

Dorothy's Kitchen Korner

On April 18th my world got turned upside down with a fire that destroyed my (our) t-shirt store. It's very nerve wracking to stand there see your livelihood, life savings and over 3,000 pieces of clothing being consumed in smoke.



Earlier in the month things were fine, because at the end of March, Audrey Pratt, Belmont called and talked to Maurice saying how much she likes Kitchen Korner, and wondered if I would have an interest in some data of times during the war? She send along four of a 12 page section, "40 Year On" from a UK paper. It make for interesting review.

Along with the pages, she sent a more recent communication she received from a war bride in British Columbia. The piece was written by a Joan Reichardt. Here it is; "Remember When..... do you remember dried eggs??? They came in a package about the size and consistency of a brick - with sort of brown heavy wax paper over a brown cardboard box. And when you managed to open it, you found a bright yellow powder that was almost paste like. It came with instructions telling you how much to use and how to "reconstitute" it - not that it ever tasted or looked anything a real egg.

One day the package was being difficult to open and I tried to help. When I got it open and exposed the contents, there, on the top, was the biggest, greenest caterpillar, I had ever seen. It was dead of course, but looked undamaged and distressingly lifelike. Given the shortage of food, we just removed the corpse and carried on.

After I came to Canada, I discovered the caterpillar was a Tomato Horn Worm. I also learned from young women I met in Saskatoon, who had worked in the Egg Plant, some unfortunate details of how Dried Eggs were prepared. It was not pretty. I had a recipe for a chocolate steamed pudding which consisted of flour, cocoa, dried eggs, dried milk and crushed saccharine tablets. Yummy???. I just found out that saccharine was a bi-product of coal tar. - Joan Reichardt.

In another message exchange, I found on the internet, Joan writes, "Many people don't know and don't care what it was like for the general population in those wartime days. Anything that was not rationed was unobtainable! I remember sitting with a pair of scissors cutting PRUNES into small and smaller pieces to represent raisins and currants for a 'Christmas Cake' for Christmas 1944"

Here's a quick recipe I tried before and decided last evening to give it another go. It take 10 minutes to prepare and requires only three ingredients. It's found on nearly every bottle of peanut butter, at least the Kraft Crunchy:

Peanut Butter Cookies

- 1 Cup peanut butter
- 1/2 cup sugar
- 1 egg

(I add a bit of flour for binding).

Combine first three ingredients until well blended, then sprinkle in a bit of flour. Roll into 24 balls place on cookie sheet - two inches apart. Flatten with moistened fork. Bake in 325 oven for 15 minutes or until lightly browned. (Don't overcook).

The Shoreline Journal's 3rd Annual 90 & 90+ birthday party at the Economy Recreation Centre on May 4th, maybe some of the birthday celebrants or their caregivers will bring along some recipes.

I'm always in need of recipes. Hope you will take a few minutes to send along some of your favourites.

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The Shoreline Journal

Notes from our Federal Capital

Staying Focused on Jobs and Economic Growth for Canada

Recently, our Conservative Government introduced Economic Action Plan 2013 - a plan to fuel job creation, generate economic growth, and secure Canada's long-term prosperity.

Since taking office in 2006, our Government has pursued a positive agenda to make Canada's economy stronger, helping create more good, high-quality jobs. This has included lowering taxes over 150 times (lowering the average family's tax bill by over \$3,200), supporting entrepreneurs (lowering taxes on job-creating businesses), opening more markets to Canadian goods with increased trade deals, and much more.

That positive agenda has kept Canada's economy on the right path. During the global recession and recovery, Canada's economy performed the best among all G-7 countries - including Germany. Indeed, Canada has created over 950,000 net new jobs since the depth of the recession, the vast majority being full-time and in the private sector - the best job growth record in the G-7.

Notes from our Provincial Capital

Fire Protection. Make public safety priority.

During the last few years, concerns about fire safety in our forests and the staffing of fire towers in Cumberland and Colchester counties have been brought to my attention. These concerns focused on the need to protect our homes, our properties, our woodlots and our provincial parks. They also focused on the strength of our provincial firefighting programs, and their ability to respond effectively and efficiently in time of need.

I began meeting with the Minister of Natural Resources in 2011, and also put the concerns of my constituents in correspondence. Our discussions and the subsequent letters were directly related to safety and the firefighting capacities within the department.

