



**2023 Specialty Award
Nova Scotia Strong
Award Artist**

Lorne Alexander Julien
Millbrook First Nation

Lorne Alexander Julien is a proud Mi'kmaq artist and member of Millbrook First Nation, near Truro, Nova Scotia, where he grew up. His given Mi'kmaq name "Warrior on the Hill" was earned in his youth when he learned about the spiritual ways of his people. Lorne is a self-taught artist, who has been following his passion since childhood.

In his practice, he uses bright colours and is known for the bold beauty of his artwork that touches hearts.

Lorne's artwork is inspired by visions and dreams and the love and respect he holds for his people. His paintings have an uplifting hopeful

energy. Lorne's artist journey is a healing journey, a way to heal himself and inspire healing in the world.

Over the last few years, Lorne has painted many murals to support the creation of safe spaces in public, schools, government and private offices. Outdoor murals can be seen on Main Street in Kentville, on the corner of Agricola and Willow Street in Halifax, and at the amphitheatre Oqwa'titek in Annapolis Royal. Lorne often uses his favourite subject, the eagle, as it is important to First Nation's people as a symbol of love and protection, in which his paintings are like a prayer.

"Spirit and Revitalization"

Acrylic on gallery stretched canvas by Lorne A. Julien, Mi'kmaq artist.

The painting shows 2 eagles. Eagles are important to the Mi'kmaq people, they are a symbol for strength, respect, love and protection. There is strength in partnerships and community.

The eagles are also having fun and look relaxed. A reminder that play is important for our health and builds relationships.



**2023 Volunteer Representatives
Fundy Region**



Foster Stewart
Village of Bible Hill

Foster's dedication to Senior Socials for more than 16 years, with every Friday in 2022, reflects his remarkable commitment and impact on the lives of numerous seniors.

His commitment and dedication are remarkable and have made a significant impact on the lives of many seniors. In addition to his work with Senior Socials, Foster has been a valued member of the Bible Hill Parks and Recreation Advisory Committee. Foster has regularly attended committee meetings and contributed to the success of several events, including

Safe Halloween and Christmas events. His willingness to go the extra mile is evident through his support in the recreation department, demonstrating an unwavering commitment to project success.

Foster's positive attitude, coupled with his dedication to volunteering makes him an outstanding candidate for this award.

His contributions, generosity of time, and effort have made an invaluable impact on the community, with his role as an engaged and active community member being highly appreciated.

**2023 Volunteer Representatives
Fundy Region**



Courtney Knockwood
Sipekne'katik First Nation

Courtney has displayed over the past few years a great sense of community, she has brought us a wonderful beatification team that helps out with everything within the community from moving offices to lawn care for our elders she also helps organize our Sipekne'katik Food Bank, compassion closet, the list can go on.

As a 30 year old single mother of two young children,

Courtney has been an extraordinary mentor/leader to our youth and the programs she has dedicated her time to. The love and care Courtney pours into her work and volunteering has shined extremely bright.

Did You Know...

German chocolate cake is not, in fact, of German origin. The recipe was named after a man, Sam German, who invented a type of sweet baking chocolate for the Baker's Chocolate Company (a popular cake recipe called for "German's chocolate"). Over the years though, the possessive was dropped and people just called the popular recipe "German chocolate cake". **Source: HowToGeek.com**

The Shoreline Journal Tid-Bits

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Increased sales growth food and beverage sector

Sales for Canada's food and beverage sector are forecast to surpass \$164 billion, exceeding initial projections by 3.2 per cent, according to the 2023 Food and Beverage Report Mid-Year Update from Farm Credit Canada. While positive news, a number of considerations continue to weigh on the sector.

Both food and beverage manufacturers saw a strong increase in nominal sales in the first half of 2023, with an increase of 8.4 per cent for food manufacturing and 7.3 per cent for beverage manufacturing. Grain and oilseed milling, and bakery and tortilla products led in growth with increases of more than 15 per cent year-over-year. However, the growth rate in the sector is more modest when accounting for inflation. A slower growth in the second half of the year is expected as consumers are careful with their grocery budgets.

A decline in consumer spending caused by inflation is putting pressure on food and beverage margins, which have been compressed since 2019. For the beverage industry, gross margins are nearly 50 per cent lower. In the food sector, margins are on average 11 per cent below the pre-pandemic level.

Coastal Property Owners Consulted

The Province is contacting people who own coastal property in Nova Scotia and inviting them to provide their input on how to plan and adapt development along the coastline in response to climate change.

"Climate change is impacting our coastline; the impacts are concerning and put structures, ecosystems and people at risk," said Environment and Climate Change Minister Timothy Halman. "This consultation delivers on our government's commitment to reach out directly to coastal property owners so that they can take part in the critical conversation on the path forward." This will be the first time the Province is contacting coastal property owners directly to ask for their input on how to protect coastal structures and ecosystems, and keep people safe. Property owners will be mailed a postcard with information about the consultation and how they can share their input: online at: [m by mail to Nova Scotia Environment and Climate Change, ATTN: Climate Change Division, P.O. Box 442, Halifax, N.S., B3J 2P8.](https://novascotia.ca/climate-change-coastal-protection-consultation/); <https://novascotia.ca/climate-change-coastal-protection-consultation/> by email to coastalconsultation@novascotia.ca

The deadline for submissions is November 7.

The Deadline for the December issue of **Shoreline Journal** is November 21



**Quartz
Kitchen Countertops
and instock Vanity Tops**

(undermount sink & backsplash included)
For 30", 36" & 48" Vanities

MONEYS WORTH

Renovation Centre

28 Jennifer Drive, Bible Hill

HOURS M-F: 9-5 902-893-2477

Larry Harrison, MLA
Colchester-Musquodoboit Valley

Constituency Office
Phone: (902) 639-1010
Fax: (902) 639-2598

Mailing Address
PO Box 219
Stewiacke NS B0N 2J0

Physical Address
87 Main St West, Unit 3
Mastodon Ridge
Second Level
Stewiacke NS

Email: larryharrisonmla@gmail.com

TOWN OF
Amherst
NOVA SCOTIA

Doris you are leading example of volunteering, because your dedication has helped convince others to also volunteer. We appreciate the many hours you donate to the After the School Bell Food Program, which with a team of volunteers distributes over 100 food bags to students in number schools. .

A job well done. We are proud of you!!

98 Victoria Street East, Amherst, Nova Scotia, Canada B4H 1X6 1-902-667-3352.

Congratulations to
Heather MacDonald
for the countless hours she gives to
Oxford including over 40 years to the Oxford Lionettes;
a champion for the Christmas Food Boxes, plus a lot more!

Get Active
Oxford

From all your friends in the Town of Oxford.
105 Lower Main St., P.O. Box 338, Oxford, NS. B0M 1P0
"Wild Blueberry Capital of Canada"
Email: mpal@oxfordns.ca