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CAVANAGH'S COMMUNITY CALENDAR

A FREE service to community groups. Phone: 647-2968 or Fax: 902-647-2194

E-MAIL: maurice@theshorelinejournal.com

MAILING ADDRESS: Box 41, Bass River, NS B0M 1B0

April 28: Chowder Luncheon, 11:30 am - 1:00 pm at Debert Fire Hall. Seafood and Corn Chowders & desert, tea and coffee. Adults: \$8.00, children under 12 \$4.00. Sponsored by Debert UCW.

April 28: Masstown United Church Management Committee Meeting 7:30pm at the Masstown Church. Everyone Welcome!

April 28: Coffee Party at the Masstown Church, 2pm. Bake table, play room for the children. Everyone Welcome!

April 30: Friday Supper at the Debert Legion 4:30pm to 6:30pm. Baked Ham, potatoes, veggies, dessert & beverage. \$9 per adult, \$4.50 children under 12. Wheelchair accessible, take outs available, everyone welcome.

May 1: Great Village Gym, 11am. Watch for poster on Metal Detector Information session and treasures Great Village.

May 1: Legion Dance, Debert Legion Branch 106, 8:30-1am. \$5 per person. Music by JIMI. Members & Guests Welcome. Must be 19 years or older. Sponsored by Debert Legion Mixed Dart League.

May 1: The Onslow-Belmont Fire Brigade presents Old-time DANCE at Onslow School featuring Ivan & Vivian Hicks with the Berry Hill Band. Dancing 8:30 to 12. Stewart in Attendance. For more Inf. phone 897-4553.

May 1: Free Medal Detector Info session 11:00am at Great Village School Gym. If you have a medal detector bring it along. But it is not a requirement to attend. Listen to stories of local treasures that have been found. Some local treasures found will be on display. You never know what treasures are in our own

backyard. Everyone welcome. Contact Heather for more info 668-2501. Brought to you by the Great Village Community Association.

May 1: The Debert & Area Jam Sessions will be held 1:00 pm - 5:00 pm at the lodge hall, 1191 Plains Road, Debert. Light lunch. Everyone welcome.

May 3: 6:30-7:30 Fitness Great Village School Gym

May 3: 7:30-8:30 Yoga Great Village School Gym

May 4: Meals to Wheels, Great Village - Menu: Lazy Man's Cabbage Rolls. Dessert Peaches and Cream Pie.

May 4: 3:30-4:30 Walking Group Great Village School Gym

May 4: 7-8pm Karate Great Village School Gym

May 5: Portapique Hall, 6pm. Guest Speaker Jennifer will be leading us in Qi Gong a beautiful, flowing combination of movements and breathing techniques that stimulate energy flow and promote natural resiliency.

May 5: 6:30-7:30 Zumba Great Village School Gym

May 5: 7:30-8:30 Yoga Great Village School Gym

May 7: Friday supper at the Debert Legion 4:30pm - 6:30pm. Pan Fried Haddock, mashed potatoes, veggies & beverage. \$9.00 per adult, \$4.00 per child under 12. Wheelchair accessible, take outs available, everyone welcome.

May 7: Walking Group Great Village Walking Group

May 9: Great Village Masonic Lodge "Jams" from 1pm to 5pm. Great Village Lodge Building, 30 Station Road, Great Village. Open Mic. Everyone Welcome. Admission

Price: Musicians Free, others - small donation. Shared Lunch. Tea and Coffee available.

May 10: The Debert Military History Society will hold their monthly meeting at 7PM, at the Debert Military Museum. All are welcome to attend.

May 10: 6:30-7:30 Fitness Great Village School Gym

May 10: 7:30-8:30 Yoga Great Village School Gym

May 11: Truro UCW Presbyterian Spring Rally, Collingwood United Church Collingwood. Registration: 9:30-10:00am. Bring your own lunch and mug. Morning presentation is by Autumn House—a safe haven for women and children). Afternoon presentation: a) Letha Mowatt-Past President of Conference UCW—Highlighting her past 2 years as president; b) Collingwood-Hollywood - Bring your best singing voices. All ladies Welcome!

