

Craft & Farmers Market Opening – May 19TH

By Margie Allen

The Spencer's Island Craft and Farmers Market will be re-opening for the season on May 19th at 69 Beach Road in Spencer's Island off Hwy # 209, next to the Sun Moon and Stars. The market will be open from 1-4 pm every Sunday until the fall.

A variety of new artisans will be joining the quaint rural market this year.

There will be plenty of new smiling faces and a large variety of artistic crafts such as: useful hand-made wooden articles; handmade knitting, hooked rugs and toys; handmade jewelry; eco thermos bottles with beautifully applied designs; personalized wooden, glass, sewing and signs; handmade soaps, beeswax candles balms, creams and eco food wraps.

If you are looking for more, you will find" a variety of honey and maple products; fresh locally grown seedlings, plants, vegetables (when is season), herbs, herbal tea blends and meals in a jar; and of course we have a variety of baking going on this year.

On our opening Sunday there will be home made meat pies, cheesecakes and some of the tastiest breads and sweets around.

There is something for the whole family so take a drive and enjoy a Sunday afternoon, walk the beach and join us at The Spencer's Island Craft and Farmer's Market at 69 Beach Road in Spencer's Island off Hwy #209, next door to the Sun Moon and Stars.

Contact Margie if you have questions
902 348 2900



The tables will be full of locally made products and several new artisans will be participating at the Spencer's Island Craft and Farmers Market which will open for the 2019 season on May 19th. The quaint market will be open 1:00 – 4:00 pm every Sunday until fall. (Margie Allen Photo)



The Sunday afternoon quaintness of the Spencers Islands Market becomes a social time for regular customers and allows vendors to develop a bond. (Margie Allen Photo)



Workshop participants, Trudy Weir (left) and Karen Byers (right). (Submitted)

Learning to Sing with Our Ears and Our Hearts

By Beth Peterkin

Who knew you could sing with your ears?? Well, the participants in the Songs from the Heart workshop in Parrsboro heard exactly that message from Stephen Muise, conductor of the Men of the Deeps choir. The workshop was held over 2 days in the Parrsboro Band Association's Hall and featured over 20 participants.

Muise encouraged the singers to "hear" the notes that make up each chord and find the place

where their voice fit. Working through five pieces of east coast music gave the group lots of opportunities to do just that.

Workshop participants included some of the members of the Parrsboro Citizens' Choir, some folks who had never sung in an organized group before, people from other communities in NS and a few from various Open Mics in the area. They were guided in the preparation for performance of no less than five separate choral pieces, all the while being encouraged to "sing from the heart", not merely the dots on the page.

The participants worked all day Saturday, and again on Sunday morning learning warm up, breathing and vocal skills and putting them all into practical use. Sunday afternoon the group presented their efforts, along with several other solo and group vocal performances to an extremely receptive and appreciative audience.

"I was immensely gratified, so many of our local group decided to not only attend, but participate

fully and in some cases, beyond their own comfort zones", said David Towns, conductor of the Parrsboro Citizens' Choir.

Interspersed with the choral direction, Muise provided the group with many stories of the Men of the Deeps choir and especially stories of mine disasters of days gone by. All of the singers in the Men of the Deeps have been miners, and many suffered personal loss from the accidents in the mines. They truly are a brotherhood, and always sing with emotion wearing their hearts on their sleeves. Muise encouraged the workshop participants to remember these stories, as they sang songs such as "Working Man" and "The Ballad of Springhill".

Next up in The Hall's workshop series for 2019 is a Song-Writing workshop on May 11th and 12th. This workshop will be led by Long Sault Trio from MacDonald's Corners, Ontario, and participants will collaborate to write an original song. The workshop cost is \$30. Full registration information can be found at <https://sites.google.com/site/thehallsiteologic/cultural-campus> and pre-registration is required.

On Sunday afternoon May 12, The Hall will feature a Mother's Day Tea prior to a performance featuring the workshop instructors and participants. Admission for the afternoon is only \$10 payable at the door and includes the refreshments as well as the performance. For more information, you can contact Beth at workshops@thehall.ca or 902-728-2144.

The Workshops at The Hall are presented in partnership with Parrsboro Creative and supported by Arts Nova Scotia.

Beth Peterkin is Chair, Workshops at The Hall, 902-728-2144, workshops@thehall.ca



Workshop instructor, Stephen Muise, conductor of Men of the Deeps (Submitted)

Big Things Ahead for Parrsboro

By O. Rosemary Rowntree

The Parrsboro & District Board of Trade is on the move with big plans and lots of enthusiasm. The 2019 Directors are Rosemary Rowntree - Ottawa House; Steve Johnson -

Parrsboro Creative; Debbie Hertzfeldt - Scotia Heritage Productions; Thor Lengies - River Hebert / Joggins Development Association; Sandra Currie - FORCE; Rick Zielewicz - Sunshine Inn;

Debbie Boehlen - Canadian Centre of Indian Head Massage and David Roberts - Rockcliffe by the Sea.

Plans for the coming year fit well with the Fundy Loop and Cliffs of Fundy GeoPark; two very interesting projects that are filled with great potential for the entire Shore. In addition to the old chestnuts (Old Fashioned Saturday Night and an All-Candidates Event prior to the election), there will be two prongs to the goals:

Go Green - to include position statements on environmental issues, reduction of plastic in town, encouraging retailers to get on board, involvement with the schools and an attempt to 'educate and entertain' on climate change.

Community Development - Tidy the Town, Promote Parrsboro, better signage, use of existing business educational programs, enhancements to tourism, and the sale of "green" and Parrsboro related items

Parrsboro Plein Air Festival – Tops In Canada!

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Hall (44 King Street) and one at Art Lab (121 Main Street), both open 9:00 am to 5:00 pm and both free of charge. Sunday also features the Quick Draw contest, a crowd favourite which is open to all the visiting plein air artists and also to any members of the public. "This is one of our most popular events," says Parrsboro artist Janet Doble. "We encourage all age levels to participate, and last year we had several teens come out to paint, and even some 6 to 10 year olds. It really was a joyous experience and so exciting to see community and professional artists painting side by side all over Main Street".

"We love the artists coming here", says business

owner Lori Lynch, "it brings a new energy to the town, and it's one more thing that shows Parrsboro is really on the move. By becoming known throughout the Maritimes and by drawing attention from across North America, our Plein Air Festival is bringing in more tourists from far and wide, and this is helping to lead this community into a bright new future

The International Parrsboro Plein Air Festival, "A gorgeous festival in a gorgeous location", artist Margery Jennings

Robert More, Executive Director, Parrsboro Creative can be reached at: robert@parrsborocreative.com, 902-728-2007, www.parrsborocreative.com

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