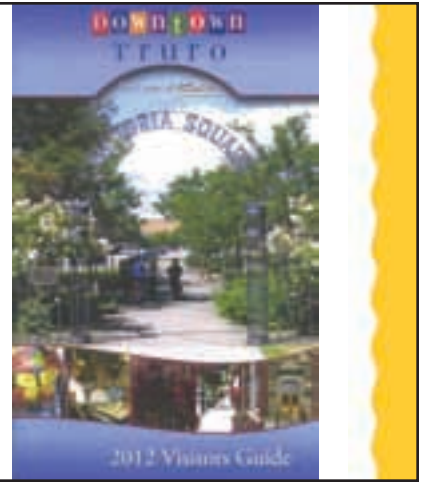




The **Downtown Truro Visitor's Guide** is a handy little booklet available from the Truro Welcome Centre or the Downtown Truro Partnership office.

It includes a business listing, map, calendar of events, information about walking trails, museums, Victoria Park and a host of other interesting details about Downtown Truro, making it a useful handbook for visitors, as well as for family reunions or meetings.

*Downtown Truro—the Centre of Attention!*



## VICTORIA PARK - TRURO'S NATURAL GEM AND THE COBEQUID TRAIL

**Victoria Park** is a spectacular natural treasure and a nature lover's paradise. Its 1,000 acres of scenic attractions make it one of the most beautiful parks in Eastern Canada. Situated in the heart of Truro's urban area, it offers an amazing natural retreat one would never expect to find in the midst of a bustling town. Walkers, joggers, bird watchers, photographers and cross-country skiers all enjoy its special features.

Entering the park off Brunswick Street, one is instantly removed from the busy streets and presented with a huge expanse of open, grassy land dotted with trees and flower beds and intersected by a winding brook. Here, the visitor is quickly faced with a decision: to stay in the open area and enjoy a leisurely picnic lunch, soak up the sun, take the children to the playground, or enjoy a swim in the outdoor pool, or to leave this area for the wooded trails where the scenery really begins.

In the midst of all this natural beauty is a new recreational gem. The Park Pool recently received a major facelift through a grassroots project led by a team of volunteers who orchestrated a two-year fundraising campaign. With tremendous community support in the form of donations of funds, labor and materials, this pool has become a prized addition to the town. As one of the largest outdoor swimming pools east of Montreal, it offers an amazing range of features: a kiddie pool, beach entry with a gradual slope ideal for wheelchairs and seniors; a metre-deep section with underwater benches; double-flume speed slide; one metre diving

board; and a regulation size junior Olympic section with six lanes allowing for swim meets. Plenty of seating in both sun and shade, plus poolside grassy areas for picnics or relaxing, add to the atmosphere.

The park is also home to game fields, a band shell where entertainment is provided during the summer months, and the Truro Tennis Club.

**The Cobequid Trail** is a cooperative effort of the Town of Truro, County of Colchester and the Village of Bible Hill to create a unique recreational opportunity focusing on a diversity of landscapes and scenery.

The Trail is composed of four distinct sections. The D.A.R. Trail (Dominion Atlantic Railway) follows the abandoned railway line from Downtown Truro to Lower Truro. From the east end, it begins at King Street near the Nova Scotia Community College, passes by the Truro Golf Course and ultimately joins the Marshlands section. It is approximately 3.5 km in length and offers an easy crushed gravel surface.

The Marshlands Section begins at the gateway trailhead in Lower Truro and ends at the Cobequid Bay Look-off from which the famous tidal bore can be viewed. It covers approximately 3 km with a varied surface of crushed gravel, grass and asphalt.

The Eagle Crest Walk in Bible Hill begins at Warren Drive off College Road. This 1.1 km section with crushed gravel surface passes through maple stands and hemlock ravines and offers scenic views overlooking the Salmon River. The Trail continues via sidewalks and



Inglis Street is the hub of retail shopping experience in downtown Truro. (DTP photo)

short trail sections across College and Pictou Roads to connect to the Farnham Brook Trail, which crosses the brook several times via wooden bridges and continues through forested areas for about 1.4 km with a crushed gravel and grass surface.

## DAY TRIP SUGGESTIONS FROM TRURO

With Truro as your "home away from home," you can enjoy a host of interesting day trips that will help you experience the beauty, history and key attractions of the area. Our central location at the junction of Highways 102 and 104 and our close proximity to Halifax International Airport make Truro a most convenient place to stop awhile.

