

## Bass River Fire Brigade News

By Peter Christensen

Happy Fall from the fire hall!!!!

Well the summer has gone like the ashes of a structure fire, the embers still warm but cooling quickly, just like the weather. So that means the ole wood pile should already be cut, split and drying under cover. Wet wood creates the perfect way to get your pipes all choked up with creosote. The drier your fuel the better.

The hall has been a beehive of activity of late, the brigade has purchased new to us - Breathing Gear, or as it is known as B.A. Which is a term used to make the point that without this piece of fire fighting gear, you as a fire member will be in serious trouble with out this gear. The whole idea of breathing in smoke or any part of a fire scene is not a good thing, so, hence the breathing gear,

keeps you alive.

Now this last month we have been having in depth sessions led by our training officer Don Conrod. We are forming a team for B.A and have all been given instruction on the proper use and maintenance of the B.A. Next Monday evening we will be training in full turn out gear with full B.A. The smoke is going to roll that night at the hall.

Then after that practice, we will have to wipe the walls down, for our Annual Fall Fireman's Auction. The auction will be held on Oct 11, beginning at 12 noon and running until 5 pm. If you need any help in giving a donation of anything, please call any one of your local fire brigade members.

We accept all donations, but will not be taking any televisions, old radios, stereos,

clothing, tires etc.

A full canteen will be available, and there will be lots of interesting items from, antiques, food, fresh garden vegetables, books, records, and anything else you could look for will be there I would bet.

After that long weekend of Thanksgiving, we will be trekking up the mountains again on the Annual Bass River Trail Ride. Bring your horse or horse and wagon and travel up the mountain to our chalet for an amazing dinner and then back down through the hard woods with all their colors waving in the sunshine. The trail is approx eleven kms one way, for more info please call peter at 647-2546.

We'll must get out and stack some more wood, do not forget to check your flues and pipes inside your homes BEFORE you start your winter fires.

## Family and Volunteer Appreciation Day at Debert Court

Story & Photos by Linda Harrington

It has been five years since Shannex opened a 36 bed nursing home, on Dakota Road and it was time to celebrate by thanking families and volunteers who help improve the daily living for clients at Debert Court.

Lisa Adams, Recreation and Volunteer Coordinator, was pleased with the turnout for the event on Sept. 4th, which included a bbq lunch, entertainment, educational displays and door prizes. "We really want to show our appreciation for all those who give of their time to enrich the lives of our clients here at Debert Court," she says. "Volunteers come as individuals or groups. They read to clients, or perhaps just sit and talk. They assist with programs and activities, too. Groups come and provide entertainment and worship services. We have 6-8 dogs who visit regularly and Debert Elementary often comes to play games and read with clients. Any amount of time is greatly appreciated."

Linda Yorke works as a Support Service Attendant at Debert Court but volunteers with Palliative Care when needed. "My mum was in a long term care facility and I noticed a big difference when she moved from home. There were so many activities for her to

take part. I saw the benefits first hand. I'm not a musician but I have the ability to sit with someone. This is the last caring thing you can do for someone and it can be a huge help to families of the clients," says Linda adding, "I love coming to work every day!"

Margaret Ross volunteers 2/3 hours each week and finds it rewarding for her as well as the clients. "When they see me coming they always have such a big smile on their face, it is so welcoming," says Margaret. "I'll take them for walks or we sit and talk. Listening to stories from their past is always interesting. I am pleased I have the time to do it."

Lisa Adams says it is easy to become a volunteer at Debert Court. There is a basic application and all volunteers must have a criminal record check, which can be done free of charge at the RCMP detachment in Bible Hill.

"We are especially looking for people who have skills that might appeal to the male clients. This can be anything from playing games, even on the Wii, to just sitting and conversing," says Lisa. "We are also



Michelle Derible displayed an example of the extensive line of products Medline Canada has to offer clients...from curtains, incontinence care to pillows, they supply it all.

going to start quilting and could use some experienced quilters for a couple hours a month."

There is a Youth Volunteer Program for over 12 and those under 12 are welcome if accompanied by a parent.

For more information on volunteering at Debert Court contact Lisa Adams by phone at 902-641-3904 or via email at [ladams@shannex.com](mailto:ladams@shannex.com).



The Bass River Fire Brigade breathing apparatus primed and ready for action. Names of the teams all put on the tanks and hoods and masks. (Christensen Photo)

## Jack Sterling Receives Medal From Korea

By Micheline Sterling

I had the honour to receive

Jack's medal and certificate of appreciation from the Korean

government yesterday (September 25th) in Westville. I stopped by the hospital on my way home and took this picture, he was so proud of receiving them.

David, my grandson took pictures in Westville, I took the picture in the hospital, it was a very nice ceremony with the Ambassador for Korea giving out each medal to each recipient.



Propped up in his hospital bed, Jack Sterling, Belmont Road wears the medal and holds the Certificate of Appreciation which was presented to his wife, Micheline, by the Korean Ambassador at ceremonies in Westville on September 25th. (Submitted)

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Deadline for the November issue of

The **Shoreline** Journal

is October 21



Michael Sutherland, Pharmacist/Manager for Lawtons Drugs, displays a PacMed strip used to safely and conveniently distribute medications to clients. The system consists of a strip of cellophane pouches, clearly labeled with all necessary patient and drug information and customized administration times.



Volunteer Sally Jennings accepts a certificate of appreciation from Cheryl Myers and Lisa Adams.



Margaret Ross enjoys chatting with Darrell Fletcher as they work on word search puzzles during her volunteer visits.

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