



- Research into hospital and health facility design has identified 10 major factors that contribute to health and positive patient outcomes. The new health centre incorporates most of these aspects including mostly private rooms; hand-washing sinks in each patient room; natural light and patient lift supports.
- Nature and natural light are proven to support health and healing. The design of the health centre invites natural light in and connects us to nature through our healing garden, courtyards, and large windows.
- Chemotherapy; Public Health; the Medical Day unit, Chronic Disease Management Services (Diabetes Education, Breathing Clinics, Outpatient Nutrition Counseling); and other services that are accessed on a walk-in -- or ambulatory basis -- are grouped along the front of the health centre and near the main entrance. This makes it easy for patients and visitors to get where they need to without having to travel through the building.
- Patient rooms are nestled along the tree-line at the rear of the facility; where there is less traffic, providing a quiet and comfortable space for patients needing inpatient care.
- Public parking is located near the main entrance and there is also a parking area for those coming to the Emergency Department. Regular parking rates are \$2 an hour, to a maximum of \$5. The funds raised through parking help support care and purchase specialized equipment.
- To support patient privacy, assist in recovery and help prevent the spread of infections between patients, the facility is built with mostly private, one patient rooms. 94 rooms are private and 15 are semi-private.
- A new MRI service will offer images of the highest quality, to support diagnosis and treatment. The diagnostic imaging department will also have two new digital x-ray units and a portable unit that will send images wirelessly to physicians (Radiologists) to be interpreted.
- The Laboratory Department is designed with a LEAN focus, meaning that lab services, supplies and equipment are located in such a way that they help the lab run efficiently. For example, laboratory analyzers -- the pieces of equipment used most often -- are located at the front of the lab to reduce the amount of time it takes to get the specimens on the analyzers.
- The new Emergency Department is 50 per cent larger and has been built to include 27 exam rooms and two trauma rooms. When the new health centre opens it will have the same level of staffing as the current site and will initially have 17 exam rooms and 2 trauma rooms in service.
- The new six-bed Palliative Care Unit is designed to offer care, comfort and support to palliative receiving end of life care and their families. Each patient will have a private room and the furniture and finishes will help provide a more home-like feel. The unit also includes a solarium and patient balcony.
- The health centre has been designed and equipped with many green features including low flow sinks; LED and automatic lighting; dishwashers that use 30 per cent less water and heat wheels that will re-claim heat from exhausted air. These features may help avoid carbon gas emissions equal to what 2700 vehicles would produce each year.
- A new helipad is on-site to allow for rapid transport of patients to and from the health centre.
- It is estimated that 1 in 5 Canadians will experience some form of mental illness in their lives. Mental illness can affect anyone, regardless of age, gender, education, income or employment. Many people with mental illness benefit from outpatient programs and services, however more than 150 residents of Colchester East Hants and neighbouring communities are admitted for psychiatric care each year. The new Psychiatric Unit will have 10 inpatients beds and two observation beds. The unit has been constructed to allow for up to 20 beds in the future.
- The Outpatient Rehabilitation Department; which offers physiotherapy and occupational therapy services; will have dedicated space to provide care to pediatric patients and increased space will allow for group programs and one-on-one care to be offered at the same time.
- Isolation rooms throughout the health centre will help prevent the spread of infection by allowing patients with infections such as MRSA (harmful bacteria that resists antibiotics) to be separated from other patients while they receive care.
- The dialysis service currently has three chairs, operates six days a week and cares for nearly 20 regular patients. Space has been constructed to allow for the future expansion of the service, which would allow more patients to receive care in Truro in the future.

Visit our website  
for more fast facts:  
[www.cehha.nshealth.ca](http://www.cehha.nshealth.ca)



## ~ Move Week ~ November 19-25, 2012

Between November 19th and 25th we'll be moving from Colchester Regional Hospital to the new Colchester East Hants Health Centre at 600 Abenaki Road. It's only a few blocks away, but it's a *BIG* move!

Ensuring a safe and efficient move for more than 100 patients, 800 team members, dozens of services and truckloads of equipment, takes careful planning and coordination. It will also result in some changes to our services.

Our emergency department, chemotherapy, inpatient care, labour and delivery services, dialysis, emergency surgery and other critical services will be available throughout our move week.

Some other services will be scaled back while we complete our move. Many programs and clinics are booking fewer appointments, or will not be offered during all or part of our move week, including elective surgery, non-emergency x-rays, physiotherapy, Public Health clinics and others.

*Please note the following changes and how they might affect you. We encourage you to clip and save this notice.*

### Emergency Department

At 7 a.m. Sunday, November 25, the Emergency Department at Colchester Regional Hospital will close and our new Emergency Department will open at 600 Abenaki Road.

### Obstetrics (Labour & Delivery)

As of 7 a.m. Sunday, November 25, women who believe they are in labour should come to the main entrance at the new Colchester East Hants Health Centre.

### Outpatient Laboratory Collection

Collection services will not be offered as follows:  
Truro - November 23, 26 or 27.  
Elmsdale - November 23 and 26.

### Visiting Hours

On patient move day — November 25 — there will be no general visiting until 4 p.m. This will help cut down on traffic while patients are being moved and will allow time for patients to get settled into their new rooms.



Watch and listen for more information  
or visit us online for ongoing updates...

[www.cehha.nshealth.ca](http://www.cehha.nshealth.ca)

NOVEMBER 2012						
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	<del>19</del>	<del>20</del>	<del>21</del>	<del>22</del>	<del>23</del>	<del>24</del>
<del>25</del>	26	27	28	29	30	