

Dorothy's Kitchen Korner

Dandelions growing, no black flies

I have always figured once the dandelions were in bloom, the black flies would be here in an abundance would indicate summer was at hand, but this year I'm getting confused.

Lots of dandelions, rain, cool weather, but without black flies irritating me, I am wondering, when summer weather will arrive. Of course there is hope, the frogs are chirping, so I will have to look for my patience attire and wait while.

Have you been out for a drive or on your way to work, early in the morning, and just happened to be close to where there is a Tim Hortons? Oh my heavens, the line up of cars waiting for the drive-thru. I could perk one at home quicker than waiting in line.

Just for fun, I pulled into the parking lot and went inside. The waiting line was almost as long. Immediately, I had pity for the staff. It was non-stop and they couldn't brew a fresh cup quick enough. As I stood in line, I gazed out the window and the drive-thru line up got longer backing up until they were stopped out on the street.

Made me wonder the damage being done to the environment with all those idling vehicles. THE DAMAGE Then there was the safety issue for the non-coffee drinkers making their way to work, or heading to the ice-cream store which did not have a line-up.

After I left Timmies and was on the way home, I took notice of the coffee cups strewn along the roadway. Then my mind turned to wondering, if there were fewer drive-thru opportunities would the amount of garbage thrown from vehicles and littering our highways be much less? How long will it be before police or RCMP start to crack down on vehicles blocking traffic? Everything has a certain life-span, so I wondered how long it will be until there is formidable opposition to the convenience of a drive-thru? Will such a thing exist in 3-5 years?

My feeling is our environment would be improved with millions of tonnes less green house gases emitted, plus it far fewer volunteers would be needed to complete a successful Adopt-A-Highway program. What a joy to see less coffee cups thrown out vehicle windows.

Just a quick note to last month's column: I have not found a lap dog. I'll have to be patient. However, I have confidence it will happen.

I've had a couple of people ask me, for some recipes including maple syrup. I've gone back through those saved from my grandmother and mother and I came up empty. However, I looked into some recipes from Maurice's mother and came up with one. It's a bit unusual, but would possibly meet the desires of a "maple syrup addict".

Maple Syrup Dumplings

First you need to look up or use this recipe for Basic dough for shortcakes or dumplings.

- 2 cups flour • 2 tbsp sugar • 4 tsp baking powder
- ½ tsp salt • 1/3 cup butter or margarine • 1 cup milk

Stir dry ingredients together. Cut n butter or margarine with two knives or pastry blender until mixture is crumbly. Make a well in dry ingredients and pour in milk. Toss mixture lightly with fork until liquid is absorbed. Use as directed in recipe.

Maple Syrup

- 1 ¼ cups maple syrup • 1 ¼ cups water

Pour syrup and water into heavy saucepan. Bring to boil. Drop spoonfuls of dough lightly on top of boiling syrup. Cover tightly and let boil over medium heat, about 15 minutes. Serve immediately. YIELD: 6-8 SERVINGS.

If you have a favourite family recipe and would like it published in the July 2019 issue, please send on or before June 15th. Send to:

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The Shoreline Journal

Notes from our National Capital

Casey questions renting empty space

Bill Casey, MP has sent letter to RCMP Commissioner, Brenda Lucki, questioning the wisdom of renting empty space in Dartmouth for six years with a commitment to continue for another 10 years. The entirety of the Letter is printed below.

May 22, 2019

Commissioner Brenda Lucki, RCMP Headquarters, Ottawa

Dear Commissioner Lucki

Re: Vacant Space Rented at 80 Garland Street

Through Access to Information, I recently received a redacted copy of the 2017 Operational Communication Center Feasibility Study. This study, combined with answers from questions in parliament, confirm that the RCMP have been renting unused space in the building at 80 Garland Street in Dartmouth for six years.

The RCMP report describes this unused the space as.....

"a significant amount of vacant space (in excess of 100 desks)

"The space includes "three suites on the first floor and one on the third floor".

Based on the numbers in the RCMP report, the RCMP has paid rent at a rate of \$13,675 per month every month for six years. The total paid to date would be \$984,600....for empty space.

Notes from our Provincial Capital

Suggestions on ways to serve your community

Having an opportunity to serve your community is available to all Nova Scotia residents and I invite you to apply. There are over 100 Agencies, Boards and Commissions (ABCs) that require members to serve and provide government with advice. These ABCs include Health, Policing, Agriculture, Education, Culture, Environment, Transportation and more.

