

The Shoreline Journal Tid-Bits

63rd General Assembly to Open March 9

The second session of the 63rd General Assembly was pro-rogued on Friday, Dec. 18, 2020. The third session of the 63rd General Assembly has been rescheduled and will open officially at 1 p.m. on Tuesday, March 9, at which time the Lieutenant-Governor of Nova Scotia will read the speech from the throne.

Order of Nova Scotia nominations

Nova Scotians are encouraged to nominate an exceptional member of their community for the Order of Nova Scotia. Now in its 20th year, the order is the province's highest honour and recognizes outstanding citizens for making significant and lasting contributions to their communities. Past recipients have included a Nobel Prize Laureate, academics, athletes, volunteers, advocates and artists.

Nominations will be accepted by mail, fax or email until March 19. Nomination forms are available at Access Nova Scotia centres, Province House in Halifax, MLA and MP offices, municipal offices and online. To re-nominate someone, a photocopy of the previous nomination package with a new nomination form may be submitted. Nomination forms are online at: <http://www.novascotia.ca/orderofnovascotia>

1,999 Covid Tests completed

As of February 12, Nova Scotia had nine active cases of COVID-19. No new cases are being reported.

Nova Scotia Health Authority's labs completed 1,999 Nova Scotia tests on February 11. There were 1,006 tests administered between February 5 and 11 at the rapid-testing pop-up sites in Amherst, Cole Harbour, Halifax and Tantallon. Since Oct. 1, Nova Scotia has completed 177,461 tests. There have been 501 positive COVID-19 cases and no deaths.

Tax Lawyer Becomes Partner at Patterson Law

Jennifer Talbot has been promoted to a partner at Patterson Law. Based out of the firm's downtown Halifax office, but available to clients through any of Patterson Law's five offices across the province, Talbot has practiced law for close to a decade, focusing on tax and estate planning for business owners and professionals, including corporate structuring and re-organizations, trusts and succession planning, tax litigation and disputes with the CRA, and advising charities. She is a graduate of Saint Francis Xavier University (Bachelor of Arts, Honours, English), Saint Mary's University (Master of Arts, Atlantic Canadian Studies) and Dalhousie Schulich School of Law.



Skier dies at Ski Wentworth

On February 6 Cumberland District RCMP responded to a report of a missing man last seen skiing earlier in the day on the ski hill in Wentworth. While police were en-route, the man was located off trail by Ski Patrol representatives of the recreational facility. The man was brought to a first aid tent and seen to by EHS, he was not able to be revived. The 43-year-old Halifax man was pronounced deceased at the scene. The preliminary investigation indicates the death not to be suspicious and includes assistance from the Nova Scotia Medical Examiner's Service.

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Deadline for the April issue of The Shoreline Journal is March 23.



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News from our Federal Capital

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Executive Director of The Confederacy of Mainland Mi'kmaq and Tim Bernard, Executive Director of the Mi'kmaewey Debert Cultural Centre with a \$1.2-Million contribution as the first step of a multi-phase funding approach that will support the cultural infrastructure of the future Centre.

The funding, which comes from the Canadian Cultural Spaces Fund, will support the architectural design of the future Centre,

integrating exhibition and site design with a robust community engagement process.

The future Centre will be anchored in Debert, Nova Scotia, where a large group of ancestral sites have been identified over decades of archaeological work.

Lenore Zann, MP Cumberland Colchester Nova Scotia

News from our Provincial Capital

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our province credit ratings and fiscal sustainability scores that were leaders across Canada. Our population is the highest on record. Prior to COVID our employment record was high; our unemployment rate was low. This has put us in a strong position for economic recovery once COVID is controlled. No where in Canada has the leadership throughout the pandemic been stronger and more effective than right here in Nova Scotia. We are the envy of other provinces and indeed other countries.

We can thank Stephen McNeil for working closely with Dr. Robert Strang, and for respecting the medical advice he was given.

