

New Members of the Truro and Chamber of Commerce

The following is a list of the new Members who have joined the Truro and Chamber of Commerce since January 1, 2022

SONDER CREATIVE CO.

Everyone has a story worth telling and a dream worth chasing. We help bring your ideas to life through video and design.

Video - Video is an increasingly important tool in delivering entertainment, information or marketing. We can help you stand above the crowd with high-quality video production and editing. From weddings to commercials, we have you covered.

Branding - From logo to language, branding encompasses visual identity and personality. We'll create a unique and unified package not only to put your best foot forward but to continue moving forward with confidence.

Design- Graphic design surrounds our daily lives. Packaging, posters, apparel, social media; it's everywhere. With experience in both digital and print media, we can create design collateral that leaves an impact and give you the edge you need to succeed.

Dylan Langille, Sonder Creative Co. (902) 497-6186, <https://www.sondercreativeco.com/>

THE MENTORING PLUS STRATEGY

The Mentoring Plus Strategy draws upon the skills and knowledge of the retired and near retired (55+) population, to help support individuals (16 - 35+) to explore and connect to career paths that relate to the Future of Work, by implementing a variety of Team Mentoring Initiatives.

The Strategy also supports business sectors, non-profit groups, training programs, secondary and post-secondary institutions and sector councils, to mention a few, as they develop strategies and programming to meet the specific needs of the clientele, partici-



pants, and communities they serve.

Terri Mingo, Mentoring Plus Strategy, (902) 921-3094, <https://www.mentoringplus.ca/>

THE SPOONERY WOODENWARE & NEEDFUL THINGS

All of our wooden spoons and charcuterie boards are hand-made in Masstown from Nova Scotia maple and are treated with 100% pure tung oil for a food-grade protective finish.

The lumber is air-dried for at least one year before being used to create these amazing kitchen tools.

With a huge emphasis on comfort, design and functionality The Spoonery spoons are unique and have so much character. We are proud to say that our spoons are used in kitchens all over the world!

Matt Dondale, The Spoonery Woodenware & Needful Things, 113 Masstown Road, (902) 814-2196

<https://thespoonery.square.site/>

IDJ Construction Ltd

Doug Johnson, Onslow Mountain, NS, Phone: (902) 956-0029
Email: Doug@idjconstructionltd.com

CONTRAST DKI

Since 1996, Contrast DKI has been a leader in the Restoration

Industry, serving Truro and surrounding areas. From water damage to fire loss to mould and asbestos, Contrast DKI is certified to properly and professionally handle all losses.

Water Damage. Fire Damage. Wind Damage. Mould Damage. When the unexpected occurs, Contrast DKI is here to respond. We have extensive experience in dealing with all types of disaster relief - large and small. We understand that when disaster strikes, time is of the essence. We will be here to guide you every step of the way.

Contrast DKI, 41 Atlantic Central Dr, Truro, NS, Phone: 902-895-9196 Email: office@contrastdki.ca

Air Show Atlantic

Air Show Atlantic is one of the productions of the Nova Scotia International Air Show Association (NSIASA), formed as a Nova Scotian not-for-profit society in 1996. The other current production is DEFSEC Atlantic which takes place annually at the Cunard Centre on the waterfront in Halifax, Nova Scotia.

They are proud to be going into their 12th year branded as Air Show Atlantic, the largest air show in Atlantic Canada and one of the larger and older air shows in Canada.

This year will be the 37th full air show in the organization's history. They plan to keep producing an event that helps foster interest in aviation and military heritage across the region and wants to bring world-class entertainment to fans in the communities where hold the Air Show.

Colin Stephenson, <http://www.airshowatlantic.ca/index.asp>, Phone: (902) 223-2099 Email: colin@airshowatlantic.ca

Power Psychological Services

Power Psychological Services' experience and training enable them to offer effective, evidence-based, individualized psychother-

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Attention all GREENTHUMBS

2022

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The PAINT CORNER

by Richard Crawley

Ah! It's Springtime in Nova Scotia!

A time that everyone wants to get outside and start tidying up, plant some flowers, work in the garden and maybe wash a few windows. Almost everyone has certain routines and tasks already to go for their first day of spring.

One of those tasks or routines will most likely include painting or staining and maybe even both! Let's discuss coating wood and vinyl siding.

Vinyl siding is a relatively easy surface to paint as long as you use light and medium colours. A dark colour choice can warp older vinyl siding, so be extremely careful with colour choices and ask your local paint store for advice on recommended colour and products.

Before applying any paint, first check over the surface for any imperfections and when everything is okay, then wash the siding with water and TSP concentrate. You can wash your siding with a power washer but be careful of "The Power" in the power washer. The best way has always been with just a sponge, a bucket and good ole elbow grease! It might be old fashioned, but it still works the best. When the siding is dry apply a 100% Acrylic paint or primer to the surface. Two coats of paint are

EXTERIOR PAINT AND STAIN TIPS Vinyl and Wood Siding

always recommended and you can apply with a brush, roller or sprayer.

Next let's look at wood siding. Wood siding is very porous and is a much different surface than vinyl. In our weather and climate, I've always recommended using a "Stain." A solid stain will look just like paint but it's much thinner and will soak into the wood, creating a better bond for over a longer period of time. Unlike paint it won't peel overtime and even though you might find yourself applying stain more often than paint, you might actually enjoy it more because it won't require any sanding or preparation issues that are caused by applying a paint on wood in our climate. Both oil and water based stains penetrate very well on softwoods. Check with your local paint store and seek out advice on products that they carry and recommend. Older homes that have many coats of paint with blistering and peeling unfortunately need to be scraped and sanded almost back down to the wood. Lots of prep work is needed in that situation to get the wood ready to apply a coating. If you do decide that you want to use a paint, first apply an oil-based primer that's recommended for softwood. When it comes to Paint

or Stain the object is to think smart and have an easy application process and work less on the preparation.

Then you can enjoy the short spring and summer season even more!

Prepare the surface, apply a quality product and you'll never find yourself in a mess that you just can't handle.

Enjoy your spring!

Shop local as much as possible and support your own community and they'll support you.

Next time we'll look at using paint or stain on your patio deck.

Until next time, take care.
Richard



Richard Crawley works with all types of coatings and resides in Truro, Colchester County. Contact: tnswof@gmail.com

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