

"Hey, tourists! Look what we have for you!"



Cobequid Trail Sections

The following is a description of various sections of the Cobequid Trail systems. Rail trail sections (these sections are continuous, with a combined length of approximately 11km one way):

The D.A.R. Section in Truro and Lower Truro is a linear, rail trail which follows the abandoned railway line from downtown Truro to Lower Truro. "D.A.R." stands for the Dominion Atlantic Railway, a railway built in 1898 and operated until 1982. This section of the D.A.R. was known as the Midland Line, an important link between Truro and Windsor. From the east end, the trail begins at King Street near the Nova Scotia Community College, crosses McClure's Brook, and passes by the Truro Golf Course and an industrial area before joining the Marshlands section of the Cobequid Trail.

The trail is 3.5 Km. Crushed gravel, wooden bridges. It's rated easy and wheelchair assisted permitting walking, cycling and dogs on leash. It is accessed from: King Street south, off Arthur Street; Kaulback Street at Nova Scotia Community College (parking available); 202 Willow Street - look for Trans Canada Trail kiosk with red roof (parking available); 105 Lower Truro Road (parking available) and 4057 Highway 236 (across from Truro Heights Road) in Lower Truro (parking available), or information: Town of Truro, 902-893-6093 and Municipality of Colchester, 902-897-3180.

Marshlands Section

The Marshlands Section of the trail begins at the trailhead in Lower Truro and continues to the Cobequid Bay Look-off from which the famous tidal bore can be seen. The trail continues west along the Salmon River on the Old Barns section of the Cobequid Trail.

In the 1600's, Acadian immigrants first settled in the Cobequid area. They took advantage of the vast marshlands by building dykes and creating over 1000 acres of rich farmland. After the expulsion of the Acadians in 1755, British settlers continued to farm these lands. The nutrient rich soil continues to produce quality grains, hay and other forage crops.

A description of the trail lists it as 3 Km of crushed gravel, asphalt and wooden bridges, rated as easy and wheelchair assisted for walking, cycling and dogs on leash. Accessible from: 4057 Highway 236 (across from Truro Heights Road) in Lower Truro (parking available), or information: Town of Truro, 902-893-6093 and Municipality of Colchester, 902-897-3180.

Old Barns Section

The Old Barns section of the Cobequid Trail follows the tidal Salmon River from the Cobequid Bay Look-off to the head of Cobequid Bay. The view across the river is of the farmland of Fort Belcher. The east end of the Old Barns section is continuous with the Marshlands section of the Cobequid Trail. It is described as linear, rail trail, 3.5 Km, comprising gravel and wooden bridges, and wheelchair assisted for walking, cycling and dogs on leash. Accessible from 919 Shore Road, off Highway 236 in Old Barns (parking available).

School is out ... Please DRIVE CAREFULLY




Proud to be Canadian!



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Other trail sections with combined total distance of 5 km includes:

Eagle Crest Walk

This section of the Cobequid Trail in Bible Hill passes through maple stands, hemlock ravines and offers views overlooking the Salmon River. The trail continues for about another 2 km via sidewalks and short trail sections across College Road and Pictou Road to another trail section along Farnham Brook. A distance of 1.1 Km of crushed gravel and wooden bridges for walking, cycling and dogs on leash. Accessible from 39 Warren Drive near the Bible Hill cemetery, off College Road (parking available) 99 Scenic Drive (parking not available). For information, Village of Bible Hill 902-893-8083.

Farnham Brook Section

This section of the Cobequid Trail follows Farnham Brook through forests and crosses the brook several times. A new section the Farnham Brook Trail was opened on June 5, 2015, in celebration of International Trails Day. Meandering along Farnham Brook between Bible Hill (Village Court) and Valley (Hillvale Drive), this new 1.7 km section of trail was constructed in fall 2014 by the Municipality of Colchester and Village of Bible Hill with support from landowners.