Some of these ABCs are advisory committees, councils, corporate boards and adjudicative bodies. Detailed information about ABCs including what they do, how often they meet, selection criteria and other information is available online at <https://novascotia.ca/apps/abc/DeptABCList.aspx>.

Serving on one of these ABCs provides an opportunity for residents to bring their personal and professional strengths together with others to help make a real impact on our communities.

To apply you may view online application systems and select an ABC that is of interest to you. Most ABCs accept applications anytime throughout the year and are considered as part of the recruitment campaign.

The Government of Nova Scotia has an employment equity policy and people from diverse communities are welcome to apply. I would encourage all of my constituents to learn more about

News from our Municipal Council - District 10

Turning garbage into medicines

Good afternoon from West Colchester. Another wet cool day and I have gladly taken a break from building my ARK to write this article

First, a report on our doctor recruitment efforts to date. On May 6, Rosemary Swanson, Beth van den Hoek and myself made a presentation to the Truro/ Colchester Doctor Recruitment Committee. I believe we were very well received, made several good contacts and received much advice. It has become clear that we will have our work cut out for us as many other communities across Nova Scotia are facing the same challenge and competing for a very scarce number of available doctors.

However, we fully intend to succeed. It may not be welcome news, however, realistically the communities that are succeeding are offering incentives, some financial and some in terms of modern equipment. For example, we have been advised that it will be difficult to attract a new young Doctor without a new modern electronic medical record system. A necessary, but expensive proposition. We are gathering all pertinent information. Dr Ewing is helping and giving direction on this.

Other communities that are succeeding are forming Foundations that accept donations and have appropriate Revenue Canada designations. We are investigating this as well. I will keep you updated

The same report outlines several new RCMP proposals which include continuing to pay this rent for the vacant space for ten more years (empty). The RCMP projected this total cost to be \$1,641,000... for empty space.

Why would the RCMP rent significant vacant space for six years at cost of nearly a million dollars?

Why would the RCMP have a plan to continue to rent this empty space for ten more years at an additional cost of 1.6 million dollars?

Why was the landlord (PSPC) not informed that the space was unneeded so that it could be rented to the Coast Guard, the Department of Transport or DFO?

The total rent already paid plus the rent for ten more years would be \$2,625,600.... for the empty space.

None of this makes sense to me and I look forward to your explanations. It seems to me that this \$2.6 million in rental costs would be better spent providing front line RCMP Officers with needed equipment.

Thank you very much.

Sincerely, Bill Casey MP, Cumberland Colchester

Bill Casey is MP for Cumberland-Colchester.



Bill Casey

ABCs as your skillset can certainly contribute to an effective team and I am anxious to have Colchester North represented. I know you have the potential to make a positive impact.

Once your application has been submitted you will receive an email to confirm that and will be contacted if more information is required. If you are a successful applicant, the department responsible for the ABC you applied for will contact you and provide further information. Your personal information will be treated as confidential and your application will be kept on file for 2 years from the date submitted.

Some examples of ABCs include, but not limited to:

- Agriculture - Farm Loan Board, Nova Scotia
- Communities, Culture & Heritage - Library Board, Colchester/East Hants Regional
- Environment - Environmental Assessment Review Panel
- Finance & Treasury Board - Liquor Corporation, Nova Scotia
- Community Services - Assistance Appeal Board - Cumberland/Colchester Region

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Karen Casey

Now to my favourite subject, Garbage and recycling. Most of you who have been watching the news over the past few weeks will be aware that much has been reported about the challenges Municipalities are facing in sale of Recyclable Materials. I have commented on this before, however it has come to the point some have questioned if we should continue to recycle.

The answer to that is absolutely YES. We residents and Municipalities have worked too hard and made too many gains to turn back now. These challenges are North America wide. As a matter of fact some jurisdictions in the United States have simple quit recycling!

However, Colchester continues to strive to be, in fact are, industry leader. Thanks to the job that our residents do in providing clean, dry, uncontaminated recyclables we continue to have success in marketing our product. Clearly the prices and some markets are challenging but, we are moving our products.

Actually I personally am more comfortable, especially as it pertains to film plastic. We were selling this product to China, where we believed it was being recycled, only to find out they were sorting the better products out and dumping the rest in a river that flowed into the ocean.

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Tom Taggart

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