

### 3 Thanksgiving Celebrations held In Wentworth



Busy kitchen volunteers work hard and fast to help make the Pork Supper at the Recreation Centre a roaring success. In the foreground are Debbie Atkinson and Joan Johnston; in the background are Gary Jollymore and Howard Waugh. (Hope Bridgewater Photo)

**By Hope Bridgewater**

Three special events celebrated Thanksgiving in Wentworth at the Learning Centre; the Recreation Centre and Ski Wentworth. All three were very successful and help promote Wentworth as an interesting cultural, healthy and educational place to live. The beautiful autumn colours also gave an extra glow to all the events.

The Learning Centre presented a Health and Wellness Holistic Expo on October 6 from 10 am to 4 pm. It was conducted by April Dares, owner of The Dreamcatcher Wholistic Centre which is a business located within the Wentworth Learning Centre and which focuses on holistic health and wellness practices. April sent me an excellent report and photos which follows with some of my editing: "October 6th was the 4th annual Health and Wellness expo I've organized. It all began because I thought it was important for people to know there were Health practitioners, who offer alternatives healing modalities, located in the area. We need to care for, not only our physical bodies, but also our mind, emotions and spirit".

"I also do it because I love to see the connections that are made between the vendors themselves and also with the people who come through the door" Dares continued. She added, "I have to say sometimes it's stressful organizing the event, but the end result far outweighs the stress. Each year I learn something new that I can use when organizing the next one" she concluded.

It was such an amazing day with a steady stream of people coming through, some stayed for hours. As a result of organized the one day event, Dares has started a group, "Circle of Women." The group will meet twice a month. The first meeting was October 9th. The meetings will be designed as an opportunity where women can support and empower each other.

To capture on the large crowd attending the health and Wellness event and Fall Foliage weekend at Ski Wentworth the Recreation Centre held a Pork Supper celebrating Thanksgiving. The very successful supper was held on October 6 from 3:30 pm to 6:30 pm with over 300 people attending. The attendance was steady throughout these three hours with many coming from the events happening at Ski Wentworth and others areas of Nova Scotia as a result of an excellent publicity campaign by the Recreation executive committee.

Many people signed for the 50/50 draw and the lucky winner was Eileen Murphy of Victoria. I was at the 50/50 table with Ben Legere who was also selling tickets for Murder Mystery Dinner Theatre on November 10. Helen Feeley, volunteer director and worker sent a report stating, "It was a perfect day weather-wise which helped make it a very successful event. A great deal of thanks to all the volunteers; those who helped prepare and serve the food; those who made desserts, and other duties in the kitchen and bar which required a lot of people volunteering. Take-Outs were available.

Gizelle de Guzman, a young

singer/songwriter from Halifax provided entertainment on stage as people ate or talked at the tables. The menu consisted of roast pork, mashed potatoes, fresh vegetables, apple sauce, coleslaw, roll, and apple or blueberry crumble and drinks (tea, coffee, bar drinks)."

Ski Wentworth was the third successful event on October 6 & 7 called "Fall Festival of Colours," which name applies to the other two events as well at the Learning Centre and Recreation Centre. Gregor Wilson verified the following attractive and interesting sessions took place at Ski Wentworth: Visit the beautiful Wentworth Valley's Fall Festival of Colours; Chairlift Rides to the top of Wentworth Mountain. It is the ultimate way to enjoy the spectacular views of the Wentworth Valley. Barbecue was held outside on both days. Kids Zone included a petting zoo, farm and pony rides, a haystack playground, inflatable jumpy castle, and climbing wall. Early Bird season passes on sale until October 31.

Thanksgiving has an interesting history going back to harvest celebrations bought over to North America by early explorers and settlers: Martin Frobisher and crew celebrated the First Anniversary Thanksgiving in Canada in 1578, located in the eastern Arctic and gave thanks for their well-being. In 1612, the Pilgrims in Massachusetts celebrated their first harvest with turkey, squash, and pumpkin. The Pilgrims menu has continued is a Thanksgiving tradition which still exists today in North America.



Folks enjoy coming to the Dream Catcher Holistic Expo located at the Wentworth Learning Centre. (April Dares Photos)

### Onslow Belmont 4-H Club Selects New Reporter

**By Jessica Porter**  
(ED NOTE: Jessica Porter is this year's reporter for the Onslow-Belmont 4-H Club. She will be submitting a monthly report from the club).

On September 28-31, 2018, The Onslow-Belmont 4-H Club participated in 4-H Provincial Show, otherwise known as Pro Show, hosted in Bridgewater. Provincial show is for those who get first or second with their project items from each county exhibition. Members can go to Pro Show for judging (life skills or livestock), life skills items, livestock showing, and competitions.

Members who did well in Beef or Dairy at the show can be chosen to go to The Royal. The person who won first at grand champion judging can go to the Agribition in Saskatchewan, from November 19-24. Colchester county won 5th for best overall county. Members had a fun time, met new 4-H friends and learned a lot about showmanship, including it's not possible to win all the time.

In October, Onslow-Bel-



Timothy Porter with his senior garden box that won 2nd at the Pro Show. (Jessica Porter Photo)

mont had a general meeting and discussed registration, what projects were available, and provided registration sheets. We have a new co-general leader this year, a member who has aged out of 4-H, my sister Ella Porter. For anyone looking to join our club, registration is still open, and you can find registration sheets on the 4-H Nova Scotia website.

We have had 11 new members join so far this year. Onslow-Belmont offers a wide variety of projects, including Dairy, Computer, Crafts, Garden, Rabbit, Poultry, Great Outdoors, Beef, Foods, Photography, and more.



Doug White proudly shows off his duck box at the Pro Show. (Jessica Porter Photo)

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