THERE'S MORE TO ENJOY...DOWNTOWN!

- Check out the shopping...lots of new options have joined longtime favourites.
- Treat yourself to lunch at a great little café, pub or restaurant.
- Enjoy an evening stroll... see all the flowers and heritage homes.
- Meander through the Farmers' Market any Saturday from 8AM-1PM or Wednesdays from 12-6PM.

Downtown Truro-The Centre of Attention!



Visit www.downtowntruro.ca or call 895-9258 for information



VICTORIA PARK TRAILS

Victoria Park boasts a trail network nearly 20 km in length, providing a popular site for walking, hiking, jogging, cross country skiing and cycling.

The Hemlock Trail is a .7 km route beginning at a stairway in the lower park near Adam Street. The paths meander through 200

year old eastern hemlock stands. The 200m Lepper Brook Walk is a relatively flat trail that begins in the lower park and winds alongside the brook under the cover of softwood.

The Mountain Walk is a .5 km path cut into the steep hillside of the gorge overlooking the Lepper Brook. The Dr.

km path cut into the steep hillside of the gorge overlooking the Lepper Brook. The Dr. Jim Vibert Trail is a 1.6 km loop through the upland area beyond the gorge. The lookoff at the top of Wood Street offers a spectacu-

The lookoff at the top of Wood Street offers a spectacular view of the valleys of the Salmon and North Rivers, which meet and flow into the world famous Bay of Fundy. On a clear day, the views extend down the bay to Five Islands, a distance of about 60 kilometers.

The walking trails follow the natural contours of this magnificent setting, allowing for close up views of the park's two waterfalls, the brook and steep gorges. At Jacob's Ladder, one can climb 173 steps or 180 feet – a challenge that is well worth the effort. Joe Howe Falls is one of the most photographed spots in town. Still further along are Waddell Falls and the Cathedral Dell with a pagoda and picnic tables. In a shady glen, there is a replica of the Holy Well, an Acadian baptismal site in the 17th and 18th centuries.

Golf:

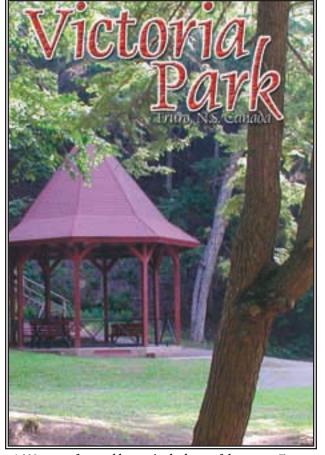
Truro Golf Club - 18 hole Mountain Golf & Country Club - 18 hole Brookfield Golf & Country Club - 18 hole Greenfield Golf Club - 15 hole Riverrun Golf Club - 9 hole Ridgewood Golf - 9 hole

Harness Racing:

Truro Raceway - Canada's fastest half-mile track. Racing every Sunday afternoon. Enclosed grandstand, dining and lounge facilities.

Recreation Parks & Gardens:

- Victoria Park A treat for all ages. Voted as "Best of Colchester" by area residents.
- Kiwanis Park Walking path, fishing pond, ducks, picnic tables.
 Bible Hill Recreation Park Playground, picnic tables, horse-
- Bible Hill Recreation Park Playground, picnic tables, horseshoes and baseball.
- Holy Well Park Play and picnic area along the banks of the Salmon River, Bible Hill.
- Nova Scotia Agricultural College Alumni Gardens and Rock Garden. Stroll along the paths of the beautifully landscaped Alumni Gardens as well as the largest man made rock garden in the Maritime Provinces.
- Truro Amateur Athletic Club Grounds (TAAC Grounds), Prince Street. Playground, running track & multi-use sport field.



1,000 acres of natural beauty in the heart of downtown Truro. (photo - Truro Dept of Parks, Recreation & Culture)

TRURO – LONG COLOURFUL HISTORY

Truro is positioned on tidal lowlands that provided seasonal food and shelter to Mi'kmaq and upon which the Acadians had founded a small community before their expulsion from Nova Scotia in 1755. Both groups referred to the area around the Minas Basin as the Cobequid. The present settlement began in 1761 when Presbyterian families from New England sailed up the Salmon River to take possession of the 50,000-acre Truro Township, granted to them by the British Government. The early community grew slowly, but the relocation of the Court House in 1803 solidified Truro's position as the legal, administrative and mercantile centre of

Don't miss Jacob's Ladder, a

175-step popular destination

for park visitors. (photo -

Truro Dept of Parks,

Recreation & Culture)

Colchester district.

Even in 1838, the majority of the township's 1500 inhabitants were Presbyterians employed in farming or agricultural crafts. Occupational, religious, ethnic and racial diversity came with the building of the Nova Scotian Railway in 1858 and its extension, both east and west, as the Inter-colonial Railway in the 1870's. The new population required houses near the railway, enlarging the village, so that the name Truro came to be applied to this built up

In 1875, with a population of 3000, the village was incorporated as a town. At that time, it already had an active Fire Brigade; the first

kerosene oil had been developed from Debert- Belmont coal; a water system was introduced and shortly afterward, the first ribbed-knit underwear was being manufactured (Stanfields); the first condensed milk factory in Canada opened; the first railway workers union was organized; and the first school of agriculture in Atlantic Canada opened in 1885. By 1888, Truro had the first long-distance telephone terminus in Nova Scotia and the first incandescent lighting in homes and offices.

Truro was nicknamed "The Hub of Nova Scotia" more than 100 years ago when railways linking Nova Scotia met here. As road transportation achieved importance, it also became the hub of provincial highway networks.

Today, with a population of about 12,000, Truro is an important centre of transportation, manufacturing, agriculture, trade and education. Its central location even has a direct bearing on it's climate. Being just fifteen miles north of the halfway point between the Equator and the North Pole, Truro escapes the extremes in temperature and weather conditions often experienced in other areas.

The Colchester Historical Museum on Young Street houses artifacts, documents, pictures and special displays featuring highlights from this area's past, together with a variety of temporary and travelling exhibits