Following the forest fire disaster in Porters Lake in 2008, a number of recommendations were made to the department. They focused on manpower, equipment and expertise. One of the trou-

News from our Municipal Council - District 10

Good Morning Folks

The past six months at council have been some of the more difficult and contentious that I have seen in my 4 1/2 years on council. There have been several very difficult issues, ranging from, wind turbines, support for local pools, fracking fluids, projected operating losses at the new civic center and of course the yearly budget. Before going further I must say I read the tea leaves a bit wrong and was premature suggesting the budget as presented was heading for a tax increase. In fact, I hope you will be relatively satisfied when the tax rate is set in the very near future.

Now back to my main point, there have been several issues that could have divided council. There has been a lot of heated and passionate debate as councillors fought for what they believed to be right and in the best interests of the Municipality as a whole. There have been all kinds of opportunity for council to be divided and to get out in public criticizing other councillors. For the most part this has not happened.

News from our Municipal Council - District 9

Clean up after your dog

It sure doesn't seem like it has been a month since I last sat down to write this article, but as they say "if you enjoy what you're doing and stay busy, time sure does fly". Well I definitely enjoy everything I do and I sure have been busy.

The Hearings of the appeals against the approval to discharge treated Hydraulic Fracking Wastewater into the Debert Sewer System will be held at 6:30pm May 6th and 7th at the Royal Canadian Legion in Debert. There are approximately 25 to 30 appeals filed with the new Sewer Use Appeals Committee. All appeals along with other information pertaining to this issue can be found on the County web site at www.colchester.ca click on Treated Fracking Wastewater.

Spring has definitely settled in, with the snow now gone, here on the low lands of Lower Onslow. As a result of the snow disappearing, concerned citizens and pet owners started to complain about the amount of dog feces visible on the sides of our

However, as we all recognize, Canada is not immune to challenges from beyond our borders. We have been and will continue to be impacted by ongoing turbulence in the US and Europe - among our most important trading partners.

That's why, Economic Action Plan 2013 focuses on more positive initiatives to support job creation and economic growth.

For instance, we're increasing skills and training support with the new Canada Job Grant to help more Canadians get high-quality, well-paying jobs. Under the new Grant, Canadians will be able to qualify for up to \$15,000 per person to get the skills and training for in-demand jobs. Even better, the Grant will directly connect employers looking for skilled workers with Canadians who want to fill those jobs.



Scott Armstrong

continued on page 6

bling decisions following those recommendations was the reduction in the number of fire tower operators in the Central Area (which includes Cumberland & Colchester). This leaves us in a very vulnerable position. I brought to the attention of the Minister that there were fire tower positions in the Central Area that were not filled. In spite of the concerns I shared on your behalf, he confirmed they would not be filled. I asked that he reverse that decision. He refused. I asked how residents could expect to feel protected from forest fires. He advised the surveillance which had been provided by fire tower operators would now be provided by a fixed-wing aircraft out of Greenwood.

I encouraged the Minister to continue with his plan for aircraft

continued on page 6



Karen Casey

One of the things that I most enjoy about Municipal Government is the fact that there are no party politics involved; issues are debated on their merit and the majority rules. From my prospective, I am proud of that. Now I certainly do not expect everyone agrees with every decision council makes. However, please rest assured all the facts have been presented, serious and often passionate debate has taken place and council has moved on as a team to other issues.

Over the past month as the snow has disappeared, people have discovered some illegal dumps. This is disgusting and inexcusable. It seems some folks do not really care. One way of combating this is public pressure. Some people have started to publicly shame the folks who have done this.

Recently, I have seen pictures on face book where someone

continued on page 6



Tom Taggart

roads, in our local community parks and on the walking paths of our trail systems.

There are a lot of good reasons to clean up after your pets and here are just a few to keep in mind not only this time of the year but all year. Just because there is snow on the ground is no reason not to pick up after your pet.

It is against the law not to clean up your pets feces from property other than that owned by the pet owners. The fine in the County of Colchester is \$342.41. Now this may actually be cheap compared to the second best reason to make sure you scoop.

Feces left in the open air will gather parasites and any animal that makes contact with the feces, such as your own dog, can become very sick. The cost of a veterinarian bill will be much greater than the cost of a pooper scooper.

continued on page 6



Doug MacInnes

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