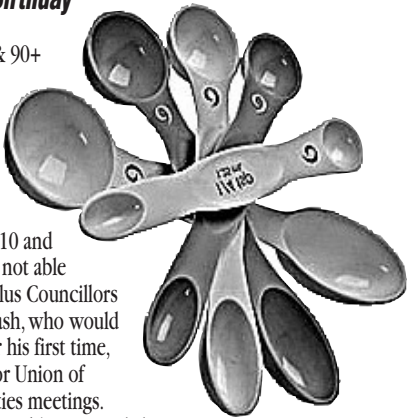


# Dorothy's Kitchen Korner

## A very successful Birthday Party.

The 8th annual 90 & 90+ birthday party was very successful and is now history. A couple pages of photos are printed in this issue. For the first time councillors for Districts 9 & 10 and Colchester Mayor were not able to attend. Mayor Blair, plus Councillors Tom Taggart and Bob Pash, who would have been attending for his first time, were off to Yarmouth for Union of Nova Scotia Municipalities meetings.



MP Bill Casey was not able to attend, due to a prior commitment. He did send certificates from the Government of Canada. Presentation of certificates kept Karen Casey, MLA busy because as the only elected representative, she had to present certificates from the Province of Nova Scotia, Government of Canada and Municipality of Colchester.

Karen enlisted some great help, her granddaughter, Kara was in attendance. They were assisted by three members of the CEC Reach for the Top team who won the provincials and have been in Toronto this past weekend for the national championship May 25-28.

Things got a little hectic around here about 10 days ago, when Maurice tripped and fell while in town. He picked himself up and went to Colchester Council's committee meeting later that evening. He suffered for a couple of days hoping it was a bad sprain. However, when the wrist, hand and fingers swelled up to about double in size he relented and went to Emergency.

Said he was totally amazed when he got to ER about 2:00 pm on Saturday of the holiday weekend. He didn't get to sit down to wait for triage to call him. With no one ahead of him, he was processed within 10 minutes, sent off to x-ray. In just over two hours he walked out sporting a cast on his left arm.

On the Tuesday after the holiday a call from the office of Dr Boudreau, bone specialist, in New Glasgow, requesting report to the 2nd floor of the hospital shortly after 9:00 am on Thursday. It was a day long affair, first trip to X-ray there were over 20 waiting in line, back upstairs, more waiting, then a new cast, then back to x-ray. Report back on July 4th.

Things changed around the house a bit. Not that I had to wait on him hand and foot, but some extra duties were required. Primarily, hitch up his pants the first couple of days and tie his shoes. Made me think of the days 35 years ago when son, Bradley was a toddler.

Menu for meals changed a bit, so I decided to make what I call, "My Mother's Favourite". It's simple to make, throw it in the oven and it's a complete meal.

### "My Mother's Favourite"

*(Problem with this recipe, I don't have quantities. I've been making it for over 40 years. Primarily depends on how many sausage links, or how much I want to make)*

- Potatoes – peel and slice as if scalloped potatoes
- Large Onion – (maybe two) – peel and slice like potatoes
- Italian or hot sausage – (at least a pound – more if you wish) – slice like a tooney – ¼" maybe bit thicker
- 28 oz Canned Tomatoes (More tomatoes if very large casserole)
- 5 oz can tomato paste or 14 oz can tomato sauce
- Tomato Juice – top up to cover
- Seasoning – salt and pepper, plus your favourite.

Put all in your casserole or baking dish, except tomato juice. Stir until all mixed up and tomatoes are crushed, if you chose whole tomatoes. Add tomato juice to cover.

Cover casserole, place in 350 oven. Cook until potatoes are softened or cooked the way you like. Under cook potatoes a bit, if you are going for leftovers or freeze.

(Sometimes I make an extra large one then put in the freezer after the first meal).

If you have a favourite family recipe and would like it published in the July 2018 issue, please send on or before June 15th. Send to: *The Shoreline Journal, Box 41, Bass River, NS B0M 1B0; Fax: 902-647-2194 or email: maurice@theshorelinejournal.com*

## Notice to Readers and Advertisers

### Upcoming Deadlines and Publishing Dates

ISSUE	DEADLINE	PUBLISHED
July 2018	June 19, 2018	June 27, 2018
August 2018	July 17, 2018	July 25, 2018
September 2018	August 21, 2018	August 29, 2018
October 2018	September 18, 2018	September 26, 2018
November 2018	October 23, 2018	October 31, 2018
December 2018	November 20, 2018	November 28, 2018
January 2019	December 11, 2018	December 19, 2018
February 2019	January 22, 2019	January 30, 2019

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## Notes from our National Capital

### Isthmus of Chignecto second most vulnerable

In 2007, the United Nations Intergovernmental Panel on Climate Change named only two areas in all of North America as the most vulnerable to rising sea levels as a result of climate change. One location was the City of New Orleans and the other was the Isthmus of Chignecto between Sackville N.B. and Amherst, N.S. New Orleans has already suffered disastrous flooding from climate change and rising sea levels. It is just a matter of time before the Chignecto Isthmus is inundated. Rising sea levels are going to be a problem for many parts of Canada, but the most susceptible is the area around the Bay of Fundy.

Just one aspect of the affect of rising sea levels is the risk to our supply lines for Nova Scotia and those transportation corridors that allow our economy to flourish. Nova Scotia is the only province which has only one main highway in and out of the province; one rail line in and out of the province; one pipeline and one power line in and out of the province. In 2015, a high tide

combined with an onshore wind brought the ocean within one centimeter of the top of the CN rail line.

