

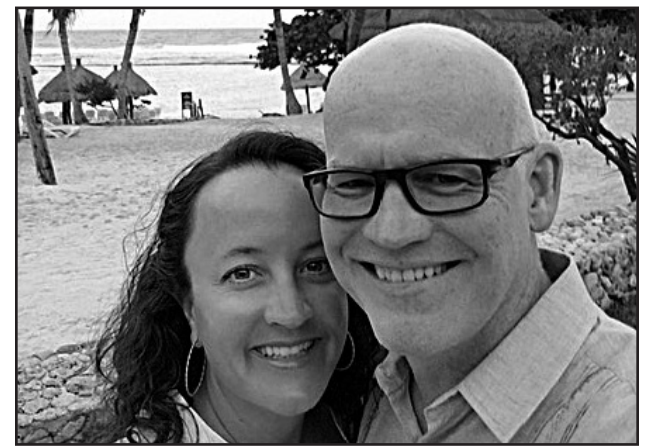
HEALTH WALKS Arrives In Truro

Podiatry Clinic and Shoe Store Opens in Downtown Truro's West End

"We are very pleased to extend our professional services and quality products to new clients in this area. Since 2000 we have served thousands of customers in Nova Scotia, helping them with their foot care health.

We invite everyone to visit our new clinic and shoe store located at 533 Prince Street in Truro. We pride ourselves in going to great lengths to meet our customer needs."

Karey Fleming



"We are very excited to open our second location here in Truro where we live. For nineteen years, we have helped thousands of customers in northern Nova Scotia, walk in...dance out in our New Glasgow facility. Come visit our new podiatry clinic and shoe store located at 533 Prince Street in Truro, so you can look good and feel great."

Karey (Podiatrist) & Richard Fleming, Owners

Custom Orthotics

Your feet are your foundation and affect your knees, hips and back. Foot orthotics, insoles and inserts can be an easy answer! Often overlooked, supporting your feet can get you pain free and more active.

We carry both off the shelf orthotics and create custom foot orthotics too, with a 3D laser scanner.

As health care professionals specializing in feet, we also specialize in footwear. That's important once you wear orthotics because not all footwear will fit an orthotic.

If you wear orthotics, you will find the best selection just for you at Health Walks.



Podiatry Services

Podiatrists/chiropractors are health care professionals able to diagnosis and treat abnormal conditions of the feet and lower limbs.

Our Podiatry Services Include:

- Custom and off the shelf foot orthotics
 - Regular Nail Care
 - Treatment of ingrown toenails
 - Hard skin, corn and callus removal
 - Wound Care
 - Toenail problems, such as thickened toenails, fungal nail infections or ingrown toenails
 - Diabetic foot assessment and foot care with foot care advice
 - Foot and ankle mobilizations
 - Musculoskeletal assessment, diagnosis and treatment of foot pain such as heel pain, flat feet and arch pain
- For a complete list of services visit our website.

Reflexology Services

Reflexology is a non-invasive therapeutic treatment applied to the feet and hands using finger and thumb techniques thus relieving stress and tension and improving circulation. Reflexology is a natural healing art based on the principle that reflexes and pressure points in the feet correspond to every part of the body.

Relexology is for anyone who wants to take charge of their health and experience organic natural healing. Give us a call at 902-893-9675.

Quality Footwear - The Shoe Store

Health Walks stocks top brands including the largest selection of Birkenstocks in Nova Scotia. We are so excited to bring shoes, sandals, sneakers, slippers and boots in a variety of widths and styles to suit feet and tastes of all kinds.

Our team of comfort specialists will help you navigate the selection and find the footwear that's right for you.

Specializing in comfort fashion with pedorthist, Karey Fleming choosing all footwear in stock.

healthwalks.ca

Contact us at 533 Prince Street, Truro NS



Hrs : Monday to Friday 9am to 5 pm.

Phone 902-893-9675



Downtown Truro's
Paint & Wallpaper Centre

"We are pleased to be the paint supplier for
HEALTH WALKS
and welcome them to
Truro's Downtown"

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GREAT BRITISH GRUB
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Welcomes their new neighbour
"HEALTH WALKS"
To Truro's west end.

Be sure to enjoy our British fare,
daily specials and new menu items.

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