



Exercise caution when firing up the grill. Many grilling accidents can be prevented by adhering to a few simple safety guidelines.

Tips for Safe Home Grilling

Millions of grilling enthusiasts take to their backyards each year to cook delicious foods over an open flame. Grilling is embedded in the history of many cultures, and to this day many people feel nothing beats the savory flavor characteristic of grilled meats, poultry, seafood, and vegetables.

Although many people safely enjoy outdoor barbecues every day, accidents can happen. According to the U.S. Fire Administration, roughly 6,000 grill fires take place on residential property every year in the United States alone. Many grilling accidents can be prevented with some safety precautions and a little common sense.

When grilling, place the grill in a safe location. Grills should be at least 10 feet away from the house when they are in use. Also, keep the grill away from wooden overhangs or other structures attached to the house, such as garages and porches.

Before using a gas grill, inspect it to make sure there are no gas leaks. Ensure hoses are properly connected and that the grill looks in good repair.

Use propane and charcoal grills outdoors only. Never bring such grills into your house, even if it seems like there is ample ventilation. Potentially fatal carbon monoxide can build up

quickly.

Keep children and pets away from the grill area. Grills can be knocked over easily, and kids and pets may burn themselves if they bump into a hot grill.

Clean the grill regularly. Grease and fat buildup forms in the tray below the grill and can be quite flammable. By brushing off the grates after each use and periodically removing food and grease buildup, you can prevent flare-ups that may ignite the grill.

Always tend the grill while cooking. Walking away for even a minute may lead to accidents.

Store unused propane tanks upright at all times to prevent leakage. Keep them outdoors and beyond the reach of children. Never smoke near propane cylinders and never move a lit grill.

Keep a fire extinguisher handy in the event of a flare-up. A hose may not prove effective on a grease fire.

It's also important to emphasize food safety when grilling. Invest in a food thermometer so you can test the internal temperature of foods and prevent foodborne illnesses.

Grilling is a great and flavorful way to cook. But safety must remain a priority when grilling.

Onslow-Belmont 4-H Elects New Executive

By Mary-Emma Barnhill

The Onslow-Belmont 4-H Club will hold its open house meeting on October 10. This is a great opportunity for anyone who is interested in 4-H to come and learn about all of the projects that we offer! It will be held at 7pm at the Lower Onslow Community Centre. Everyone is welcome!

At our previous general meeting, Onslow-Belmont elected our new club executive. Members nominate other members for the positions and vote by secret ballot to gain real world experience of an election. There are a number of positions that members are able to run for. The club President runs our general meetings each month. This year, our president will be Sarah Kit-tilsen.

If the President is not able to attend a general meeting, the Vice President fills in for them. They are also the chairperson for our Club Rally later in the year. Mary-Emma Barnhill will be our new Vice President.

The Secretary records the minutes of the general meetings and does the roll call. Our new Secretary will be Emma Hill-MacMillan.

The Treasurer keeps track of our club's funds. Michael Congdon will be this year's treasurer.

The Club Reporter writes this monthly article for the Shoreline, as

well as a quarterly report for the county newsletter. Our new Club Reporter will be Abby Thompson. The Games Co-ordinator organizes a game for each general meeting. Thomas Barnhill will be our new Games Co-ordinator.

Congratulations to everyone who participated in the Colchester County Exhibition and the Provincial Show, which was held on October 28th and 29th in Lawrence-

town!

Mary-Emma Barnhill has been the reporter for the Onslow-Belmont 4-H Club for the past year. She has been selected the club's vice-president for the coming year.



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UN finds Ongoing Systemic Discrimination in NS

After visiting Nova Scotia and other parts of Canada last fall, a United Nations working group is raising serious concerns regarding ongoing systemic discrimination faced by people of African descent. The UN Expert Working Group of Experts on People of African Descent presented its report to the UN Human Rights Council today on Sept. 25-26 in Geneva.

"The Nova Scotia Human Rights Commission continues to see evidence of racism and discrimination faced by African Nova Scotians," said Christine Hanson, the commission's director and CEO. "We call on communities and governments at all levels to examine and develop policies and practices to address the report's recommendations."

In its published report, the working group stated that it is deeply concerned by the structural

racism that lies at the core of many Canadian institutions and the systemic anti-Black racism that continues to have a negative impact on the human rights situation of African Canadians. Canada's history of enslavement, racial segregation and marginalization of African Canadians has left a legacy of anti-Black racism which must be addressed in partnership with the affected communities. African Nova Scotians make up the largest racially visible group in Nova Scotia.

Among its observations, touching on human rights, justice, employment, health and other areas, the report also recognizes efforts in Nova Scotia to improve the situation of people of African descent. For instance, it welcomed the restorative inquiry for the Nova Scotia Home for Coloured Children, as a model of collaborative and restora-

tive approaches in addressing issues affecting people of African descent.

The working group also expressed concerns over the lack of implementation of the Land Title Clarification Act, which is aimed at resolving outstanding land claim issues within historically Black communities. The Nova Scotia government will make an announce-

ment on this issue the last week in September.

The working group's report presented to Human Rights Council is publicly available on the United Nations high commissioner for human rights website at: <https://documents-dds-ny.un.org/doc/UNDOC/GEN/G17/239/60/PDF/G1723960.pdf?OpenElement>

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