

An eastern view of Wards Brook Beach at high tide. (Shaw Photo)

Again, showing low tide taken just six hours later. (Shaw Photo)

### **Something Entirely Delicious** "THAT DUTCHMAN'S CHEESE FARM"

By Linda Harrington

llow a few hours to visit That Dutchman's Cheese Farm in Upper Economy, you will want to take your time and enjoy the total experience.

Famous for their delicious Gouda cheese, That Dutchman's Cheese Farm consists of over 50 acres of farm fields and over 70 acres of woodland. A babbling brook flows through a deep ravine and this scenic property on the hillside presents a picturesque

network of walking trails that crisscross the lands.

An 18 ft windmill is prominent along the trail but one must not miss visiting the variety of interesting creatures ready to greet you on your travels. Miniature goats, emus and potbelly pigs to name a few. Children, and those young at heart, will enjoy finding the forest faerie and gnomes hidden along the trails. Enjoy a relaxing stroll through the beautiful herb, flower and water gardens.

A delightful gift shop offers a large selection of antiques and

Once you have worked up an appetite, stop by the café for a Dutch Lunch and make sure you save room to sample Maja's delicious 'Appeltaart', topped with real whipped cream.

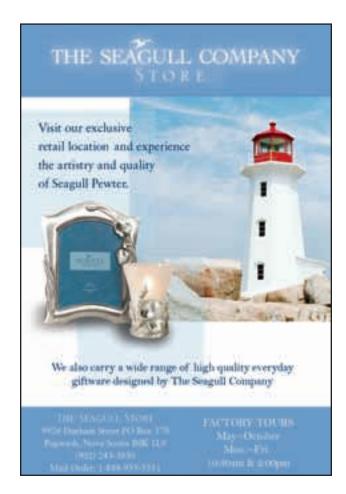
The Dutchman's Farm is a winner of the 2009 Canadian Cheese Grand Prix for their Gouda and Old Growler Gouda

The name Dragon's Breath Blue is a unique as the cheese for which it describes. After several years of fine tuning, Willem is very pleased with this small black bell of blue cheese. "The Dragon's Breath Blue is making us famous among the cheese lovers across Canada. We regularly have calls from cheese shops all over the country, who customers keep requesting this delicious, buttery blue cheese," says Maja.

Willem and Maja van den Hoek, along with their family, have been making cheese at their Upper Economy farm for almost thirty years. They welcome visitors to stop by 112 Brown Road any day from 9AM to 6PM. The cafe will open on Father's Day, 11AM - 4PM daily. For more information call 902-647-2751 or visit their website at http://www.thatdutchmansfarm.com.

www.capechignecto.net or call 392-2085. For reservations call

1-888-544-3434 or book online at novascotiaparks.ca.



### **Cape Chignecto Park OUR LARGEST PROVINCIAL PARK**

ape Chignecto Provincial Park-Located on a dramatic coastal peninsula on the Bay of Fundy at Advocate Harbour, Cape Chignecto is Nova Scotia's largest Provincial Park. The 4200 hectare natural environment park features 29 kilometres of pristine coastline, old growth forests, rare plants and outstanding geological features.

The Park offers 60-kms of predominately coastal hiking trails, 50 plus backcountry hike-in wilderness campsites, 28 walk-in campsites, a wilderness cabin and an all-season bunkhouse, a visitor information/ interpretation centre and gift shop.

Because Cape Chignecto is a wilderness hiking and camping park, there are no drive-up camp-

ing sites although group camping is available, along with a cabin and a bunkhouse.

Visitors must register at the Red Rocks Visitor Centre on West Advocate Road prior to entering the Park. The Centre also offers interpretation, a gift shop, washrooms and a warm fire on a cool, wet day.

The Eatonville Day-Use area opened last summer. Located in the once thriving settlement of Harbour, Cape Eatonville Chignecto's Day-Use area provides visitors with over 5-kilometres of accessible walking trails suitable for everyone including families and the physically challenged. Visitors to the day use area arrive via the West Apple River Road. While it seems like a long drive, the experience waiting at

the top of the cliffs is well worth the adventure. The Three Sisters Interpretive Centre, a renewable energy building powered by solar panels, provides access to the trail system as well as information on the historical and geological significance of the area.

Two user-friendly trail systems offer an entire day of entertainment for park visitors. One trail takes visitors to the famous Three Sisters, three magnificent seastacks, engulfed in local folklore.

The second trail leads to Squally Point, an actual raised beach that was created thousands of years ago when glaciers covered much of this area. There are rest and picnic areas along the trail systems and seven professionally engineered viewing platforms offering spectacular views of the upper Bay of Fundy as well as interpretive information.

For more information on Cape Chignecto, visit the website at

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# The Best Along the Shore

#### Continued from page 3

ing area where you walk right down the Brookville Rock, a favorite photo shoot spot for many photographers that have discovered it.

It is hard to describe the beauty of this walk, and one has to experience it to believe it. How many places in the world today can walk for hours, enjoy nature at its finest, feel completely safe, and renew your spirit and soul? Not, too many.

#### **Next Communities**

**7**our trip through the Shore Drive Area is complete. ■ There is plenty of scenery, history and hospitality to enjoy in the communities of Fraserville, Spencer's Island, Advocate, Apple River, and Joggins. They have so much to offer and so much histo-

By the time you reach Advocate you will probably be very hungry, so make it a point to stop at the Wild Caraway Cafe for a delicious meal. Andrew and Sarah will great vou with their infectious welcomes and great food. Don't forget to drive out to spectacular Cape D'Or, where Darcy and his family will welcome you as well, they too will provide a beautiful meal. You will eventually make your way around to our world famous Joggins Fossil Cliffs and expansive interpretative centre.

There is just so much around "the loop" for you to see and do. My mission was to do a story on the Shore Drive Community Development Area, but I also firmly believe that each and every one of us, no matter our area or business, has to work with and promote one another. No one can win a baseball game if only the pitcher is playing in the game.

Since, we cannot turn back the hands of time, to when our area was a hive of commercial activity, we can only move forward by promoting our one and only and largest hope for new growth and

I write this from a point of view of some knowledge, you see I grew up here and have "come back", remember when and see now, but also believe in the future. Gayle Shaw and her husband, Terry, are former owners of the county sto in Port Greville and have devoted many hours to promoting the Shore Drive area.



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