

Debert Child Development Centre Accepting Registration



By Linda Harrington

It is not too late for children to attend pre-school classes at the Debert Child Development Centre. There is still two months before summer vacation, plenty of time to share in the fun and make new friends.

The Debert Child Development Centre is a non-profit co-operative pre-school. Parents are encouraged to be involved to help keep the costs low and to share in the experience with their child.

The Centre is licensed for 12 students in each class, with one Early Childhood Education Teacher and one supportive care worker leading the activities.

Megan MacLean, ECE teacher, is happy to meet with any interested parents and their children. "Parents are welcome to drop into the Debert Child Development Centre with their children



and have a look around. Now is a great time to sign up for a few classes before summer or register for the fall session."

Children will enjoy several free play stations including dress-up, building blocks, playdough, and painting stations along with more structured play. There is outdoor playtime when weather permits and several field trips are held throughout the year.

Pre-schoolers have the option to attend from 1 to 4 classes per week. The cost for 2 mornings/week is \$60 per month, with some subsidized seats available.

Several fund raisers are held throughout the year, including a Mother's Day Tea on Saturday, May 7th from 11AM- 2PM at the Debert Legion. Tickets are \$5 at the door and only \$2.50 for children under 5 years.

For more information please phone Megan MacLean at 662-2225.

Refundable Drive June 4TH

By Chris Urquhart

There will be a Refundable Drive on June 4th at the Masstown United Church. Please keep saving your refundables. Items can be dropped off at the Church or if you need them picked up prior to the drive call either Kay 662-2140 or Chris 662-3550. If you can help out in any way with this drive please arrive at the Church by 9am.

We always need drivers, sorters and baggers! Please remember that refundables are items on which you have paid a deposit, such as pop, beer, juice, etc. but not milk containers! Save us from sorting out garbage as we rush to sort and count the refundables in time to take them to the bottle exchange by 12 noon!

We will truly thank you.

The Power Of Positive Thinking

By Chris Urquhart

Negative thoughts can feed pessimism and create unnecessary stress. You can learn to turn negative thoughts into positive ones. The process is straightforward, although it's challenging, especially at first. Start by following one simple rule: Don't say anything to yourself that you wouldn't say to anyone else.

Throughout the day, stop and evaluate what you're thinking. If a negative thought enters your mind, evaluate it rationally and respond with affirmations of what is good

about yourself. You may be surprised at what you find. You really are a great person and a good friend. Look around you. Do you see the glass as half full?

Count your blessings, be grateful for the little things. It is said that if you are content with what you have you will be blessed with more; but if you hunger for more you will never be satisfied. Hungering for more just increases your stress levels.

Live stress free. Be thankful for what you have. Think positive. Be positive.

Todlynn MacPherson to Head Truro CoC



"2011/12 will no doubt be an exciting year and I look forward to the challenges and changes that inevitably lie ahead" said MacPherson in her acceptance speech. "I would like to take this opportunity to thank our out-going President Chantale Haché for her dedication and enthusiasm throughout the past year and to thank her for her passion."

Haché moves into the position of Past-president, while Don Hay, of Hay Hospitality, becomes 1st Vice President. Taking over as 2nd Vice President is Mike Michaud of Berry's Furniture Plus. Ellen Sampson of Patterson Law remains the Chamber's solicitor

while David Miller continues as Treasurer.

I would like to personally thank Jim Lorraine of Riverbreeze Farm for his help and dedication during his time as President and Past-president," said Tim Tucker, the Chamber's Executive Director. "Being able to draw on his experience has been very beneficial to the Chamber."

MacPherson will retain the position of President until the TDCoC's AGM in 2012. At that time, 1st Vice-president Don Hay will take over the top spot.

TDCoC Executive and Board list: 2011-2012 Executive: Past President - Chantale Hache (Belle Sante

Holistic Health Centre and Spa), President - Todlynn MacPherson (Royal LePage), 1st Vice President - Don Hay (Hay Hospitality), 2nd Vice President - Mike Michaud (Berry's Furniture Plus), Treasurer - David Allan Miller (PWC) and Solicitor - Ellen Sampson (Patterson Law).

2011-2012 Board of Directors: Wade Arnold - (CoCo Community Café), Dave Belt - (Seafoam Lavender Farm), David Copus - NSBI, Andrew Lake (Will-Kare Paving), Don Locke (RBC), Karen Baillie (Elegant Steps), Kirk Milligan (TD Canada Trust), Wanda Arnold (D'Maya Consulting and Management Inc) and Fonda Smyth (NSCC Truro).



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