

Not since Moses Back Again on August 2ND



The very unique "Not Since Moses" run on the floor of the Bay of Fundy will be held on August 2nd.

For detailed information, registration forms, and to register as a volunteer visit: www.notsince-moses.com

Here's an outline of the details as announced so far:

Adults and teens can choose from two courses: a 5K which starts and finishes at Sand Point in Five Islands, Nova Scotia, running across a tidal river and out onto the exposed sea bed next to magnificent cliffs only seen by boat normally; a 10K which starts at picturesque Soley Cove and finishes at Sand Point. Buses will transport all runners (10k and 5k) and all volunteers and spectators to the start lines. The buses leave and return to the ball field along the main highway, which will be prominently obvious to all coming from either east or west.

And for kids: The Basket Run offers courses of 100 and 500 meters along the shore, in sight of parents and cheering spectators. Entrants (\$10) get an official Not Since Moses shirt and a medal.

Where: At the spectacular vista of Sand Point, Five Islands. On the scenic Glooscap Trail, just two hours north of Halifax, one hour from Sackville NB. Sand Point juts into the bay, facing the dramatic five islands near the shore.

When: Sunday August 2, 2015. The 5k and 10k start at 7:45 a.m. The Basket Run starts at 9:30 a.m.

Cost: ADULTS: For registrations received by Monday July 27th, \$50 for adults including atop quality Not Since Moses shirt.

For registrations received between July 28th and August 1, \$75 with a top quality Not Since Moses shirt.

No adult registrations accepted the day of the run.

KIDS: Kids fee is \$10 and can be accepted through race day.

REFUNDS: No adult or kids race refunds but if you cancel before the day of the event, your fee will be carried over to next year and you will be guaranteed entrance to the run.

Prizes: 2015: \$100 to first place male and female finishers in the 5k and 10k; \$75 to second places; and \$50 for third places.

Lodging: Our shoreline between Truro and Parrsboro has very few available lodgings so if you wish to stay over that weekend, find and book something early. Inns along

the shore including in Parrsboro, 20 minutes away from the start. Camping available nearby including Five Islands Provincial Park.

Volunteers: We are helpless without volunteers. This is an intense event, very odd and our need for volunteers is critical, for safety and for guidance and spreading the joy.

If you or someone you know can help out the day of the run, please read more on the volunteer page. You get a free shirt and will have so much fun you will wonder why everyone doesn't volunteer.

Parking: All participants including volunteers and spectators will park at the baseball field on Highway 2 in Five Islands. It will be well marked with lots of volunteers. From there buses will deliver you to the 5k start area on Wharf Road or the 10k start area 15 km away, around Economy Mountain.

Kids Events: 500 meters for kids 12 and under. 100 meters for ages 3 and under.

Where: Five Islands, Nova Scotia.

When: Sunday, August 2nd, 2015. Start time is 9:30 a.m. After the adult start at 7:45 a.m. so we can watch the kids run! It's really a thrill!

Who: Age 12 and under. **Cost:** \$10

Prize: Each participant who finishes gets a medal

and an official Not Since Moses shirt for all finishers.

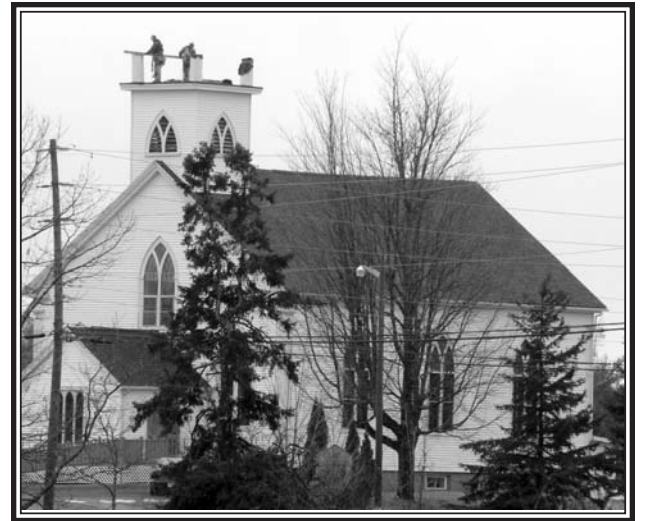
To Enter: Register the day of the event or for advance registration download the form, fill it in and mail it to: Not Since Moses, 44 Eagles Loop, Lower Five Islands, NS B0M 1N0. <http://www.notsince-moses.com/>



On April 16 the Parrsboro Lions Club invited the Works employees to join the Lions Club for dinner, as a thank you for their hard work with the never ending snow. (Lawrence R. Nicoll Photo)



John Hendwood accepted the certificate of appreciation on their behalf from King Lion Rob Bentley. (Lawrence R. Nicoll Photo)



Erskine United Church steeple has been looking much shorter as workmen continue repairs on the four spirals. (Harrington Photo)

Bass River United Baptist Church
5692, Hwy 2 - Bass River NS - B0M 1B0

Sunday Worship Service 11 a.m.

Bible Study - Mondays 10 a.m.



Gospel Coffee House

4th Saturday every month... 7 p.m.

Lic. Larry Tirrell - Pastor
Church: 902-647-2567 Home: 902-843-5941



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 SAT: 8:00-1:00