

## Faith Baptist hosts Fund Raiser

**Cooke Family Fund Raiser at Faith Baptist Church on Aug. 23rd. The community came together for an afternoon of ball, bbq, bouncy house and more to raise \$15,000. (Harrington Photos)**



The BBQ team were kept busy throughout the day.



Volunteers organize numerous donated prizes for raffle and silent auction.



Bailiff Pat Flemming seems a bit too happy having Vernon McCully doing jail time on his watch.



The Cooke family are very grateful to all who supported the fund raiser in any way. Left to right: Brent and Shirley's children - Jessica (Cooke) Yuill, Julia Cooke and Brad Cooke.

## Parental Tips for First Time Students

By *Chris Urquhart*

With school starting soon here are a few tips for parents whose children are starting school for the first time: First, make sure their names are on all their items, especially their coats, hats, mittens, shoes and book bags! If your child comes home from school missing any items, check with the school. They have a "lost and found" box full of lost things.

Second, talk to your child about what it will be like in school, don't just say "it'll be fun" but point out that learning takes time and they must be patient, that sitting still is possible and that the teacher is to be respected. They will have fun but for some not being in their usual (safe) environment can cause stress. They will want to "stay home" but be kind but firm and insist that they go. It may feel like you're the ogre from the fairy tales but you are really being their best friend.

Third, make sure what you pack them for lunch is actually food they will eat. If your child doesn't like ham slices don't pack ham sandwiches! Try to make their lunches nutritious as well as tasty. Simple things like yogurt and granola bars are both. All chil-

dren need liquid so either pack some juice or send the money to buy milk. Don't think that the water fountain is enough; most children don't realize that they need to drink more than they do.

Last but not least, when your child comes home and says they "hate their teacher" don't agree with them! The teacher has a hard enough job without being undermined by you! Listen to the problem and then ask your child what they might have done differently. If problems persist, go talk to the teacher yourself and see what you can do to help make things work out between the teacher and your child.

If none of this works, then talk to the principal. I remember when my oldest started school, her teacher sent home a note which read: "if you promise not to believe everything your child tells you about me I promise not to believe everything your child tells me about you".

And my last bit of advice is: NEVER get involved in your children's scraps with other children! By next week they will have forgotten it but you and their parents may have lost friendships which won't ever heal.

## Missing Hummingbirds in NS

By *Hope Bridgewater*

The ruby-throated hummingbirds, native to Nova Scotia, are interesting and charming guests when they arrive in Nova Scotia from the South during the month of May each year. Now in September they have left my front yard and I miss them very much. I wish they could stay around all year, but nature decrees otherwise.

They are beautiful birds to watch with their colours, hovering in mid-air, speed, and personality. I felt sad and thought a poem would relieve my sadness by talking about hummingbirds and communicating it with others. Here is the poem I wrote today.

### Missing Hummingbirds in Nova Scotia

**On this early September morn  
Even the front yard looks forlorn  
The hummingbirds have gone away  
I only wish that they could stay  
These hummingbirds will fly so far  
So many miles it seems bizarre  
These tiny birds can go so far.  
They feel the cold of Scotia's snow  
It is a mystery how they know  
The need for warmth so far away  
I understand, but wish they'd stay.  
I miss their beauty and how fast they sped  
With colours orange, green, white and red  
I miss their humming, hovering flight  
From sunlit dawn to darkening night  
May they be safe and on their guard  
So they'll be back in this same yard.**

Yes, I will be very glad to see the hummingbirds back next year (God willing), and I hope they will include the same birds, as I read that they may live up to five years or more.



## Ski Wentworth's Fall Festival of Colours - October 11-12<sup>th</sup>

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the Fall Festival of Colours continues to grow in popularity. "We had another great turnout last season," said Wilson. "It has become part of a family Thanksgiving tradition. You see the same folks back with the kids and grandkids. It's a great, active way to spend the day with the family in a beautiful setting."

The chairlift runs from 10am to 4pm. Cost is \$15 per person or \$40 for a family (maximum 5). There's a barbeque at the base of the mountain at noon.

The chairlift ride up takes about 20 minutes. The walk down is anywhere from 30 minutes to an hour. Its recommended participants are in relatively good physical condition as the hike can be demanding.

Back by popular demand,

there will be a Petting Zoo (Saturday only) with barnyard animals from a local farm and the Haystack Playground for the kids. Plus, there's a Scavenger Hunt.

If you'd like some more direction to your day, why not take a guided hike to High Head? Depart 10am sharp from the Old Valley School House on Barclay Road for an 11km (three hour) hike to

High Head. This is an intermediate level hike. This is a free tour, however, donations are gladly accepted for the Old Valley School House.

Hiking the Maritimes largest ski area is almost as much fun as skiing it! The Early Bird Season pass is on now until Oct. 31. Pick up your application at the Fall Festival of Colours or buy online at: [skiwentworth.ca](http://skiwentworth.ca).

Need new or used ski or snowboard gear for the upcoming season? The Wentworth Open House, Ski Swap and Craft Sale is Saturday, November 22 at Ski Wentworth.

**Make the Fall Festival of Colours part of your family Thanksgiving tradition, Oct. 11 & 12 in the beautiful Wentworth Valley.**  
[www.skiwentworth.ca](http://www.skiwentworth.ca)



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### Seasons to behold (this is nature's way)

*Nature has a way with us its beauty we behold  
The splendor of the winter the harshness of the cold  
Some prefer the summer warmth others love the snow  
Leaves that change their colors watching flowers grow*

*This is nature's way*

*Frosty early winter mornings the sparkle of the ice  
A quiet walk through the forest can be very nice  
Moments with our world around us all of us do share  
From the smallest creature to a mighty bear*

*This is nature's way*

*Take the time to look around a breath of forest air  
Hold a moment of your life tell the earth you care  
Keep this thought a lifetime hold to that rule  
We have but one world life's most precious jewel!*

*This is nature's way*

*God bless and thank-you. Thomas A. Marshall, (ex-navy)*