

Our Kitchen Korner

Birthday Party stopped by CoVid-19

It's still spring. One day it's too hot and the next day temperature drops and it's freezing. I'm sure on Mother's Day weekend no one was happy with the weather. A constant stream of showers, cool temperatures and definitely not a weekend to accomplish anything outside. With the strong Nor'easterly winds, on Saturday, I commented if this had been in January or February it might have been the snowstorm of the winter.



At least we're not like New Brunswick which in mid-April got a dumping of snow on the Northwestern areas north of Woodstock. Listening to the CBC Halifax, the metro area has been blanketed with fog and of course cool temperatures. When fog engulfs the city normally it is so thick it's almost impossible to see the deck of the bridges.

With the pandemic lockdown, perhaps the unfavourable weather is a god-sent. Best to get it now, rather than at the end of May or early June, when they forecast health protocols will be relaxed and we will be able to get outside, perhaps go for a drive. Right now they are pleading for people to stay home and avoid \$2,000 fines for non-essential travel and going outside the boundaries of your resident municipality.

I can't get over how fast the grass is growing and overnight there is a new crop of dandelions. Seems like the lawn is getting to the point it will need mowed every other day, when the rain stops and it's dry enough to mow.

Time is slipping by quickly. Rest assured within a week some of the dairy farmers will be making their first cut of the hay fields, either for silage or some large round bales.

The Covid-19 pandemic is having a lasting effect on all life's activities. For a second year in a row, the Mother's Day weekend when the Shoreline's 90 & 90+ birthday party, in Economy had to be cancelled. The way they are talking the pandemic might be every-lasting and could be somewhat prominent even next year. None of us know what the future might bring, and if CoVid might hang around for decades just as measles and Tuberculosis.

Even though the list of finalists results have not been announced, but Maurice has been advised, The Shoreline Journal is a competing finalist in the Community story category for his coverage of the Mass Murder victims in the April 2020 issue. The Awards are sponsored and organized by the Atlantic Journalism Association. A few years ago Maurice was admitted to the AJ's Hall of Fame for his 55+ years contribution to the publishing sector.

Back in the kitchen we chose a recipe from Great Village now deceased resident Hazel Hill, who while she was able submitted a few notes about activities at Great Village Villa. She didn't have a name on the recipe so we named it Hazel's Monterey Chicken.

Hazel's Monterey Chicken

Ingredients:

3 1/2 cups hot mashed potatoes, prepare with cream cheese and on a little milk, no butter

1 1/2 cups cubed chicken • 1 - 10 oz can Cream of Chicken Soup
1/4 cup milk • 1/2 teaspoon dry mustard

1/4 teaspoon garlic powder • 1/4 teaspoon pepper

Topping:

1 1/2 cups shredded cheese or Monterey Jack Cheese
Grease shallow 2 qt baking dish

Spread mashed potatoes on bottom and sides of baking dish. Top with chicken filling.

Top with 1 1/2 cups shredded or Monterey Jack Cheese
Bake uncovered at 375 for 40 minutes.

If you have a favourite family recipe and would like it published in the July issue, please send on or before June 15th. Please send to:

The Shoreline Journal, Box 41, Bass River, NS B0M 1B0;
Fax: 902-647-2194 or email: maurice@theshorelinejournal.com

Notes from our National Capital Upgrades and improvements for energy efficiency

Infrastructure Canada funding has been approved for upgrades and improvements for energy efficiency at Cumberland Regional Health Care Centre and Colchester East Hants Health Centre.

The Colchester East Hants Health Centre in Truro will receive \$792,000 toward the cost of upgrades to reduce operating costs. The scope of work includes using energy savings technologies for heat pumps, heat recovery devices installed onto selected building utility systems, building system automation and monitoring, and solar installations. These upgrades are set to take place in 2021.

Through the same funding program, the Cumberland Regional Health Care Centre in Amherst will receive \$400,000 toward the cost of energy upgrades. The project will reduce energy costs through the application of a combination of various energy saving technologies including: variable speed drive motors and associated power and signal wiring, improved building system automation and monitoring. The work on these upgrades is also set to happen in 2021.



