

PHOTO FEATURE

Mud Hero was held on September 8TH.

(Photos by Linda Harrington)



Happy to finish and not its photo time, with medals in hand. Left to right- Mallory Priest, June Fisher, Gena Priest, Hannah Priest, Amy Chapman, Karri Wilson, Jolene Green and Nina Green.



The first obstacle on the course. They made it look easy.



This is where the group of ladies reminded me I had told them the course was not mucky at all.



June Fisher, Jolene Green, Mallory Priest, Nina Green, Amy Chapman, Karri Wilson, Hannah Priest and Gena Priest line up for the 9:30AM starting wave.



Ethan Burgess seemed to have a mud bath on the children's Mud Hero course.



What your feet look like after a few kilometers on the Mud Hero trail when you don't wear shoes!



Hundreds of runners in each wave head off on a 6km trail with 18 obstacle challenges along the way.



When you are guaranteed to be going under muddy water at the bottom of this massive slide, it is best to plug your nose.



The Debert Legion was running a beverage station at the Mud Bash, the live music event at the end of the race.



One of the more challenging obstacles required team work to get over the top. June Fisher, Gena Priest and Nina Green help Mallory Priest complete the challenge.



There are those who climb slowly through the mud obstacle and those who just belly flop in!



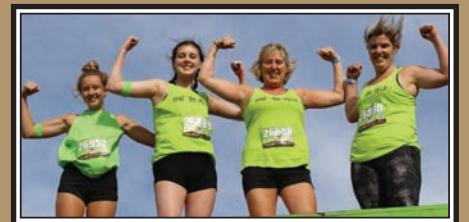
When the first wave went through this obstacle was a nice way to clean up but by the third wave the water looked more like the waters of the Tidal Bore.



Part of the black muck challenge on the first few km's of the course.



Jolene Green takes a splash off the Snakeline.



Nina Green, Mallory Priest, Gena Priest and June Fisher are all smiles after conquering the Avalanche.



The "What the Muck!" team working together so everyone makes it over the Inverted Walls.

The Shoreline Journal

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