

PHOTO FEATURE

Wilson's Home Heating held on Arthur Street converted its parking lot into a beehive of activity for its 18th Annual Community Fair on May 18th.



It was bright and sunny on the 18th day of the fifth month for Wilson's Home Heating 18th annual Community Appreciation Day on Arthur Street. (Submitted)



On May 18th from 11:30 am until 1:30 pm the parking lot at Wilson's on Arthur Street was a beehive of activity for Wilson's 18th Annual Community Fair. (Submitted)



The line up to get to the free hot dog concession was as long as the camera could capture, but no one minded. Each year the crowd gets larger for the two hour social event. (Submitted)



The Wilson's Community Fair has become successful during the past 18 years, not only because the music and BBQ is free, but because staff enjoy interacting with customers and working for the benefit of the community. (Submitted)



There was plenty of room under the large tents to get out of the sun and chat with friends during Wilson's 18th annual community fair on May 18th. The mid-May event has become an icon and attracts a large crowd for the free activities which includes BBQ hot dogs, drinks, ice cream novelties and music. (Submitted)

Helping Control Forest Fires in Alberta

A 27-person crew from the Department of Natural Resources left Halifax Saturday, May 26. There are several wildfires burning in Alberta and the crew's exact location and length of stay is to be determined.

The assistance from Nova Scotia was requested through the Canadian Interagency Forest Fire Centre to help control and extinguish the Alberta wildfires. The Department of Natural Resources will ensure that proper firefighting resources are maintained within Nova Scotia.

Nova Scotia is a member of the Canadian Mutual Aid Resource Sharing Agreement, es-

tablished in the early 1980s, which ensures all provinces and territories will receive help if forest fires become too big to handle. The affected province covers the costs of the jurisdictions sending help.



Country Down-East Dance in Wentworth

By Hope Bridgewater

Music Afternoons in Wentworth happens on the last Sunday afternoon of each month, except December and are located at the Wentworth Recreation Centre from 1:30 pm to 5 pm. The next Sunday Music Afternoon is this coming Sunday on April 29 and features country music for dancing.

The style of dancing is free style for both singles and couples of all ages. Singles looking for partners will find other singles to dance with or many of the couples will share a partner. Usually Down East country style is played of waltzes, polkas, hop-polkas, jigs, reels, and foxtrots and some dancers jive to these tunes as well. The Wentworth Recreation Hall is large, accommodates many dancers and has a hard wood floor.

Down East country music is a blend of Scottish and Irish tunes brought over to Eastern Canada by Scottish and Irish settlers in the 1700's and is now mixed with the influences of Cape Breton, Don Messer, Acadians, Quebec, New England (USA) and Indigenous communities.

Dancing is the focus of this event. The musicians on stage usually form a band with often the fiddle leading and backed by a piano, drums, guitar, bass, and banjo. At times, a leading performance is done by a saxophone, accordion or singer. The musicians who play do so on a volunteer

basis, from different areas in Nova Scotia, or the New Brunswick border, without a schedule or rehearsal,

sign in and await their turn on stage. Their professional skill and volunteer service is greatly appreciated by



Dr. McKenzie, Malagash, as well as being a doctor, is talented at playing the fiddle and banjo at the Sunday Music Afternoon located at the Wentworth Recreation Centre. (Hope Bridgewater Photo)



Al McVicar from Dartmouth brings his fiddling talents on stage for the dancers at the Wentworth Music Afternoon. (Hope Bridgewater Photo)

those attending. Dancing is one of the best forms of exercise for healthy living physically, mentally, and emotionally; this has been verified by scientific studies.

Robert Taylor, fiddler, composer and author, who attends the event, says in his book, Beyond the Music, "Above all learn to play good dance music...Music is the lifeblood of all of us...Music is more than just a sound. It is a driving force. It has great healing power." Charley Patriquin, another fiddler and singer says of enjoyable country dance music, "If that doesn't start your fire what will?" In brief, country dance music can lift your spirits and be glad you are alive.

Those attending are asked at the door when coming in to make a voluntary donation which will help in the maintenance of the hall and to bring a lunch for the kitchen where the food is organized by Recreation staff for a potluck lunch by all at 4 pm during a recess. This is a time for meeting others in friendship and enjoyment.

Other dates in 2018 for the Wentworth Sunday Afternoon dance are May 27, June 24, July 29, August 26, September 30, October 28, and November 25. We welcome people to come to enjoy dancing at the Wentworth Recreation Centre. The enjoyable session is completely done by voluntary staff workers at the Recreation Centre and by the visiting musicians.

Defensive Driving Course

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hol, marijuana is the drug most often linked to car crashes, including those involving death.

Marijuana makes it hard to do the following: judging distances; reacting to signals and sounds on the road; noticing the speed limit and current driving speeds; approaching intersections straight on or from side streets; noticing sirens and lights from emergency vehicles; noticing road hazards; recognizing distortion of information and perception; having quick reactions about taking a highway exit; turning on a busy street; avoiding objects coming into your path; noticing pedestrians and animals; increasing reaction time to one factor, but unaware of others; in brief, marijuana impacts on your focus.

Foster-Alfred gives everyone a long red ribbon saying "MADD

saving lives, supporting victims;" shows a video of driving in city street; has a game of playing ball for targets; and gives out a maze of the brain double sided. She gives out goggles which when looking at the maze of the brain will show how marijuana impacts on your focus and your hand-eye coordination.

For me the time was too short for me to see nothing but the maze, but the person next to me said: "Wow, I will not take marijuana after seeing this experiment. Without the goggles, I saw the maze and nothing else, but with the goggles, I hit a deer, several parked cars and a pedestrian! The marijuana sure can affect your focus when driving."

Foster-Alfred, a passionate expert, caught full attention of everyone with her facts about marijuana, her games, and the need for educating all ages, especially the young about marijuana. She said, "For 30 years until now, thousands of driving vehicle victims have been injured and/or killed by impaired drivers with alcohol and/or drugs. We have to do better than have this tragedy."

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Learn more about the Maritime Link Rebate and how to apply at nspower.ca/ratestability

Current customers have already received the Maritime Link Rebate on their bill and do not need to apply.

