

PHOTO FEATURE

Great Village Elementary School Terry Fox Run with a twist. (Harrington Photos)



Great Village Elementary students were travelling across Canada through the provinces Terry Fox completed on his journey. At the Newfoundland & Labrador station, students were completing a dance. (Harrington Photo)



Mahayla MacGillivray, Landen Ralph and Bria Tanner display the chain each team of students was trying to complete at the Great Village Elementary School Terry Fox Run. The goal was to gather 37 links, one for each year of the annual Run. (Harrington Photo)



Great Village Elementary School Principal Connie Smith and Lochlan Langille-Higgins dip their feet into the "ocean" to represent the start of the Terry Fox Run. Lochlan is wearing the Terry Fox Run t-shirt he won. (Harrington Photo)

Be Prepared When Seconds Count: Renovate for Fire Safety

A National Fire Prevention Association study reported that, on average, seven Americans die in a residential home fire each week. Though you never know when fire might strike, there are important measures you can take to increase your chances when seconds count.

While it's nearly impossible to make a house completely fireproof, you can build or remodel it using fire-inhibiting materials. The better ones will help to withstand fire hazards, and they may also give you those extra precious minutes or seconds to escape in the event of a fire.

When considering a home renovation, be sure to do your research for fire-rated and noncombustible products. For example, stone wool insulation resists temperatures up to approximately 2,150 F, and when directly exposed to fire, this



chemically-inert material will not produce harmful gases or promote the spread of flames. Industry experts explain that stone wool in-

sulation is designed to delay the spread of fire from room to room, providing valuable evacuation time that is critical to saving people, pets,

property and reducing environmental damages.

Helpful fire safety tips are available online at nfpa.org.

Exports to China Expected to Increase

By Maurice Rees

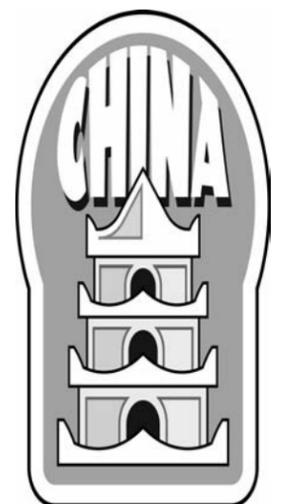
In 2016 Nova Scotia exported \$491 million worth of goods to China and the provincial government is hoping being the first province to obtain membership benefits with the Canadian Chamber of Commerce (CanCham) in Shanghai will help drive export growth and opportunity for Nova Scotia's exporters in a key market. On September 7th, Premier Stephen McNeil announced Nova Scotia has committed to a one-year initiative to extend membership benefits to Nova Scotia exporters who are ready to do business in Shanghai.

"CanCham has become an important partner in helping make connections to senior-level business leaders on our behalf," said Premier Mc-

Neil. "As the fastest growing market in the world, and as Nova Scotia's second-largest trading partner, China is a strategic priority for government and businesses."

CanCham is the pre-eminent member driven organization supporting Canadian business and community interests in eastern China. With Nova Scotia's membership, qualified, export-ready businesses working through Nova Scotia Business Inc. (NSBI) will benefit from arranged meetings, logistics support, interpretation service and targeted industry connections.

Nova Scotia exporters interested in learning more about this opportunity, should go to novascotiabusiness.com/cancham-shanghai.



Fundraiser for Mental Health November 24th

A musical 'fun'raiser for Mental Health will be held at a Lenore & Friends Kitchen Party at



the Royal Canadian Legion, Truro on Friday, November 24th from 7-11 pm. All proceeds will go to "Outsider Insight Youth Mental Health Org and Truro Bible Hill Millbrook Salmon River NDP Association.

Tickets are \$12.00 at the door or can be reserved by calling 902-890-2547.

Fibre Arts Friends Gather at the Joggins Fossil Centre

The next gathering at the Fibre Arts Friends at the Joggins Fossil Centre is Thursday September 28th from 6:00 p.m. to 8:00 p.m. Knitters, rug hookers, weavers or anyone, eighteen years and older, who work with fibre arts, are welcome to spend two hours a month sharing your passion with friends while enjoying the inspiring view of the world-famous Joggins Fossil Cliffs.

Fibre Arts Friends meet the third Thursday of almost every month at the Joggins Fossil Centre, 100 Main Street. There is no fee and no need to register, just show up with your project and supplies and start creating!

For more information on Fibre Arts Friends contact Laurie at 902-251-2727 Ext. 224 or education@jogginsfossilcliffs.net.

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Tuesday 9:30-5
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Thursday 9:30-6
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5 Ratchford Street
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902-667-8679

Truro Address:
40 Inglis Place
Truro NS B2N 4B4
902-895-2863