

# 48<sup>TH</sup> Annual Spring Tradition Continues...



Debert and Area Garden Club member Susan Black is busy digging and potting perennials for the upcoming Plant Sale. Sale date is Saturday, May 14th, from 10:00 am - 12:00 noon at the lodge hall, 1191 Plains Road, Debert. Big change this year - all plants will be selling for \$2.00 each. The draw for the Gardener's Basket will take place at 12:00 noon. Tickets are available from Club members or at the Plant Sale. Proceeds are used to support an annual bursary to CEC graduates who are attending NSAC. (Lynn Strong Photo)

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we remember our parents or grandparents having in their gardens but also many of the newer hybrids that are popular now. Unlike many other Garden Club Plant Sales where individual plants are priced at a higher value because of their size or popularity the Great Village Garden Clubs has set a standard price for all perennials at \$2 regardless of the size of the clump or how rare or popular that plant may be. The garden club understands that everyone does not have a green thumb so they ensure their clumps are a good size with a good root system to ensure success regardless of who buys the

plant. All plants will be labeled and members will be at the tables to assist with any questions you have about any plant.

At a time where commodities are escalating in price at all retail outlets this is a great opportunity to purchase top quality plants at very reasonable prices to beautify your property.

Some of you may have not have been at our sale since we moved to the gym site, so why not come and see what we are about on May 14th. The sale starts at exactly 10am, but we do allow you to come early and look over the material to see what you would like to buy.

*Happy gardening.*

## Onslow Belmont Notes

By Debbie Weatherby

It is sure nice to be driving around and see how green everything is starting to look. The winds though almost make you think it is March and not April. Have been seeing lots and lots of geese, a few deer and pheasants around to.

Congratulations go out to Robert and Rebecca Ripley of Belmont on the arrival of their baby boy on March 22, 2011 weighing in at 8 lbs. 6 ozs.

Condolences go out to John Cook of Belmont and the families on the loss of his mother Greta Mae Cook on March 25, 2011.

Services are held every Sunday at the Trinity United Church in Onslow at 10:00 a.m. with Sunday School at the same time. Until April 30th, while Rev. Gerald Kerr is away on Sabbatical leave, the charge is being served on half-time basis by Rev. Natalie Buchanan-Rutherford. If anyone wishes to contact the church the office number is 895-4188 and leave a message or during office hours Wednesday, Thursday and Friday Mornings. There is card playing of 45's every Tuesday evening at 7:00 p.m. with lunch and prizes provided. All

## Health and Wellness Day APRIL 30<sup>TH</sup>

By Heather MacKay

The Great Village Community Association has organized a great event with many exhibits and practitioners, which will be held at the Great Village school gym on April 30th from 10 am to 2 pm. Many door

prizes and draws are planned with lunch and snacks available. The day will start off with a guest speaker at 10:15 Susan MacDonald, Amherst, is an amazing stage 4 cancer survivor. She will be speaking on The Language of the Soul.

## Great Village Garden Club News

By Arthur Haksins

The Garden Club met on March 22 at Faith Baptist Church. We welcomed back Eileen Eaton from her extended stay in Ottawa. The Perennial sale is set for May 14 and the school gym has been booked for that date. This is our main fundraiser and we expect to have a large and wonderful sale.

We will continue our project of supplying the local schools with appropriate books to celebrate "Earth Day". Delegates were selected to attend the annual garden club convention in June at the Atlantica Hotel and Marina Oak Island Lunenburg Co.

As part of the Elizabeth Bishop celebrations this year the Garden Club has offered to do "spruce up" of the Elizabeth Bishop property just prior to the event.

Plans are being made to hold an information session/panel discussion on the topic of biosolids at the April meeting. We plan to examine the use of biosolids on field crops and their effects on the soil/plants as well as their effect on people in contact with these.

For Program: Linda Giddens gave a talk on a visit she and Murray had made to "Beinn Bhreath" the summer estate of Alexander Graham Bell overlooking the Bras d'Or Lakes in Cape Breton. They set out last Thanksgiving weekend and rendezvoused with the estate's horticultural caretaker, Don Nicholson at that famous landmark in Baddeck "Tim Hortons".

Then on to the estate which was established in 1893 and features perennials and self seeded annuals from before the 1920's. Although located in Cape Breton this site offers many micro climates and areas of the estate have plant zone 8 characteristics. Plants such as cherries,

are welcome to come out for an enjoyable evening.

Belmont Baptist Church services are held every Sunday at 11:00 a.m. with Sunday School held at 9:30 a.m. Prayer meeting is held Wednesday evenings at 7:00 .m. If anyone has something they would like to see written please give me a call, 662-2425.

At 11am Barbara Adams, Physiotherapist, Atlantic Balance and Dizziness Centre will share her knowledge and answer any questions regarding Fibromyalgia. At 11:45 am Celeste, local Yoga, aerobics and Zumba instructor will be joined by some friends to demo some Zumba dancing. Celeste offers classes Mon and Wed at the Great Village School Gym.

At 12:45 Melissa Sarazin, author, will speak on "Wellness From Within" Our day is very full. We have 25 vendors and practitioners prepared to answer questions and give

suggestions ranging from Reiki, Foot Care, Sleep Apnea, Physiotherapists, Simply for Life, Aromatherapists, Acupuncturists just to name a few.

We would like to thank all the vendors and practitioners for joining us and Along the Shore Health Board for supporting this project. We hope that everyone will enjoy the day and it will help you make connections for support and motivation, so each of us have the opportunity to have a healthier and well balanced life.

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