May 11: Ladies, join others for a Continental Breakfast, 9:30 - 11:30 am. That Might Just Transform Your Life. We meet at the Patio Lantern Restaurant, 1290 Prince St., Truro Admission \$7.00. Feature - "Natural Wellness" by Tasha Stokdijk, Independent Distributor of Melaleuca Products. Guest Speaker: Robin McCoombs "Your Life Can Be Transformed". So we have lots of tea/coffee and food for all. Please call by May 5 to register your name with Joanne 897-0884 or Ethel 895-4132 or joannehauser@eastlink.ca Program sponsored by the Truro Christian Women's Club (non-profit/non-denominational)

May 11: 3:30-4:30 Walking Group Great Village School Gym

May 11: 7-8 pm Karate Great village School Gym

May 12, 18, 26: River Hebert will host mobility workshops to help local seniors learn about Assistive Devices that can help prolong independence. The Mobility Team Workshops dates in River Hebert are May 12, 18 and 26. You must pre-register. The workshops run from 10 am to noon, followed by lunch. It is important that you attend all three workshops. For more information, contact Gertrude Hollis, 661-5638 or e-mail nscentral@preventingfallstogether.ca

May 12: Portapique Hall, 7pm. Guest Speaker, Sharon Beattie is a Certified Hypnotherapist with the National Guild of Hypnotists. She tells us all about Hypnosis and it's benefits. Hypnosis has been proven to be very effective in Weight Management, Stress Reduction, Self-Esteem/Confidence issues etc.

May 12: 6:30-7:30 Zumba Great Village School Gym

May 12: 7:30-8:30 Yoga Great Village School Gym

May 13: 7-8pm Karate Great Village School Gym

May 14: Friday supper at the Debert Legion 4:30pm - 6:30pm. Roast Beef, mashed potatoes, veggies & beverage. \$9.00 per adult, \$4.00 per child under 12. Wheelchair accessible, take outs available, everyone welcome.

May 14: 3:30-4:30 Walking Group Great Village School Gym

May 15 & 16: Indoor Yard Sale at Five Islands Bazaar.

May 15: Annual Plant Sale at Economy Fire Hall starting at 1:00 pm. Donations of plants for the sale appreciated. Plants can be dropped off from 11:00 am to 12 Noon. Sponsored by the Board of Stewards, Economy United Church.

May 15: Great Village Garden Club annual plant sale, 10 a.m. - noon at Great Village School Gym.

May 15: The Debert & Area Jam Sessions will be held 1:00 pm - 5:00 pm at the lodge hall, 1191 Plains Road, Debert. Light lunch. Everyone welcome.

May 15: The Spring Yard and Bake Sale will be held at the Colchester Historical Society Museum, 29 Young Street, Truro from 8 am until noon. Donated items for yard sale can be received anytime during open hours and bake table items will be received on Friday, May 14.

May 16 - 11 am until 2 pm - Annual Plant Sale will be held in front of Museum Building, 29 Young Street, Truro. We are seeking donations of perennials, shrubs and trees before 10:30 am or during the previous afternoon. They should be in containers or have roots covered, suitable for handling.

May 17: 6:30-7:30 Fitness Great Village School Gym

May 17: Yoga 7:30-8:30 Great Village School Gym

May 18: Meals to Wheels, Great Village - Menu: Carlotta's Chicken Casserole. Dessert Cake

May 18: 3:30-4:30 Walking Group Great Village School Gym

May 18: 7-8pm Great Village Community Association Meeting @ the Community Centre

May 18: 7-8pm Karate Great Village School gym

May 19: Portapique Hall, 7pm. Registered Holistic Nutritionist Paula Schofield RHN will be talking about weight loss, nutrient and how powerful food is in our daily fast paced world. Everyone

welcome. Non-member \$2 donation would be gratefully appreciated. Sponsored by Along the Shore Health Board. Contact Tammy 647-2378 or Heather 668-2501 for more information.

May 19: 6:30-7:30 Zumba Great Village School Gym

May 19: 7:30-8:30 Yoga Great Village School Gym

May 20: 7-8pm Karate Great Village School Gym

May 21: Friday supper at the Debert Legion 4:30pm - 6:30pm. Pork Roast, mashed potatoes, veggies & beverage. \$9.00 per adult, \$4.00 per child under 12. Wheelchair accessible, take outs available, everyone welcome.