The following day trip packages can all be comfortably completed in a day or less, so you can be back in Truro by evening, where a variety of accommodation and entertainment options await you. You may opt for a cozy Bed & Breakfast, an historic inn, or a family-style hotel. After a busy day, your first choice for evening entertainment may be dinner and a movie or a stroll through Victoria Park. Or you may want the more lively atmosphere of a pub or lounge. Your shopping options range from department stores to unique boutiques, or you may want to try your luck at the harness racing track. Whatever your choice, Truro is definitely the centre of it all! Staff at the Glooscap Visitor Centre and Truro Welcome Centre can help you plan specifics of these and other interesting excursions.

**A Day at the Beach** - A short hour's drive will bring you to the warmest waters north of the Carolinas. If the tide happens to be out, just take off your shoes and enjoy a stroll along the sloping sands. You can walk for miles and observe an abundance of marine life and sea treasures.

**Taster's Choice** - You may have to loosen your belt for this one! Enjoy a full maple brunch at a maple sugar camp; sample award-winning wines at a local winery; indulge your sweet tooth with handmade chocolates or hard candy or perhaps, delicious blueberry and maple treats. And around every corner, there'll be a place you can stop to enjoy succulent fresh seafood.

**"Go Wild"** - A great day for families! Visit the Shubenacadie Wildlife Park where you can view many native animals in a natural woodland setting. Experience a guided prehistoric adventure at Mastodon Ridge. Visit a Red Deer farm or scan for bald eagles along the Shubenacadie River. Watch the Tidal Bore come up the river or enjoy a wet and wild tidal bore rafting adventure.

**Art Enthusiast's Delight** - Discover our many talented local artists. Scrimshaw, rughooking, quilts, watercolour painting, clay work, stone carving, wood turning, iron work, pewter - are all examples of fine artwork you'll discover nearby.

**Fall Frolic** - marvel at the amazing fall foliage with a drive to the Wentworth Valley, stopping at all the roadside markets along the way. Lose yourself for a few hours in a corn maze, or get a

### VICTORIA SQUARE & TRURO WELCOME CENTRE

In 1887, "the common" situated between Court and Commercial Streets in Downtown Truro, was renamed Victoria Square to mark the Golden Jubilee of Queen Victoria. The common was a name frequently used to describe grassy or treed areas which were owned by the public.

For several decades, this area was the nucleus of business activity in the growing community, as commercial, manufacturing and professional operations developed on the four streets immediately surrounding it.

Although many details of the square have changed since those days, the intent of the area remains the same today,

more than 100 years later.

The Truro Welcome Centre situated in the centre of the Square caters to both residents and visitors, offering information on the Truro area, a computer and wireless internet connection for public use, public washrooms and a selection of Town of Truro merchandise.

During the winter months, weather permitting, Victoria Square is home to a popular outdoor skating rink. It is also one of the focal points of Downtown Truro's Festival of Lights celebrating the holiday season.

**Welcome Centre Hours:**  
May 15 - June 30, 9AM-5PM  
July 1 - Aug. 31, 8:30AM-7:30PM  
Sept. 1 - Oct. 31, 9AM-5PM

different perspective on the local scenery with a canoe excursion on a nearby lake or river.

**Photographer's Dream** - A camera and hiking shoes are two "must-haves" for this trip to Economy and Five Islands. The scenery is spectacular all along the shore, particularly at the top of Economy Mountain or along the hiking trails that yield splendid views of the five islands. (In autumn, the hills are ablaze with colour!) At low tide, vast red sand and mud flats are laid bare, allowing you to "walk on the bottom of the sea". Clamdigging, rockhounding, bassfishing and birdwatching are all popular activities.



### Atlantic Grand Circuit Week

**JULY 22 - 29**

#### 5 Cards Of Exciting Harness Racing

Stake races plus Truro's signature event  
**The Nova Scotia Provincial Exhibition Cup**  
 Childrens Day - Open House, BBQ and more.  
 Schedule on website: [www.truroraceway.ca](http://www.truroraceway.ca)  
**Truro Raceway** 73 Ryland Ave, Bible Hill  
[truroraceway@eastlink.ca](mailto:truroraceway@eastlink.ca)  
**Entertainment You Can Bet On**  
 Enclosed Climate Controlled Grandstand  
 Racing Rain or Shine.  
 Racing most Sundays Post Time 1:30 pm  
 Canteen, Dining Room & Lounge  
 Free Admission & Parking Phone: 893-8075



# Glengarry

**PLUS "Truro Trade & Convention Center"**



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**E**njoy the beautiful scenery & many exciting activities that are all within a short drive from the Glengarry. Take in the breathtaking Victoria Park; enjoy the many local attractions, festivals & events; learn about our geological heritage, watch or ride the famous Tidal Bore. Fully appointed King or Queen rooms, dining and entertainment, indoor & outdoor pools & whirlpool.

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