

# Our Kitchen Korner

## Can you believe this weather?



Finally, we got a week of nice weather. The type we have been hoping would come our way for ages. The leaves are out, can almost hear the grass grow, and gardeners are in their glory. Their only lament is they are later than desired getting seeds in the ground, and transplants forming neat rows.

But as much as we express dismay of the lateness of fine weather, remembering a couple of years ago. We worked like beavers gardening, only to have a June "killer" frost. Many had to start over, or replant a large portion of the garden.

As much as we enjoyed a week of fine weather, it has its days and nights going from extremely high to near frost levels at night. About ten days ago it was so cool and overcast, by mid-afternoon, I was freezing so had to turn the furnace on for a few minutes. Didn't take long to get rid of the chill, but even so, can you believe this weather.

I suspect once the calendar changes over to July, we will be sweltering. I predict a streak of extremely hot weather, extremely dry and we'll be wishing for at least one day overcast and wet. Back to the weather at hand. One thing that has happened with this weather. Strawberries in some areas are a few days, perhaps a week early.

Look out for some extremely hot weather, which will ripen berries faster than they can be picked. No need to search for a recipe for strawberries, you either have a family favourite, or you will use the one on the CERTO bottle. However, I did start preparing myself. I went through my supply of empty bottles and have set aside enough for at least two batches. I've even got enough bottles for more than a couple batches when it's preserving time and will save some for pickling later this summer.

Readers are lucky to have a new contributor for a recipe. Vonne Rushton, Baseline Road, Londonderry renewed her subscription to the Shoreline and included in a recipe. She was down in the Annapolis Valley helping her niece following hip surgery. They were going through a box of papers from Grandma Stirling, Port Williams and found a recipe for "Lacy Oatmeal Cookies". In her note Vonne said, "We enjoy the Shoreline - obituaries, Kitchen Korner, etc. Keep up the good work and stay safe with Covid along with everything else".

### Lacy Oatmeal Cookies (Granmom Stirling, Port Williams)

#### Ingredients:

1 pound butter • 2 cups brown sugar • 2 tsp soda  
Boiling water • 6 cups rolled oats • 2 cups flour  
1 tsp salt • ½ tsp vanilla

#### Instructions:

Soften one pound of butter; add 2 cups brown sugar; 2 teaspoons soda dissolved in ½ cup boiling water. Add six cups rolled oats; 2 cups flour; 1 tsp salt and ½ tsp vanilla.

Roll into balls. Flatten with fork dipped in cold water. Bake at 350 for 8 to 10 minutes. The dough can also be formed into a roll, like a rolling pin, frozen then cut off when needed. Would ensure you could quickly have a supply of fresh cookies.

Surely someone has some great new BBQ recipes. I'm looking for a suggestion of a family meal that is done entirely on the Barbeque. If you have a favourite family recipe and would like it published in the August issue, please send on or before July 15th. Send to:

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### Notes from our National Capital *Lenore Zann, MP Cumberland-Colchester announces funding*

Throughout the month of June, Lenore Zann made several funding announcements to help with economic recovery toward a "new" normal as the country eases itself of many of the confines surrounding CoVid-19.

On June 25th on behalf of the Minister of Small Business, Export Promotion and International Trade, announced the launch of Shop Local, an investment of up to \$880,000 for Nova Scotia to encourage community members to shop locally.

The funding will be provided through provincial and territorial chambers of commerce to support awareness-building campaigns that promote consumer confidence and local businesses. Chambers may use this funding to support a range of activities that encourage consumers to shop locally in a way that is safe and aligns with current public health guidelines. Chambers may solicit applications directly from local organizations or associations or have open calls for proposals that promote consumer awareness and demonstrate benefits to the broader business community.

For example: shop-local branding and digital content; seasonal campaigns intended to direct shoppers to local small merchants; promotions of online shopping, curbside pickup and delivery, as well as public health measures being implemented to make retail spaces safe and raise consumer confidence; marketing materials such as videos, social media visuals, and radio and newspaper ads encouraging consumers to buy from local businesses and patronize local restaurants and attractions.

She also made announcements for funding to hospitals and long term care facilities and improvements to schools, which are included in separate articles in this issue.

This investment will be flexible to respond to the unique circumstances in regions across the country and allow chambers of commerce to tailor campaigns to local needs and priorities, ultimately continued on page 6



Lenore Zann



### Notes from our Provincial Capital *Grief, sorrow and anger revealed*

Two hundred and fifteen children will always be remembered as the horrific discovery at the residential school in Kamloops, British Columbia. The news and the grief and the sorrow and the anger were real emotions that touched all of us.

I want to acknowledge the leadership of Kelly Hume, Principal at West Colchester Consolidated School for seizing what those in education call "a teachable moment". Having the students participate in the planting of 215 trees provided a tangible experience that will remain with the students and it demonstrated that they care.

As Minister of Education, I was proud to join Chief Leroy Denny of Eskasoni as all members

of the Council of Chiefs and the Executive Council of Nova Scotia, under the leadership of Premier Stephen McNeil introduced Treaty Education into the Nova Scotia school's curriculum.

Principal Hume demonstrated that she understands the importance of Treaty Education and seized this opportunity to help the students in the school be more aware and more knowledgeable.

My thanks to the students for their participation, their understanding and their kindness.

**Karen Casey, MLA, Colchester North**



Karen Casey

### News from our Municipal Council - District 10

#### *Finally – a light at the end of the tunnel*

To date it has been a wonderful spring, mostly good weather and looks like we are finally seeing a light at the end of the tunnel. I believe we are close to getting to the new normal and we all deserve a round of applause so to speak for the respect we have shown to our friends and neighbour's by following the guidelines as set out by Dr Strang and government. That is what, I believe sets us apart from other Provinces.

As I mentioned earlier our Municipality is in the early stages of developing a program to assist residents with energy reduction upgrades to their homes. There are many details to be worked out! Work is being done to find efficiencies in and cost savings, by providing qualified expert advice and by coordinating with contractors, suppliers and residents to streamline the process.

Also wish to point out the support both financially and with coordinated professional advice on Solar Energy. The second year

of the Solar Colchester program is up and running. I really encourage resident to look into this. Although, I will not be able to take part in the Municipal program, I am seriously considering installing solar at our home. This will reduce our carbon footprint, but I believe financial analysis will prove over time this will be a very positive move. Generally, an eight-to-ten-year payback on a 20-plus year lifespan at today's electricity rates. Think about the cost of electricity 10 years from now.

Over the past month, I have been advocating Council get more engaged in litter clean up. In particular around the interchanges off the 100 series highways which are the entrances to our communities. I am thrilled to say that last Thursday night council really committed to this. We voted to have staff develop and bring back



Tom Taggart



Dave Ritcey

is needed, it's best to view the most up-to-date information on phases here: Phase 2 reopening - Government of Nova Scotia, Canada

The province announced that as of June 23, residents of New Brunswick, PEI and Newfoundland & Labrador will be permitted to travel into Nova Scotia without isolating. (Ed Note: Re-opening plans changed when NB opened its borders to the rest of Canada earlier than expected. Provincial government delayed re-opening for a week).

Other Atlantic provinces may currently have different border policies in place, so it is important to check with each province prior to traveling. We're hoping the government will provide a more coordinated, detailed approach going forward.

Constituents, they tell me over and over again how frustrated

continued on page 6

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