

227 Attend UCW's 50TH ANNIVERSARY IN BROOKFIELD



Past Presidents of Truro Presbyterial UCW: Back row L-R: Barbara Burley, Noreen Stark, Ethel Piercy- Mingledorf, Letha Mowatt Front row L-R: Brenda Leslie, Christine Urquhart, Donna Fleck, Pat Caudle, Kathy Chisholm, Jean King, Doris McCallum, Helen Densmore.

By Christine Urquhart

The recent Truro Presbyterial UCW Spring Rally & 50th Anniversary Celebrations of UCW which was held at Knox United in Brookfield was a huge success. With 227 ladies in attendance it was loads of fun! Emily Kierstead led the singing, including some of her own music.

There was a special Anniversary Cake which was cut by the two oldest living members - Lilia Brenton 100 and Merle Nelson 103. They were also honored with real flower corsages! 12 ladies in their 90's were given silk corsages, out of a possible 96, and 74 ladies in their 80's out of a possible 237. 12 Past Presidents were also there and honoured with corsages.

Lunch was provided and many thanks to the UCW's who helped out with that. Our Conference UCW President Anna Peters and our Past Conference UCW President Sharon Moyse brought greetings to us. There was worship, a memorial service and even a skit during the day's events. It was a wonderful day and enjoyed by all!

We learned that we should be saving the bags that milk bags come in - the large ones which are heavy duty - as these can be cut into strips, daisy chained into balls of "yarn" and crocheted into mats for those in need in Haiti. It takes 300 bags to make one mat for a child, 600 bags for an adult sized mat. Anyone who can save these bags is asked to do so. They can be passed along to any UCW member who will see that they get to those doing the crocheting.



Fran Foreman, one of the "over 90's" honoured at the Truro Presbyterial UCW Spring Rally at Knox United, Brookfield May 15th.



Del Spencer and Marie McElhinney from Glenholme being honoured as two of the "over 80's" at Truro Presbyterial Spring Rally in Brookfield May 15th.

LIONEL LEWIS

Trucking, Grading & Excavating

379 Edgewood Rd.
RR #1, Bass River, NS
B0M 1B0

Phone: 902-647-2644
Fax: 902-647-2413
Cell: 902-899-5945

Acting Out, Building Self-Esteem & Encouraging Dialogue Among Youth

By Linda Harrington

A quiet Saturday afternoon at Truro Mall, was interrupted by a burst of music, as a group of dancers wearing hand decorated green t-shirts erupted into a flash mob.

The May 5th event was held to raise awareness for Mental Health Week and promote the newly formed Acting OUT youth group.

The youth-led group is partnered with the Canadian Mental Health Association and focuses on emotional wellness, education and creative expression for all youth ages 12 and up. Program co-ordinators, who assisted with the flash mob, are Belinda Meers and Tricia Murphy.

Belinda says the group was first organized last September when her daughter Sophia came up with the idea and it has been growing

ever since. "Sophia attended a theatre camp at the Marigold Centre and loved it. She struggles with anxiety and depression and we noticed a big difference in her confidence when she was performing on stage. There weren't any youth theatre groups in the area and so Sophia's psychologist asked why we didn't simply start our own drama club, and then Acting OUT was born. The Colchester East Hants Branch of the Canadian Mental Health Association has been very supportive of the group, which meets each Thursday at the CMHA building on Revere Street. We now have over 20 members attending the weekly meetings."

The group started out focusing on drama and performing skits in local schools,

but as more members joined the focus has broadened to include music and dance as other ways for the youth to express themselves.

Sophia, who attends Central Colchester Junior High, along with a few other group members says she is pleased with the new friendships she has made, "It is a really fun and safe place to talk and share things. We have become close outside the group and often do things together."

Acting OUT members designed their own t-shirts for the flash mob and members who weren't dancing were handing out information pamphlets to people in the crowd.

For more information on Acting OUT contact Belinda Meers or Tricia Murphy at 895-4211. Youth are encour-



Sophia Meers (left) and her mom, Belinda, both of Debert, participated in the Acting OUT youth group's Flash Mob at Truro Mall on May 5th. (Harrington Photo)

aged to drop in to any meeting, Thursday from 7:00-9:00PM at 25 Revere St., Truro.



Some of the dancers performing a flash mob at Truro Mall, organized by the Acting OUT. (Harrington Photo)



Participants in the Acting OUT flash mob at Truro Mall were enthusiastic to help kick off Mental Health Week for the Colchester Mental Health Association. (Harrington Photo)

Gypsophilia to perform AT "THE HALL" JUNE 15

By Patricia Burke

The Parrsboro Band Association Concert Committee is pleased to announce the 2nd concert of the concert series on Fri. June 15, 2012 at 8 pm at "the hall" on King St. in Parrsboro. The Halifax based band has seven young performers whose music straddles the jazz and indie worlds. They also perform classic rock and bebop styles.

The group has crisscrossed the country and attended major festivals and small clubs. With the mix of serious

musicianship, humour and sportsmanship they are capable of enchanting a sit down crowd one moment and whipping people into dancing, clapping and singing frenzies the next.

Tickets are \$22.50 and can be purchased through the band website at www.the-hall.ca, call 254-3674 or are available at Sweet Brier in Parrsboro. A concert not to be missed. Bar facilities will be available.

Patricia Burke will be submitting a monthly column from Parrsboro and the Band Assoc.

Deadline for the July issue of

The Shoreline Journal

is June 19

Historic and local ties to your community

Logan (Ned) E. Barnhill
L. Martina Munden

a full range of legal services

- Administrative Law
- Agriculture
- Civil Litigation
- Corporate/Commercial
- Criminal Law
- Expropriation
- Family Law
- Forestry
- Health Law
- Insurance
- Labour & Employment
- Real Estate
- Taxation
- Wills/Estate Planning

Patterson LAW
DETERMINATION

1.888.897.2001 contactus@pattersonlaw.ca
www.pattersonlaw.ca

Truro 10 Church St, PO Box 1068 Truro, NS B2N 5B9 Tel 902.897.2000 Fax 902.893.3071	Halifax 1718 Argyle St, 5th floor Halifax, NS B3J 3N6 Tel 902.405.8000 Fax 902.405.8001
--	--

PC

Support local businesses

Colchester North PC Association

For more information contact us at:
colchesternorthpcassociation@yahoo.ca
or 657-3543

Authorized by the Official Agent for the Colchester North PC Association

"THE FARM GATE"

7693 Highway No. 2 OPEN DAILY

June Special...

Bacon Wrapped Brochettes **\$.549/lb**
While Quantities Last

Grain Fed Free-Run Meat Birds
AVAILABLE MID-LATE JUNE