Nova Scotians responded in a positive way. Stephen McNeil believed the honour and privilege to be Premier was about purpose, not power. He remained focused, pragmatic and determined to lead this province and to leave it in a better position because of his leadership. The importance of family and his compassion for others demonstrated that he never forgot his roots in rural Nova Scotia.

Karen Casey, MLA, Colchester North is also Deputy Premier and Minister of Finance.

News from our Municipal Council - District 10

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I can say with 100% certainty the younger generation will / is demanding we be more engaged and that we as community and Government leaders accept this carbon reduction strategy. I will ensure that I understand and will be proactive, while still understanding and balancing the im-

pact it has on our rural communities.

Stay warm, enjoy. Green grass is just around the corner.

Tom Taggart has served as councillor for District 10 on Colchester Council since 2008.

Paralyzed By Pain Discovers Breakthrough Relief

(Normally, the Shoreline Journal doesn't publish articles of this nature, but we found it so interesting wanted to find room).

The article which was published by Global News, CTV News and the Globe and Mail on Saturday February 2021, outlined how a retired doctor who experienced nonstop agony discovers a novel treatment for chronic pain, inflammation, arthritis, and muscle spasm. It was also a special report for CBC on February 20, 2021 which is the version reproduced here. The article was written by Sherry Thomas, a reporter for CBC's "The Fifth Year" team. She has a history of 5 in 10 on the "AP's" "Biggest Deal" list. Her team's breakthrough "miracle pain relief formula" is generating \$2.9 million dollars.

Here's what it's all about...

In 2016, Dr. Jamie Richardson sold over 1.9 million bottles of his family's secret pain relief formula, Hemp Gummies, after parliament bill legalized the sale of CBD products in Canada. Hemp Gummies was a Canadian (Cbd) psychoactive compound that relieves pain, inflammation and muscle spasm. It has been called "Nature's Oxycontin" because it quickly relieves even the most agonizing pain and reduces inflammation allowing the body to finally heal.

Millions of Canadians are already using Hemp Gummies on a daily basis. Many say it works like magic. Some say it works better than prescription painkillers like Oxycodone. Here at CBC, we received hundreds of emails about whether Hemp Gummies were legitimate alternatives to potent painkillers, and if it carries the same risks as other painkillers. Is "Nature's Oxycontin" just another gimmick? The story of how Hemp Gummies was discovered is fascinating.

Hemp Gummies was discovered by 91-year-old Mary Richardson, Jamie's mother and a retired nurse for five years in Montreal. She had been battling horrible arthritis pain for years, and was unable to control. Even this numbing pain was bad enough but what happened next was nothing short of a nightmare.

Without warning... Mary suffered two major strokes in 67 days! Miraculously, Mary survived, but her arthritis raged hopelessly out of control as a result of the strokes.

Doctors pumped her full of their strongest drugs, but her pain sprang to unbearable levels. Desperate for relief, Mary began looking for answers on her own. Twelve agonizing months later, she stumbled upon a surprising pain remedy used by ancient healers.

Mary was surprised the major ingredient turned out to be concentrated Cannabidiol extracted from the marijuana plant (CBD). Mary re-created the formula... and the results were instantaneous! She calls it her... Hemp Gummies: Miracle In A Bottle! Mary was flabbergasted. This discovery changed her life- literally overnight. The formula seemed to melt away the pain - in her words - "just like it was never there." At the urging of her son, Jamie, Mary began sharing her secret formula with other hurting folks.

Unfortunately, Mary could never publicly give away her miracle formula. At the time, the Government of Canada classified CBD as a schedule 1 drug, meaning Mary could face over 60 years in jail if she were ever caught. Regardless, Mary would secretly ship bottles of her pain relief formula to those in need.

Since then, Mary's formula has helped thousands of people find relief from arthritis... sore muscles... inflammation... swollen joints...and injury pain.

Luckily, parliament introduced a new bill in spring 2017 to reschedule marijuana and CBD as a schedule III substance, meaning CBD could be freely distributed for medical and research purposes!!

