

Luke's Legacy Family Mental Health Awareness Fun Day

The first annual Luke's Legacy Family Mental Health Awareness Fun Day was held on Sunday, May 28th with lots of fun events for kids of all ages. The day began at the CMHA on Prince with coming together of those who have had shared similar experiences, followed by a walk to Civic Square where the children's activities were free for all to take part.

Photos by Linda Harrington



Rock painting station.



Balloon animal station



Susan King gives Ben Mullins a colourful face painting.



Owen Manuel tries his hand at fishing while volunteer Maia Sloan cheers him on.



Milo Trefry wins a prize at the sucker pull.



Susan Henderson - Executive Director at Canadian Mental Health Association welcomes everyone to Luke's Legacy Family Mental Health Awareness Fun Day.



Sarah Watson and Brittany Roode started off the afternoon entertainment.



Organizers and Luke's parents Laureen and Lewis Rushton stopped by Astrologer Ariel Harper Nave's booth.




Taylor Morrow and Chloe Trites from CMHA CEH we're passing out helpful information.

The ins and outs of being in love

<i>I boasted to everyone About your ability To grow flowers in me What i didn't realize Is the flowers had thorns And they had grown in my lungs Suddenly Your flowers Weren't beautiful They were traumatizing The thorns Didn't just pinch They punctured</i>	<i>My heart My lungs They say beauty hurts Well, Your flowers were the Most beautiful things To me I guess in a way They still Left me Breathless God bless and Thank-you Erica Leadbetter</i>
---	--

TURNERS' EXCAVATING AND TRUCKING

41 Onslow Mt. Road, Belmont



All Gravels, Backhoe, Dozer, Roller,
Septic Plans And Installation,
New Land Development, Driveways, and Culverts.

Cells (902) 890 5409, (902) 890-7348,
(902) 897-7688

Masstown Hardware

castle building centres

Your Trusted Building Supply Dealer

Highway 2, Masstown 902-662-3262 www.masstownhardware.ca



Shoreline Journal

We are proud to provide coverage of community events.

For coverage of your event contact Maurice Rees at 902-647-2968



INSTOCK

- ▶ DOORS ▶ WINDOWS
- ▶ BATH and KITCHEN CABINETS
- ▶ COUNTERTOPS ▶ FLOORING
- ▶ PAINT ▶ MOULDINGS
- ▶ HOME DECOR & MUCH MORE

MONEY'S WORTH

Renovation Centre

28 Jennifer Drive, Bible Hill

HOURS M-F: 9-5 902-893-2477

NEW SAVINGS FOR YOU

Buy 10, Get 1 **FREE** Product with our **Option+** Collector Card

Up to value of \$15.00, See in-store for details.

Get our **FREE Shoppe Rewards Card** for an instant **Discount of 10%** on all over-the-counter products

COMFORT EVERYDAY

SOCKS WITH BENEFITS

Dr. Segal's Diabetic Socks

Lots of colours & sizes



TIME MY MEDS

We can help make your prescription services more convenient with our patient support services program.

Blister Packaging - 2 systems to choose from.

Time My Meds - We will coordinate your refills to be picked up at the same time.

SAVE GAS PLUS FEWER TRIPS TO THE PHARMACY

The Medicine Shoppe PHARMACY

(902) 893-3500

Call and ask to transfer your prescriptions to us



Peter Bakes
B.Sc. (Pharm)
Pharmacist Owner

SHINGLES VACCINATION AVAILABLE BY APPOINTMENT

NEW PATIENTS WELCOME **Rx FREE DELIVERY**

Proud to be your personal pharmacist

THE HUB 245 Robie Street
(Formerly Truro Mall)
www.medicineshoppe.ca

HOURS: M-F: 9am - 5pm | Sat: 9am - 1pm