

# "Hey, tourists! Look what we have for you!"

## The Cobequid Trail – 18 Km of Enjoyment

The Cobequid Trail is an 18-km walking and cycling trail network through central Colchester County. The trail takes you along a former railway, through Acadian Dykelands and farmland, through forests and along brooks, and beside the tidal Salmon River.

The Cobequid Trail is a cooperative effort of the County of Colchester, Town of Truro, and Village of Bible Hill. Development of the trail began in 1998 with significant contribution from local government, community volunteers, the private sector and the Province of Nova Scotia. New trail sections are being planned.



## What's in a Name?

The word 'Cobequid' comes from the Mi'kmaq word We'kopekwitk which means "end of bay" or "as far as the water will flow". The Truro area is located at the end of Cobequid Bay.

The funnel-shaped Bay of Fundy has a unique tidal phenomenon, with Cobequid Bay

and the Salmon River helping to create a spectacular display of rushing water, called a "tidal bore". With the incoming tide, the ocean water moves up the narrow neck of the Bay, flowing against the river current and creating a "wall" of water that makes the river appear to be flowing backwards.

## Truro 2018 Summer Camps

### School Aged Children

Week long camps for school aged children Starting July 3rd and ending August 24th. All camps are full day and costs range based on the camp.

### Multi-Sport Camp

July 3-6 Ages 9 to 12

July 9-13 Ages 5 to 8

### Swim at Camp

(2 Week Camp that includes certified swimming lessons)

July 16-27 Ages 5 to 8

Aug 7-17 Ages 9 to 12

### Outdoor Explorers

Aug 20-24 Ages 5 to 8

### More Information and Registration

at Douglas Street

Recreation Centre!

902-893-6078

or: recdept@truro.ca

## Truro Concert Series & Movie Nights

### Riverfront Park

#### Concert Series

7:00—8:00 pm \* Riverfront Park

July 6 She and I & Craig and

Mandy MacEachern

July 13 Route 102

July 20 The McCready Brothers

July 27 Julie Johnstone

### Mid-Summer

#### Movie Nights

9:00 pm \* Victoria Park

Aug 3 A Bug's Life

Aug 10 Mary Poppins

Aug 17 Mulan

Aug 24 Race to Witch Mountain

Complimentary Popcorn while supplies last! Bring your own chair or blanket. Rain

Location: Douglas Street Recreation Centre

## Events Calendar

Visit [downtowntruro.ca/events](http://downtowntruro.ca/events) for more details

July 1	Canada Day Celebration (Fireworks at 10:00 pm)	Civic Square & Victoria Park
July 4	Market Fare Dinner	Truro Farmers' Market
July 6 - 27	Midday Music in Downtown Truro (every Friday in July and August)	Civic Square
July 6 - 27	Riverfront Park Concert Series (every Friday in July)	Riverfront Park
July 8 - Sept 3	Sunday Concert in the Park (every Sunday until September 3)	Victoria Park
July 13	Splash Bash Pool Party	Victoria Park Outdoor Pool
July 13	Truro Pride Flag Raising	Town Hall
July 14	Truro Pride Parade & Downtown Truro Fun Day	Downtown Truro/Civic Square
July 20	Down Syndrome World Swimming Championships Opening Ceremonies	Civic Square
July 20 - 26	Down Syndrome World Swimming Championships	RECC
July 21	VP Challenge	Victoria Park
July 21	Canada Parks Day	Victoria Park
August 1	Market Fare Dinner	Truro Farmers' Market
August 2 - 5	Canadian National Archery Championship	Victoria Park
August 3 - 31	Midday Music in Downtown Truro (every Friday in July and August)	Civic Square
August 3 - 31	Movie Nights in the Park (every Friday in August)	Victoria Park
August 5 - Sept 3	Sunday Concert in the Park (every Sunday until September 3)	Victoria Park
August 6	Natal Day Concert in the Park	Victoria Park
August 7 - 12	Canadian National Archery Championship	Victoria Park
August 10	Splash Bash Pool Party	Victoria Park Outdoor Pool
August 11 - 12	Millbrook Pow Wow	Millbrook
August 17	Wild Blueberry Harvest Festival Kick-Off	Civic Square
August 17 - 21	Wild Blueberry Harvest Festival	Various Venues
August 22 - 26	Nova Scotia Provincial Exhibition	Exhibition Grounds
August 24	Splash Bash Pool Party	Victoria Park Outdoor Pool
August 24 - 25	Rock the Hub Weekend	Civic Square
August 25	Downtown Truro Street Fair & B-Side Hip Hop Festival	Downtown Truro
August 25 - 26	Axe Throwing Championship	Victoria Park

## Discover Ancient Legends, Heritage & Culture



**MILLBROOK**  
Cultural & Heritage Centre

### Visit our GIFT SHOP

New Hours: Mon-Fri 8-4:30

Sat-Sun 9-5

Holidays 8-4:30

Highway 102, Exit 13A

65 Treaty Trail, Truro Power Centre

(902) 843-3493 [heather@millbrookheritagecentre.ca](mailto:heather@millbrookheritagecentre.ca)



**TRURO**  
make the connection

**DownTown**  
**TRURO**