



Some of the organizing committee for the upcoming 55 and up Senior Games in Colchester from May 6th to May 22, are, standing from left to right, Bob Standing, Bob Webb, Ruth Morrison and Cody Brown, Director of Parks and Recreation for Bible Hill. In the front row, Les Haley, Chairman of the Local Senior Games committee and Anne McNutt. A very exciting program has been lined up for 2019. (D Brown Photo)

Local Senior Games

The local senior games is a week filled with fun, fitness and friendship. This week is designed for people 55 years and older who are looking to try some new activities or just partake in some of the old favourites. It doesn't matter what your fitness level is, there

is something for everyone of all ages and physical abilities. These events are designed to fit everyone. This is an opportunity to meet with old friends, or form new friendships. Come and join us for a fun-filled week May 6-10/19.

DEADLINE FOR REGISTRATION IS MONDAY, APRIL 29, 2019

RETURN REGISTRATION FORM WITH CASH OR CHEQUE (IF BY MAIL) MADE PAYABLE TO:

Local Senior Games
c/o Tina Leger
68 Barry Avenue
Truro, Nova Scotia B2N 4Y3
tcl@eastlink.ca
or

REGISTER IN PERSON AT ONE OF THE ADVANCED REGISTRATIONS BEING HELD:

Thursday, April 18 @ 1p.m.-3p.m. Bible Hill Village Hall - 67 Pictou Road

Monday, April 22, & Thursday, April 25 @ 2p.m. Bible Hill Bowlcade

Note: If after you register you are unable to participate, please call Tina Leger @ (902) 895-9524

The Local Senior Games association consists of representatives and volunteers from each of the following Municipalities:

Truro Parks & Recreation | (902) 893-6078
Col. County Recreation Services | (902) 897-3185
Village of Bible Hill Recreation | (902) 893-8083

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A Cooperative Project of Bible Hill, Colchester County and the town of Truro



May 6-10, 2019

Schedule

Monday, May 6, 2019		
9a.m.	Scrabble	B.H Village Hall
1p.m.	Washer Toss	Exhibition Grounds
6p.m.-8p.m.	Casual Walking	RECC
6:30p.m.	Tennis	Truro Tennis Club

Tuesday, May 7, 2019		
9a.m.	Skip-Bo	B.H. Village Hall
9:30a.m.	Darts	Truro Horseman's Club
1p.m.	Social Bridge	B.H. Village Hall
1p.m. (Rain date May 9 at 1p.m.)	Lawn Bowling	Douglas St. Rec. Centre
6:30p.m.	Table Tennis	St. David's Church

Wednesday, May 8, 2019		
9a.m.	Crokinole	B.H. Village Hall
12:45p.m.	Duplicate Bridge	Lion's Club
1p.m.	Cribbage	B.H. Village Hall
3:30p.m.	Disk Golf Trial	B.H. Junior High

Thursday, May 9, 2019		
9a.m.	Euchre	B.H. Village Hall
10a.m.-12p.m.	Casual Walking	RECC
1:00p.m.	Auction 45's	B.H. Village Hall
6:30p.m.	Pickleball	Harmony Heights School

Friday, May 10, 2019		
9a.m.	Bowling	B.H. Bowlcade
5:30p.m.	Closing Banquet	B.H. Village Hall

Wednesday, May 22, 2019		
9:30a.m. (Rain date, May 24)	Golf 18 holes	Mountain Golf Course



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Colchester-Musquodoboit Valley

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