From Village Court you can connect to the Eagle Crest Walk section of the Cobequid Trail by following sidewalks and short trail sections (about 1 km), across Pictou Road and College Road to Warren Drive. Distance is 2.8 Km comprising crushed gravel, grass and wooden bridges. Accessible from: Bible Hill, 36 Village Court (parking available); 111 Dr. Bernie MacDonald (formerly Innovation) Drive in Perennia Park (parking available); 40 Katrina Drive, off Hazel Avenue (parking not available) and In Valley and 53 Hillvale Drive (roadside parking available). Information: Village of Bible Hill 902-893-8083, or Municipality of Colchester (Valley end of trail) 902-897-3180.

Dalhousie Agricultural Campus Section

The Dalhousie Agricultural Campus Section of the Cobequid Trail is located in Bible Hill and opened in October 2011. The trail meanders through the attractive Dalhousie University Agricultural Campus (formerly Nova Scotia Agricultural College) and through the working/research farm of the campus. The trail follows a ridge which offers views of the Salmon River and surrounding area. Several rest areas with benches are located along the trail. This trail connects to the sidewalk along College Road (near the intersection of Main Street) and to the trails at Bible Hill Recreation Park. The Municipality of Colchester, Village of Bible Hill, Nova Scotia Agricultural College and Province of Nova Scotia partnered to develop this wonderful addition to the Cobequid Trail network. It is 1.5 Km of crushed gravel, rated easy for walking, cycling and dogs on leash. Accessible from Campus parking lot on south side of College Road across from Campus Day Care (parking available). Bible Hill Recreation Park on Guest Drive off College Road (parking available). Municipality of Colchester 902-897-3180, or Village of Bible Hill 902-893-8083.

Bible Hill Recreation Park Section

In 2009, the walking track at the Bible Hill Recreation Park was widened and resurfaced, and a new section of trail was added. The walking track follows the perimeter of the playground. The trail goes up the hill above the playing fields and through a wooded section where it connects with the Dalhousie Agricultural Campus section of the Cobequid Trail. Described as loop, linear with 400 m linear section, plus 300 m loop track. Bible Hill Recreation Park on Guest Drive off College Road (parking available for walking, cycling or dogs on leash). For information: Village of Bible Hill 902-893-8083

The Shoreline Tid-Bits

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Nappan Marsh (Rainbow) Bridge closed

In Cumberland County the Nappan Marsh (Rainbow) Bridge over the Nappan River on Trunk 2, outside Amherst, is closed until further notice. A detour is available on Route 302, Southampton Road and Smith Road. Traffic approaching Amherst is being rerouted a short distance on the Nappan and Lower Porter Roads, while traffic leaving Amherst is required to detour on Smith Road.

Women's leadership gets renewed commitment

The National Coalition of Provincial and Territorial Advisory Councils on the Status of Women held its annual meeting in Halifax June 5 to 6. The meeting ended with a new partnership between the coalition and the Canadian Women's Foundation and a renewed commitment to advancing women's leadership in Canada. The meeting was hosted by the Nova Scotia Advisory Council on the Status of Women and participants discussed current challenges in achieving gender equality in respective provinces and territories, while sharing resources and best practices.

Building Vibrant Communities Grants Available

Community groups working to reduce poverty and help people find jobs can now apply for a Building Vibrant Communities grant until midnight on July 12. Eligible applicants include community organizations, First Nations communities, registered charities, municipalities, social enterprises and private-sector businesses if they partner with non-profit organizations. Funding is available for up to \$50,000 per project and organizations may submit more than one application for different projects. A total of \$1 million is available this year. The Department of Communities, Culture and Heritage and the Department of Community Services are working together to provide grants for projects which meet one of four poverty reduction themes this year: Economic inclusion: includes initiatives supporting Nova Scotians who are able to work in securing and retaining employment, and help reduce barriers to employment, and add supports; Housing: initiatives addressing homelessness or increase opportunities for Nova Scotians to access affordable housing; Children: initiatives contributing to prevention and intervention and facilitate opportunities for them to learn and live free from the stress of poverty and Mental health and addictions: initiatives improving access to supports people need to care for their mental well-being and recover from addiction. The application and program guidelines are available at: <https://cch.novascotia.ca/building-vibrant-communities-grant>

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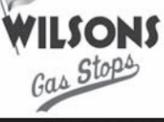
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