



Curtis Millen has sold his strawberries, wild blueberries and other produce to Masstown Market for many years. He was pleased juice from Millen Farms wild blueberries (16% in every can) was used in the new beverage celebrating the 50th Anniversary of Masstown Market. (Harrington Photo)



Masstown Market held a launch for their new 50th Anniversary Wild Blueberry Soda, a collaboration with Chill St Soda company of Elmsdale, on Friday, June 7th. On hand for the launch were Alice Pugsley (Wild Blueberry Producer's Association of NS), Curtis Millen (Millen Farms), Barry MacLeod (Chill St.) and Eric Jennings (Masstown Market). (Harrington Photo)

Grand Opening of Chiganois Playspace

Masstown: The dreary wet day couldn't dampen the enthusiasm exuded by Jennifer McKay, President of the Chiganois Parent-Teacher Group, as she talked about the completion of the new playspace at Chiganois Elementary School.

The idea for the project came forth three years ago when Mrs. Phillips, a teacher at the school, made a presentation to the PTG asking for participation in the Loose Parts Play program. This initiative teaches children by letting them use their own imagination to spark learning through play.

The project was completed in three stages. The first was a storage shed for play equipment, the second was a mud kitchen completed last December and the Grand opening for third stage was held on Friday, June 21st. Students escorted guests around the new play space, giving guided tours.

"Today we are proud to open our new play space to make this dream a reality for the children of Chiganois and surrounding community," says Jennifer. "It took a lot of hard work and time from a lot of people to make this happen."

Funding for the project included grants from Tree Canada-Edible Education and sponsor, Staples; County of Colchester-Community Park Funding Program and Community Trail Fund-

ing Program; Province of Nova Scotia-Recreation Facility Development Grant and through fund raising by parents of Chiganois.

Donations were received from Glenholme Ready Mix, Putnam Farm, Agrigate Equipment, Masstown Hardware and WillKare Paving. Companies who assisted with the project included GlenGroup, Hornbeam Construction, Cobequid Trail Consulting and CCRCE.

Several community members put in many hours of work and deserved a special thank you. These included Ian Crowe, John McKay, Evan Putnam and the of course the parents, students, PTG members and staff at Chiganois Elementary.

Students will soon be enjoying the new walking trails, outdoor classroom, climbing areas and accessible swings.

Jennifer McKay thanked everyone for showing up in the

rain. "This would not have been accomplished without you. So, our thank you to all of you, is seeing the smiles on your kids faces for years to come."



The Grand Opening of the Chiganois Elementary Play Space was held on June 21. Grant representatives who provided funding, including Tree Canada and County of Colchester, joined PTG President Jennifer McKay, students and other guests for the grand opening of the new play space. (Harrington Photo)

Artsy Nerd Holistic Opens Its Doors

The Artsy Nerd Holistic Relaxation Company on Masstown Road, owned and operated by Tanya Dondale, a Holistic Relaxation Coach and Yoga Instructor recently opened its doors. Dondale has lived in the Masstown area for the last seven years and recently left her career as an Optometric Assistant in order to pursue her holistic wellness business full time.

Dondale offers Relaxation Massage and Wellness Coaching programs from her home in Masstown. She also makes a line of gluten and refined sugar free protein bars, called Nerdy Bits, which are currently available at The New Glasgow Farmers Market and by special order. "We hope to get to a couple more farmers markets over the coming months so that 'Nerdy Bits' are more accessible. They've been very popular and selling out almost every week," says Dondale.

In addition to the wellness services offered at The Artsy Nerd Holistic Relaxation Company, Dondale is offering yoga classes twice a week, downstairs at Cobequid United Church (formerly Masstown United). Bodacious Yoga is offered on Mondays from 6 to 7pm and Mid-week Morning Yoga is from 9:30 to 10:30am.

The cost for classes is \$10 per person or you can purchase a 10 Class Pass for \$80. Dondale describes Bodacious Yoga as very inclusive. "I've designed this class for voluptuous folks like myself, who may have concerns with their backs or knees and want to try yoga, but feel like they don't have the right body for it. I invite folks to come try it."

Starting in July, The Artsy Nerd will be hosting the Masstown Coffee House on the second Friday of every month, downstairs at Cobequid United. The first Coffee House event will be a Trivia Night which will take place on Friday, July 12th from 7 to 9 pm. The cost to participate only \$20 per team of 4 people.



Tanya Dondale owner Artsy Nerd Holistic Relaxation Company. (Submitted)

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Grade 9
2018 - 2019

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