

How to Keep Pets Safe in Winter Weather



A warm coat, a cozy spot to sleep and limited time spent outdoors can keep pets safe during winter.

The arrival of cooler temperatures sparks various changes. Chilly air and precipitation can be dangerous, especially to pets that are unaccustomed to extreme changes in temperature.

Pet owners may be well aware of the hazards of

warm weather, including the threat of leaving pets in hot cars. But cold weather also has its share of risks. Heed these tips to keep pets safe and secure.

- Schedule a well visit. The American Veterinary Medical Association sug-

gests scheduling a visit with a veterinarian to check for any medical issues. Cold weather can aggravate symptoms of certain conditions, such as arthritis. A thorough examination can shed light on potential problems.

- Keep homes humidified. Going in and out of the house and moving from cold air to dry indoor heat can affect pets' skin. Itching and flaking may result, causing pets to scratch at such areas. Maintain humidity in the home for comfort. The ASPCA also says to reduce bathing to help preserve essential oils on the skin.
- Protect paws outdoors. Pet paws are sensitive to sand, ice, snow, and chemical ice melts. Massage petroleum jelly or another protectant onto paw pads, or consider the use

- of pet booties.
- Keep pets indoors more often. Pets should not remain outdoors for long stretches of time in frigid temperatures, even if they are accustomed to roaming during other seasons, advises The Humane Society of the United States.
- Provide options for sleeping. Come the winter, cats and dogs may need new sleep spaces to avoid drafts and stay warm. Give them other spots they can call their own.
- Consider a sweater or vest. Some pets are more tolerant to the cold than others. However, some dogs and cats may benefit from a sweater, vest or coat designed for pets to offer a little more insulation.
- Update identification and contact information. Snow and ice can mask scent cues that help pets find their way home. Update contact information and make sure pets' collars are on tightly.
- Keep coolant and an-

tifreeze locked away. Coolant and antifreeze are lethal to dogs and cats and should be kept out of reach. Clean up any spills from vehicles promptly.

- Provide fresh food and water. Pets may burn

more calories trying to stay warm. Be sure the animal has a little extra food and plenty of water to stay sated and hydrated.

Winter weather requires pets owners to make changes so pets can remain happy and safe. happy and safe.

Alton Gas Posting Signs

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water, filled with mud almost immediately upon its creation. Additionally, Alton Gas is eight years behind schedule, has a number of lapsed and defunct permits, and has cancelled two of the four caverns it originally planned to create.

Alton Gas has been interfering with Sipekne'katik's self-made consultation process. The band has recently hired a person to do Community Consultation on this project and others. Now, the company is trying to intimidate and harass water protectors, and paint us as criminals."

"Sipekne'katik has been developing its own consultation process - we want to

tell Canada how we will be consulted, and not have that dictated for us," says Dorene Bernard. Mi'kmaq Rights Initiative (KMKNO) does not represent

Sipekne'katik. "Alton Gas is trying to bully us here at the river by calling us criminals, and bully our band council into signing an impact benefit agreement. All we're doing is defending our treaty right to this river and protection of the watershed.

Treaty Camp water protectors are calling on the Government of Nova Scotia to stop Alton Gas from proceeding with their project while Sipekne'katik completes its consultation process.

Chiganois Elementary School Notes

By Linda Harrington

Grade two students at Chiganois Elementary School participated in a "Learn to Skate" Program visiting the West Colchester United Arena on Monday mornings for three weeks in January where they were instructed by students from the Truro Skating Club. This was a great opportunity for the students to participate in physical activity in an alternate environment at the same time learning or perfecting a new skill. This program was organized in conjunction with the Recreation Department of the Municipality of the County of Colchester-Recreation Services.

In February, following Primary registration, Chiganois had twenty-four children registered for next year. If you know of anyone who missed this date, please have them call the school at 662-4420.

The Virtue of the Month for March is Honesty... "I am sincere, truthful and trustworthy. I will tell the truth, play by the rules, not exaggerate the facts and admit when I am wrong". The Virtue of the Month Assembly will be held on March 1st.

Best wishes to Ms. Small on the upcoming birth of her child. Ms. Small's last day at Chiganois is March 9th.

After School Basketball (for students signed up) will be held on March 5th. Winter Carnival Week is coming quickly and volunteers are needed. PTG is currently in the process of planning this year's Winter Carnival events. Parent volunteers are required to help serve a special snack each day.

Please see below the list of "tentative" activities, snacks and volunteers needed.

Monday, March 5th - PJ Day & Pancake Breakfast (wear your PJ's to school). Snack: Pancakes (6-7 volunteers needed from 8:30AM/9:00AM until about 11:00AM to cook and serve pancakes).

Tuesday, March 6th- Sports Day (wear a sport related hat, jersey, clothing, etc.). Bearcats visit for the day. Snack: Gatorade/Popcorn (Volunteers needed from 9:30AM - 11:30AM to serve).

Wednesday, March 7th- Crazy Hair/Hat Day (wear your craziest hat or hairdo). Snack: Cheese and juice (Volunteers needed from 9:30AM-

11:30AM to serve).

Thursday, March 8th- Rainbow Day (wear as many colors as you can). Grade 4's & 5's Ski Trip (9:30 - 4:30). Snack: Welshes Fruit Snacks. (Volunteers needed 10:00AM - 11:30AM to serve)

Friday, March 9th- Inside Out-Backward Day (wear all of your clothes inside out and/or backwards). Grade P - 3 Bowling. Snack: Cookies & Milk (Volunteers needed from 9:30AM - 11:30AM to serve).

Dietary considerations will be taken into account for children with allergies. Please notify the office in advance if your child has a dietary restriction. Volunteer times are estimated at this point, PTG will confirm closer to the actual day but if you feel like this is something you could volunteer your time for whether it be one day, or multiple days please contact Jen McKay at jenn_mckay@hotmail.com.

March Break is March 12th-16th.

Pancakes with the Principal, for all March Birthdays, will be held on March 22nd. Assessment & Evaluation Day will be held on March 23rd and there is no school for students.

After School Basketball (for students signed up) will take place on March 29th. There will be no school on Good Friday, March 30th or Easter Monday, April 2nd.

The report cards for Chiganois Elementary School will be distributed to parents on Friday, April 6th, 2018 and Parent Teacher Conferences will be held on Thursday, April 6th from 5:30-7:30PM and again on Friday, April 20th from 9:30-11:30AM. There will be no school on Friday, April 20th for students due to conferences in the morning and an in-service in the afternoon for teachers. More information regarding Parent-Teacher Conferences will be sent home closer to the scheduled dates.

Bass River United Baptist Church
5692, Hwy 2 - Bass River NS - BOM 1B0

Sunday Worship Service 11 a.m.
Bible Study - Mondays 10 a.m.



Gospel Coffee House
4th Saturday every month... 7 p.m.

Lic. Larry Tirrell - Pastor
Church: 902-647-2567 Home: 902-843-5941

TRURO SPORT HERITAGE SOCIETY PROUDLY PRESENTS



34th Annual Colchester County Sport Awards Dinner



Help to celebrate local sporting accomplishments of 2017!

Sunday, March 4th, 2018
at the Best Western Glengarry

Reception - 5:45pm Dinner - 6:30pm



With special guest
MC Bruce Rainnie

Tickets can be purchased by contacting:
Sara McKenna | 902-957-0084 | sara_mckenna@hotmail.com

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