That's when Jamie, Mary's oldest son, took his mother's secret healing formula and improved it. Now, it's a widely used treatment for pain and inflammation as well as many other conditions.

What Jamie Richardson Did Next Started a Medical Breakthrough. Jamie Richardson knew he could not sell his mother's miracle formula right away without further research. He needed to prove to the public that CBD was an effective solution for pain management with little side effects.

So, Jamie applied for a research grant to run the first ever FDA approved clinical trial involving CBD. With the help of University of Toronto researchers and medical doctors, Jamie led a clinical trial studying the effects of CBD on pain and inflammation.

The results were astonishing. Through their research, they discovered a multitude of other health benefits of CBD they never anticipated. Richardson's team ran additional follow-up studies that concluded CBD is nothing short of a medical miracle.

CBD has now been clinically proven to reduce pain, inflammation, arthritis, and muscle spasm. It also improves cognitive impairment, and discomfort in patients diagnosed with Generalized Social Anxiety Disorder (SAD).

- Decrease cancer spread by "turning off" genes involved in tumor development;
- Combat neurodegenerative disorders like Alzheimer's by removing plaque at neuronal signaling receptors; site addressed by curcumin, the "warding the elements" of nature;
- Improve sleep quality and restore respiratory stability to those suffering from sleep apnea;
- Treat acne by inhibiting lipid synthesis on the skin;
- Regulates blood sugar and lowers insulin resistance;
- Provide relief to those suffering from IBD (Chron's or Colitis) through its anti-inflammatory effects;
- Improves symptoms of MS (Multiple Sclerosis) by providing durable protection to neurons.

Research has also shown CBD is associated with weight loss. It's much more!

Richardson's new he had to find a way to get the millions of Canadians suffering from pain relief from other sources. So he teamed up with his group, University of Toronto researchers to create Hemp Gummies. The results were instantaneous. Supplementing with Hemp Gummies has helped thousands of patients through thousands of hours of clinical trials.

Jamie Richardson has a vision of everyone the medicinal and recreational cannabis boom has also brought a huge rise in the number of different cannabis producers. Most operating under fluctuating, often ill-defined regulatory standards.

"We've got a lot of 'garage scientists' in the industry, who are well-meaning people—I don't think anyone gets up in the morning, goes to the garage, and thinks they'll make something poisonous that could hurt people," Richardson explains.

"What makes Hemp Gummies different is our CBD is extracted from cannabis plants using the 'green method' of supercritical fluid extraction (SFE) with CO₂, noted that "the butane, hexane used to process much of the consumer-grade cannabinoid that others use can leave unwanted traces behind."

Hemp Gummies has produced incredible results in every single clinical trial...

Big Pharma Vowed To Shut Jamie's Company Down!
The big Pharmaceutical companies tried everything they could to stop Hemp Gummies from reaching the masses. They lobbied to congress, spread fake news on the dangers of CBD, and even sued Richardson's company!

Yet, their attack had the opposite effect. In trying to shut down Hemp Gummies, the Pharma industry ended up raising even more public awareness for the pain relief and healing power of CBD.

Eventually, Hollywood celebrities started trying Hemp Gummies for their ailments, and once they saw how well it worked, they started spreading the word to millions of fans.

Now back to Richardson's pitch to the Sharks.

When the investors reviewed Hemp Gummies sales numbers, clinical trial results and celebrity endorsements, they were absolutely floored.

All 5 Sharks jumped on the opportunity to invest in Hemp Gummies with confidence, calling it the...

"Natural Miracle Cure That Will Bring Down Big Pharma". Yet here at CBC, we needed more proof Hemp Gummies is really the miracle cure it claims to be.

Just because 5 of the wealthiest business people in Canada endorse the product, does not mean it's a holy grail. So we decided to try it for ourselves. And boy we're glad we did.

Last month, our senior editor Taylor Wellington volunteered for our experiment. Taylor was chosen because of her history with Rheumatoid Arthritis, a painful autoimmune condition doctors

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