Notes from our Provincial Capital Progress continues at Portapique project

As we move through COVID and as winter turns to spring and summer, it is exciting to see the continuing progress at the Community Build Up Project in Portapique.

This picture highlights construction on the outdoor playground designed and built by Cobequid Consulting Limited in Economy. This is a great invitation for families to come together in an outdoor setting. The sounds of children laughing and playing together are so much a part of the intent of the project.

Again, my acknowledgment and expression of appreciation to all who have contributed with financial donations, as well as in kind contributions to the project. That alone reinforces the message that this community is moving forward in a positive way.

Karen Casey, MLA represents Colchester North



Karen Casey

News from our Municipal Council - District 10 Results of sound financial management

Hello from West Colchester. I am happy to begin this month by advising that for the third time in the past four years there will be no increase in the Municipal tax rate. The residential rate will remain at 88.5 cents per \$100. I attribute this to sound financial management while ensuring infrastructure and services are in place to promote growth. I am particularly proud of this given our payment to other government, most notable Provincial Department of Education, continues to increase by over \$200,000 annually. This alone would have required nearly a full cent increase each year, had we not found savings or efficiencies within our own budget.

I wish to speak briefly on an article on the front page of last month's issue of the Shoreline with respect to J class roads. J class roads are typically subdivision roads built prior to a certain year which I cannot name, will say 1980. At which time there was a service agreement between the Municipality and the Province de-

termining the Municipality would be responsible for all new roads. The Municipality then determined they would not approve and take ownership of these subdivision/sewer serviced roads without paving first.

Those constructed prior to that date remained the responsibility of the Province. Just the same as any other dirt road in West Colchester. In this article Maurice states that Councillor Taggart "insinuates" that he would never support tax payer's in other areas paying for paving of these subdivision roads. I just want to be clear, there is no insinuation, I am absolutely "adamant" I will never support.

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Tom Taggart

I need to make this clear because, this issue just will not go

Notes from our Municipal Council - District 9 Fixing roads, but no tax increase

I hope you are all staying safe. The lockdown has been extended for an additional 2 weeks and I realize it is extremely hard for everyone to hear this. I also know you are tired of hearing we need to do our part, but I am certain we can continue to decrease our numbers and hopefully salvage the summer and enjoy time with friends and family by following Dr Strang's health protocols.

I have received messages regarding Covid-19 rules intended for local campgrounds. In the email I received yesterday they would like you to stay in your community. If you are going to your cottage or seasonal campsite and staying there for the season, that's fine. However you can't go back and forth unless your cottage or seasonal campsite is within the same community as your home. For most people, that is not the case.

If you have any questions on protocols or rules in regards to Covid 19 you can email covid19info@novascotia.ca and they are quite efficient in responding.

Council news: Council has been back and forth for a few months regarding J-Class roads. I would like to respond in regards to last month's issue of The Shoreline Journal where it was mentioned by the author that "Johnson being the only councillor dedicated to the matter" while in my opinion Councillor Johnson is very committed to helping his constituents in this matter but I would like to add I feel other councillors including myself are just as committed to working for a solution as well.

The issue as I see it is we all want to fix the roads but we do not want to have to increase tax rates to the constituents. The money needs to come from somewhere and the municipality does not have a fund set aside for J-Class Road paving projects and this is why this is such a hot topic and has been ongoing. We all under-

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Marie Benoit

Notice to Readers and Advertisers

Upcoming Deadlines and Publishing Dates

ISSUE	DEADLINE	PUBLISHED
July, 2021	June 22	June 30, 2021
August, 2021	July 20	July 28, 2021
September, 2021	August 24	September 1, 2021
October, 2021	September 21	September 29, 2021
November, 2021	October 19	October 27, 2021
December, 2021	November 16	November 24, 2021
January 2022	December 14	December 22, 2021

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