

# OBITUARIES

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Continued from page 23

**WADDELL, Bonnie Ruth** - April 6, 1945 - October 21, 2021, Upper Onslow, NS. Bonnie has strummed the last song on her ukulele and read the last page in her book. Born in Rhode Island, Bonnie was a daughter of the late Dr. William and Barbara (Christie) Waddell. She grew up in Boston and Denver. She graduated from Colorado State University and then took a job in a library because she wouldn't have to pay late fees as a staff member. Moving to Nova Scotia where she had family roots, she obtained her Masters in Library Science from Dalhousie University. Upon graduation, she worked at South Shore Regional Library, Colchester East Hants Public Library and finally, as chief librarian at the Nova Scotia Agricultural College. While there, she was involved in library projects in Africa and South America. She was the Canadian representative on an international library board in Washington, DC. Bonnie always put her heart and soul into any project with which she was involved. She believed in giving back to her community. She was passionate about the arts and was a founding member of the Cobequid Arts Council. Her interests were varied from helping get a tennis court constructed in Bridgewater to starting a film society. She enjoyed hiking and took an active role in the Cobequid Eco-Trails Society. Involvement in the Colchester Historical Society was another interest Bonnie enjoyed with the Planters re-enactment being a notable part of her museum contribution. Upon retirement, Bonnie began playing the ukulele. Bonnie is survived by her loving husband, Kim McCallum; twin sister, Susan (Phil) Watson, Tucson, Arizona; sisters, Nancy (Jeffery) Goodman, Mobile, Alabama and Sara (Frank) Waddell, Chalfont, California; sisters-in-law, Colleen Poulain, Stellarton, Shelley McCallum, Central Onslow, Andrea (Rick) Osmond, Lower Sackville; brothers-in-law, Terry (Joan) McCallum, Cambridge Bay, Nunavut, Robin (Jane) McCallum, Barrie, Ontario and seventeen beloved nieces and nephews. Bonnie's family would like to thank the caring and compassionate staff of Cedarstone who surrounded Bonnie with exceptional care and love during her time with them. If so desired, donations in Bonnie's memory may be made to the Herb MacRae Library Trust Fund. Cremation has taken place. A memorial service was held October 26<sup>th</sup> in Colchester Community Funeral Home, 512 Willow St., Truro, NS. The Rev. Lori Ramsey officiated. Condolences can be extended by visiting [www.ColchesterCommunity.com](http://www.ColchesterCommunity.com)

**GERRITY, Kendra C.** - Age 59, of Lakelands passed away peacefully on Saturday, October 23, 2021 at the Cumberland Regional Health Care Centre, Upper Nappan. Born in Newmarket, Ont, she is a daughter of Ronald and Louise (O'Brien) Gilbert, Lakelands. Kendra is survived by sons, Drew (Maggie), Zack (Chloe), all of Parrsboro; a brother, Robert (Darlene), New Canaan; granddaughters, Jai-lynn, Sophie and Peyton; numerous aunts, uncles, nieces, nephews and cousins. Private family services will take place at a later date. Memorial donations to the IWK Health Centre Foundation. Arrangements entrusted to Smith's Funeral Home, Parrsboro. Online condolences at [www.smithsfuneralhome.com](http://www.smithsfuneralhome.com)

## Business Boost Program Deadline November 5<sup>TH</sup>

Business Boost program sponsored by Grant Thornton is a program to empower small businesses with big potential.

**Program details:** The pandemic has been challenging for everyone—for women, this has meant juggling personal and professional responsibilities and greater financial uncertainty. Small business owners have had to remain flexible and adaptable in business and as we look forward, the importance of mastering digital technology has never been greater.

Grant Thornton and Xero share a passion to make life better for people in small business and have partnered to support and elevate women entrepreneurs across Canada to drive their business forward. Five businesses will be selected to participate in Business Boost, a 30 day growth-focused program that empowers women-owned small- and medium-sized businesses with Grant Thornton's experience and Xero's technology.

This combination can boost your business with more productivity; efficiency; and data-driven, growth-focused insights.

This program will em-

power women-owned SMB's to realize their potential. Participants will receive a cloud accounting solution custom-made to solve their businesses' specific pain points. The result is increased productivity, greater efficiency, and the ability to collaborate remotely and securely with their team members. There is no cost to apply for the program and no cost to participate if selected.

**Program benefits and services:** A customized cloud accounting solution from a Grant Thornton advisor to solve your businesses most pressing pain points. A free two-year subscription to Xero accounting software, including a subscription to Hubdoc, a document collection and management application. Set up and support from a Grant Thornton advisor. Training for you and your staff on your cloud accounting ecosystem. Key performance indicators designed to drive and measure success. How to apply

To apply, visit <https://www.granthornton.ca/campaign/business-boost> and complete the application form. Applications must be submitted by Friday, November 5, 2021.

# New Walking Program Gets People Moving

Walking just might be the perfect activity and a new program, NS Walks, is aiming to get more Nova Scotians to do more of it. Hike Nova Scotia announces its latest provincial program to provide social support for less active Nova Scotians who want to start walking or walk more regularly.

NS Walks is a free program that trains volunteer walk leaders across Nova Scotia to lead gentle, friendly walks in their communities that are perfect for those who might be less active.

"We know there are many people who want to be more active, but say they don't have anyone to be active with," says Janet Barlow, Executive Director of Hike NS. "NS Walks walking groups are perfect for those just getting back into activity or who simply want to get out and be with other people." NS Walks also hopes the initiative will decrease barriers some people may face to becoming more physically active. "Walking is an inclusive, affordable and accessible activity that anyone can enjoy," adds Barlow.

The pilot program launched in the summer of 2021, and has formed about 25 groups. It is now ramping up and looking for more participants and leaders in communities across the province.

NS Walks is a program of Hike Nova Scotia and is funded by the NS Depart-



ment of Communities, Culture, Tourism and Heritage and the NS De-

partment of Seniors and Long Term Care. The Healthy Tomorrow Foundation, through its Make your Move Campaign, is the communication partner of NS Walks. NS Walks is also supported by Zoomers Physiotherapy & Health Solutions, Smith + Andersen and the Nature Canada Work to Grow Program.

For more information on NS Walks, visit [www.nswalks.ca](http://www.nswalks.ca)

## Sobeys Family Donate \$1-Million

The Nature Trust is announcing more amazing news for the Twice the Wild campaign that helped save the Blue Mountain Wilderness Connector, Port La Tour beach and other lands: an incredible \$1 million contribution from the Sobeys family to help us save Nova Scotia's outstanding wild spaces. Like all contributions toward

Twice the Wild, their gift will unlock four times its value in matching funds - an additional \$4 million to help double the lands we protect across the province by 2023 and save Nova Scotia's most significant and threatened natural areas, before it's too late.

The full release, backgrounder, photos and video can be found at <http://nsnt.ca/media>

## Health & Wellness Kits Available

The Truro and Colchester Chamber of Commerce is partnering with the Truro and Area Community Health Board Wellness Funds program, and several local groups to support the business community in establishing health and wellness programs for their staff.

Wellness packages will include a wellness plan template, creative contests for your staff, workplace positivity awards, and more! The first 35 businesses to sign up for this FREE program will receive a basket of goods for their staff.

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