The CN rail line was not designed to be a breakwater holding back the ocean, but that is the role it serves right now. If the rail line is breached, the Trans Canada Highway will be washed out as well, leaving Nova Scotia with no highway or rail line to provide supplies like fuel and food. It wouldn't take long for us all to feel the pinch.

From an economic point of view, if the rail line is breached, most of the 480,000 containers unloaded and loaded in Halifax would be trapped on the dock. The 230,000 new cars unloaded at the Dartmouth Auto Port would also be caught in Halifax. It wouldn't take long before the Port of Halifax was forced to be shut down without this rail transportation link. The Chignecto Isthmus is also



Bill Casey

*continued on page 6*

## Notes from our Provincial Capital

### Fire Departments to get local fuel tanks

Protecting personal and public property is one of the great services provided by volunteer fire brigades throughout the province. Communities feel safe knowing that these volunteers are only a phone call away. Sometimes that service is provided as first responders to attend to motor vehicle accidents, to rescue people and animals in distress, to provide emergency medical aid, and of course for fire related incidents. Whatever the call, we are comforted to know there are men and women in our brigades who respond.

It was recently brought to my attention by Eric Moore from the Economy Fire Brigade that access to both motive and diesel fuel was a challenge, not only for Economy, but also for brigades in Five Islands and Bass River. None of these communities have a local service station or gas bar and travelling to their nearest service centre includes time and distance to Parrsboro or Great Village. Time is of the essence no matter what the call to the brigade.

Hearing from all three brigades that this was a concern allowed me to approach the Department of Municipal Affairs. This depart-

ment is responsible for the Emergency Services Provider Fund and the need for tanks on site along the shore was quickly approved. I was pleased to join the Chief of Five Islands, Darrell Spence; Chief of Economy, Geoff McLaughlin, and Chief of Bass River, Alfred Grue, as well as Eric Moore at the Economy Fire Station recently to present them with a cheque to cover the costs for the installation of two fuel tanks.

This central location provides a huge benefit to all three brigades and ultimately a benefit to all residents, property owners and businesses along the shore. It is this type of cooperation our government is proud to support and as the MLA I want to congratulate all fire brigades across the province for the volunteer services they provide.

*Karen Casey, MLA, Colchester North also serves as Minister of Finance and President of the Treasury Board.*



Karen Casey

## News from our Municipal Council - District 10

### We need to be aware

Good Morning West Colchester I am writing this as usual, at the last minute, Tuesday morning May 22 sitting at my deck, with a coffee. What a beautiful West Colchester morning it is, fresh and clear, and green and there is a great big bald eagle perched in a tree over my pond waiting to steel one of my fish. How can you have it any better.

As you are aware, I have spoken strongly about the need for improved broadband internet in our Municipality. I have been asked by some to keep updating on any progress. Therefore each month I will provide a brief update of progress, if any. This month, I cannot report any true progress.

I can report, it is my intention to ask council to begin this process by inviting all those who provide this service in Colchester to attend a round table discussion on what they currently have in place, what their future plans are and what they feel is needed in terms of infrastructure going forward. I would also ask any residents who have particular concerns or problems to email

me at ttaggart@colchester.ca and let me know so I can have actual examples as I push to have this service upgraded.

As stated in past articles, I believe it is time for Municipal councils, in particular those with a Rural / Urban mix to begin to consider the social / economic future of our communities. Others agree, as in the case of Deputy Mayor Masters who is advocating very strongly as a Municipality we engage in Doctor recruitment. In West Colchester are very fortunate, however that may not always be the case. It is evident others around the Province are not so fortunate.

On June 6 councils from Truro, Stewiacke, East Hants and Colchester have been invited to meet with the Nova Scotia Community Health Board to be given an update and answer questions about doctor recruitment and the Collaborative care model.

We had a similar meeting approximately 3 months ago, which

*continued on page 6*



Tom Taggart

## News from our Municipal Council - District 9

### UNSM Meetings very informative

April and May are busy months for councillors as we work hard during budget deliberations. It was a mammoth job, but council was able to deliver a balanced budget without any tax increases. Colchester is a leader in several areas including the best diversion rate to put less into the landfill, and that has been achieved with a very dedicated staff at the Kempton facility.

Another area where Colchester is near the front of the pack is it can boast of being one of the municipalities with the lowest residential and commercial tax rates in the province. The county has held the reputation for ages. Recently I was shown a summary of municipal tax rates from Department of Municipal Affairs at: <https://data.novascotia.ca/Municipalities/Municipal-Property-Tax-Rates>.

It was before my time but in 2014/15, Colchester's residential and commercial rates were \$0.85 and \$2.25; 2016/17, \$0.87 and \$2.27, with 2017/18 rates at \$0.88 and \$2.28. Just this month council approved 2018/19 without any increase.

Adjacent municipalities, shows East Hants at \$0.87 and \$2.71 in 2016/17, meanwhile Cumberland, which had held its rates at \$1.04 and \$2.63 for 10 years recently increased its 2018/19 by \$0.13 to \$1.17 and \$2.76. Meanwhile down on the South Shore the Regions of Queens was \$0.99 and \$2.07 for 2015/16 increasing to \$1.02 and \$2.12 for 2017/18.

As a new councillor, I found the UNSM meetings in Yarmouth

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Bob Pash

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