unhealthy or abusive relationships. Some of these women have not yet decided to leave their relationships and some of them are women who have stayed in the shelter and still need support. Our catchment area consists of Colchester/East Hants Counties.

A great many of the women we have assisted over the years have come from West Colchester County, including but not limited to the communities of Glenholme, Debert, Portapique, Bass River, Economy and Five Islands. Our pamphlets and other information are currently available in the medical center in Bass River

but I am more than happy to distribute our materials in other places where you feel it would be helpful and visible. We also have a great deal of valuable support from churches, community groups and businesses in West Colchester in the form of donations and fundraising efforts and we greatly appreciate that people in the area have chosen to support us over the years. As the Women's Outreach worker, I am happy to provide presentations about our agency as well as issues related to domestic violence, to groups and churches in West Colchester as I feel it's important for people to get to know us and for us to be involved with the communities we serve.

Since the early 1990s, through yearly grants, The United Way of Colchester County has made it possible for me to hold group sessions for



women where they can share their experiences and help each other grow, provide educational materials and transportation to appointments and events when needed. Thanks to United Way, I have been able to supply women with books on topics designed to help empower them, help them recover and move on, learn to make healthier relationship choices, and learn new ways to deal with many life challenges. Most of them are on fixed or low incomes and could not afford to purchase them on their own. The women find these very valuable. There are so many things I could not have accomplished without the assistance of United Way of Colchester and they have made

it possible for many women to change their lives for the better. They are truly a blessing to the communities and organizations they assist and we are grateful for all they have given us over the years.

If you would like more information or a presentation about Third Place, both the shelter and our Outreach services, my name is Ann and you can reach me at (902) 895-9740 or ann@thirdplaceth.ca



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Maggie's Place Family Resource Centre

Maggie's Place is a family resource centre offering programs, information, referrals and support to families with children age 0-6 and living in Colchester County. We also offer a home visiting program providing parenting support to families with children age 3-19.

We are a health and prevention model, meant to provide parents with the supports they need to create healthy families. We do our work in partnership with other agencies that are also working towards similar health outcomes for children, families and our community.

We receive funding from United Way to offer

outreach playgroups in the communities of Great Village, Bible Hill, Stewiacke and Debert. Staff visit these communities once a week from September to June and provide a safe space for children to play with toys, crafts, stories, songs and a healthy snack. During COVID-19, families are asked to call Maggie's Place to sign up for playgroups as numbers are limited.

If you would like to learn more about our programs or services, you can reach us at 902-895-0200 colchester@maggiesplace.ca or on Facebook.

Email: Lenore.Zann@parl.gc.ca

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