

Heart & Soul Slumber Party Exceeds Expectations

By Linda Harrington

"Had a great time, met some great people and came home at peace with the world and myself." These were sentiments felt by many who attended the two day Heart & Soul Slumber Party held at the Debert Hospitality Center on Feb. 16th and 17th.

Organizer Wanda Henwood could not be more

pleased with the how the event turned out. "My intention was to have an overnight gathering for my own Yoga students, but once I posted the event on facebook the response was far greater," says Wanda.

Seventy-five women attended the Friday evening sessions, with thirty-five staying on for the slumber party.

Presenters included Josette Coulter, Kim Coleman, Beth Amyot, Evelyn Patriquin, Lynn-Marie Mattie, Jenny Blacklock & Jill Legge. Sessions covered different Yoga styles, Qigong, Chakra, Chanting and Sound Vibration for Relaxation.

Wanda says she wanted to give women in the area a chance to come together and

experience some of the different healing styles while keeping costs affordable to all. She chose the Debert location to keep travel distance down for her own students and yet not be far from Truro for those

who wished to attend.

The positive comments and requests for another similar event has Wanda already looking ahead. "I will be looking into something for the fall," says Wanda. "Perhaps we can hold multiple sessions, with smaller groups, at the same time."

Wanda Henwood teaches Yoga at the Lower Onslow Community Hall on Wednesdays from 6:00-7:00 and 7:30- 8:30 and on Fridays at 12:30- 1:30 and again at the Debert Legion on Thursdays from 6:30- 7:30. For more information call her at 662-3963.



Bring out the Yoga mats! Seventy-two women attended the Heart & Soul Slumber Party on Feb. 15th at the Debert Hospitality Center. A variety of healing styles were presented to help awaken the heart and sooth the soul.. (Harrington Photo)



Beth Amyot and Evelyn Patriquin demonstrated pure crystal sound vibration for Vital Relaxation at the Heart & Soul Slumber Party. (Harrington Photo)



Beth Amyot, Evelyn Patriquin, Josette Coulter, Lynn-Marie Mattie, Wanda Henwood and Kim Coleman were some of the presenters at the two day Heart & Soul Slumber Party. Other presenters, missing from photo, were Jenny Blacklock and Jill Legge.(Harrington Photo)

Debert School Notes

February has certainly shown us that winter is far from over. However, we have taken advantage of the opportunity to enjoy it here at Debert Elementary. Students had a fun-filled week of Winter Carnival activities including theme days and a morning of skating with the week being culminated by a Family Dance sponsored by the PTG. Staff also felt somewhat spoiled this week as the Parent Teacher Group supplied us with special treats in the staff room each day to recognize Staff Appreciation week. It is great to work in a community where support for one another is recognized and celebrated. Students finished off January by hosting their first ever "Diversability" Fair that was a huge success. Special thanks to all who came out to visit our displays and ask our students some thought-provoking questions. We are extremely proud of the work that each of these individuals/groups put into their projects.

On Valentine's day our students chose to share thoughts of thanks and appreciation to many members of the community. Each class completed a number of Valentines that were delivered to businesses and individuals throughout the area. We hope that this special surprise put a few smiles on the faces of the recipients as we truly do appreciate you all.

An aroma on the bottom floor of the school on February 8th caused us to have to relocate for a short time to our safe area. Personnel from the School Board Operations Department and the local Fire Department checked the area to determine the cause of the smell and insure all was safe for re-entry. Students were returned to the school to resume classes shortly after 10am. We assure you all precautions were taken in the interest of student safety. We have held some debriefing sessions since to determine a means of best communicating

this information to our parents/guardians as it was obvious that this was an area that could be improved upon. Please watch for notices in your child's agenda to keep you updated on school protocol for such incidences.

Parent-Teacher meetings will be held on March 7th (evening) and March 8th (morning). We encourage you to phone the school (662-4400) to make an appointment. Studies show that parents who get involved in their child's education are providing the necessary ingredient for success at school. Parent Teacher meetings are just one of a number of ways you can get involved. We will soon be planning for class trips and we remind all parents that should you be interested in chaperoning any trip that it is necessary for you to complete the volunteer package that can be accessed through the school office. The week of March 9-17th will be March Break. We wish you all a safe and enjoyable break and look forward to more excitement in our learning in the months to come.

Church Services for March

By Christine Urqubart

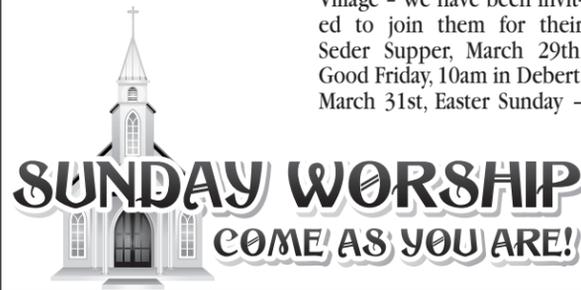
Church Services for the month of March are as follows: March 3rd, 10am in Debert, March 10th, 10am in Glenholme, March 17th,

10am in Masstown, March 24th, Palm Sunday, 10am in Debert with the Sunday School leading the service, March 28th, Maundy Thursday, 7pm in Great Village - we have been invited to join them for their Seder Supper, March 29th, Good Friday, 10am in Debert, March 31st, Easter Sunday -

Sunrise service at 7:30am in Glenholme with breakfast and then regular service at 10am also in Glenholme.

We welcome you to any and all of these services and encourage you to bring your children to Sunday School. Those who attend really enjoy it! If you have spiritual needs, please contact our minister Carol Gillard M.Div. at 662-2617 and she will be sure to help you.

You will be glad you did!



Historic Sites

FIVE ISLANDS METHODIST CHURCH

The Shoreline Journal, in collaboration with the Colchester Historical Society Archives, have inaugurated an ongoing feature utilizing a combination of the digital "A. F. Church Maps" to pin point the circa 1875 location of a Colchester site of historical importance, and connect it to an archival photograph of that site, in that frame.



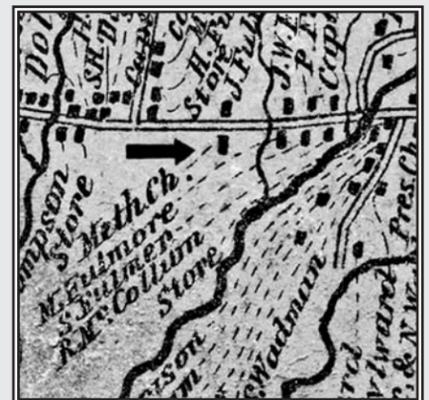
By Dick Akerman

The arrow Pointer on map # 318 points to the location of the Five Islands Methodist Church, where this photo was taken around 1900.

This building, erected around 1898 on a site just west of the original church, which was built in the mid 1850's.

With the union of several protestant church denominations in 1925, this building became redundant and fell into disuse.

In 1952 the church building was sold for \$1.00 to a group of residents from Lower Five Islands who had no church building.



From the archives of the COLCHESTER HISTORICAL SOCIETY

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Moved to its present location in early October of 1952, the first service in the new location was held on October 19th of that year.

Information taken from "The Story Of Five Islands", By the Women's Institute Of Five Islands.

Dick Akerman has been compiling information on behalf of the Colchester Historical Museum Archives, and is published monthly in the Shoreline Journal.

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