May 21: 3:30-4:30 Walking Group Great Village School Gym

May 22: BBQ at Lowland Gardens, 11am-1pm. Purchase lunch to support the Great Village Community Association. All funds raised go towards getting a well drilled at the Community Centre.

May 22: Gospel Coffee House, Bass River Baptist Church, 7-9 pm. Refreshments Served. Free will offering. Wheelchair accessible.

May 23: Great Village Masonic Lodge "Jams" from 1pm to 5pm. Great Village Lodge Building, 30 Station Road, Great Village. Open Mic. Everyone Welcome. Admission Price: Musicians Free, others - small donation. Shared Lunch. Tea and Coffee available.

May 24: Westchester Community Yard Sale Rain or Shine starting at 8:00 am. If raining some vendors will be at the Fire Hall. Home baking, crafts, flea market items, household furnishings, antiques. Something for everyone. Canteens throughout the village. Washrooms and canteen available at the Fire Hall. Drop by the Old School House. Directions: Take Exit 8, Cobequid Pass.

May 25: 3:30-4:30 Walking Group Great Village School Gym

May 25: 7-8pm Karate Great Village School Gym

May 26: 6:30-7:30 Zumba Great Village School Gym

May 26: 7:30-8:30 Yoga Great Village School Gym

May 26: 7pm Right Fit Group Portapique Hall

May 27 - 7:30 pm - Monthly Society Meeting at Colchester Historical Society Museum, 29 Young Street, Truro. Talk by Sara Beanlands, a Nova Scotia Archaeologist and researcher, will give an illustrated lecture Finding Acadia in Planter Oral History: The Story of the Tiboudeaus and the Shaws of Popular Grove, Hants County. All are welcome. \$2. for non members.

May 27: 7-8pm Karate Great Village School Gym

May 28: Friday supper at the Debert Legion 4:30pm - 6:30pm. Roast Turkey, mashed potatoes, veggies & beverage. \$9.00 per adult, \$4.00 per child under 12. Wheelchair accessible, take outs available, everyone welcome.

May 28: 3:30-4:30 Walking Group Great Village School Gym

May 29: Yard Sale, 9am-1pm. Great Village Gym - Rain or Shine. Are you getting ready to start cleaning up for Spring? The Great Village Community Association will be hosting a indoor Yard Sale. If you would like to make a donations of gently used item to the Community Association please contact us and we will make arrangements to pick up items. All monies raised will be going towards getting water at the Community Centre. Tables \$10. To rent a table Contact Heather MacKay 668-2501.

May 29: The Debert Military Museum will have its Annual Opening at 1PM with a ceremony and an Open House. All are welcome to attend

May 29 - 2 pm - Opening of Exhibit - Horse Power to Horsepower: Colchester's Romance with the Automobile at the Colchester Historical Society Museum, 29 Young Street, Truro. The opening is planned as a fun program with several antique cars on hand to enliven the opening events.

May 31: 6:30-7:30 Fitness Great Village School Gym

May 31: 7:30-8:30 Yoga Great Village School Gym

June 1: Masstown Community Association meets at the Masstown Market at 7pm. Everyone Welcome.

June 1: Meals to Wheels, Great Village - Menu: Fish possibly baked, with mashed Potatoes and green beans. Dessert Pies

June 5: Timmy's Country Pizza Sale. 12" pizza \$10.00. Extra Cheese add \$1.00. Five varieties available: Pepperoni; Veggie - tomato, green pepper, mushrooms and onion; Ham & Pineapple; All Meat - pepperoni, salami and hamburger; Timmy's Special - pepperoni, salami, green pepper, onions and mushrooms. (Freezer orders must be received by June 1st).

Advance orders contact: Elizabeth - 647-2393; Ada - 647-2773; Linda - 647-2636; Carole - 647-2022; Lucia - 647-2583; Shirley - 647-2603; Betty - 647-2248. Local Deliveries available. Sponsored by Board of Stewards, Economy United Church.

June 15: Meals to Wheels, Great Village - Menu: Potato Salad with Cold Cuts. Dessert Fruit Cup with Yogurt

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