



## 7<sup>TH</sup> Annual Bainfest – July 21 & 22

By *Bain Blois*

Bainfest started 6 years ago on the deck of a cottage in our community. From there a stage was built out of hemlock. The next year we added 200 amp service to cottage for power and a stage from TourTech and a tarp over a truss system.

Wind and rain over the first couple of years pushed the concert to a commercial 30 x 60 tent from MacFarlanes Rental. This year it will be 40 x 60 feet. We have since bought another cottage in the community which has 3 acres. This allows us to have the event all self contained on our property.

In the past we relied on the neighbours to provide parking tenting for RV's and trailers. Musically, we always had local talent drop in and play but Rock Show from Halifax was the main stay band. My band since then was developed and now we close out the concert on Friday and Saturday nights.

Other entertainment, we still keep some local entertainment but the rest of the bands come from Halifax area. Music is country - classic rock - Celtic - and a special band called Rusty Cage that specializes on Johnny Cash.

This event is not a money making proposi-

tion by no means. It has been for the joy of the music and having family and friends around. We are now looking to cover costs and present the Defenders Motorcycle Club (who will be the security team) with a check/token of appreciation to War Amps.

This year having the event we can allow the audience to camp and listen to great music for \$50 per person. We are hoping by going out on a limb with big acts such as Mellotones and Jim Henman we are providing a good diversity of music and great drawing cards.

Shuttle service is provided by Chris Sikkeme. He awaits your beckoning call in his three piece suite to drop you off or run an errand for you at a negotiated price. No set run times whenever you need service just give him a heads up when you arrive.

Camping is limited space depends on the demand but across the street Anchor Park camping has opened up also. We look forward to meeting each individual for our concert on Canada's Ocean Playground.

Find us on Wildflower Lane, between River John and Tatamagouche. Call for tickets. 902-440-0803 or 902-223-9859.



## Summertime Yoga at Masstown Park

By *Christine Urquhart*

Masstown Community Park is a beautiful spot to visit! If you are looking for an inexpensive and easy outing with your children, pack a lunch and take them to the Park. There is a port-a-potty there for those needed stops and the well for water to drink or wash with.

For those who don't know, our port-a-potty is provided by Baird's Septic. These fine folk not only have provided the port-a-

potty for us at the Park but they maintain it as well! Thanks to them for sure. The Park has lots of space to run around in, including the old ball field out back. Get up a game! Let's see our Park used.

Do you like yoga? Have you thought about doing yoga but weren't sure how to go about it? Well, Celeste Chesal is doing "Summertime Yoga in the Park" at our Masstown Community Park, every Wednesday beginning

June 21st at 10:30 am.

Cost for the six weeks is \$42 and you can find out more about this or register by contacting Celeste at: cchesal@gmail.com or phone 662-3009. Celeste is a 200 hr. RYT, 100 Hr. Trauma Sensitive instructor. She says that all levels are welcome and if you can breathe you can do yoga!

Great to see our Park being used.

## Truro Raceway Bustling with Activity in July

By *Kelly MacEachen*

Truro Raceway has several exciting activities scheduled at the end of June, July and early August including: The upcoming "Fast Fridays" and Atlantic Grand Circuit Week, sponsored by Pye Chevrolet & Truro Toyota. We race Friday June 30th (First Fast Friday), post time 6:30, then we race Friday July 7th, Friday July 28th and Friday August 4th. There is a break on Fridays in between July 7th and July 28th because we flip into our biggest racing week of the year here at Truro Raceway - Atlantic Grand Circuit Week where we race Sunday, July 16, 2017 - Opening Day of AGCW, Bring a Friend Day, Celebration of 250 years of Horse Racing in Canada.

Tuesday, July 18, 2017 will feature Atlantic Sires Stakes 2 yr old pacing Fillies & 2 & 3 yr old Trotters. We are 90% sure there will also be an Amateur Race this night that will have participants from PEI, Cape Breton, New Brunswick, as well as Nova Scotia and the Wilson's Home Heating Conditioned Class Series Eliminations.

As the week proceeds, Thursday, July 20, is scheduled for Atlantic Sires Stakes 2 yr old pacing Colts with Saturday, July 22 featuring Backstretch Horse Show (Hunter/Jumper) 9 am - 4 pm followed by races in the evening with Atlantic Sires Stakes for 3 yr old pacing colts, Atlantic Aged

Pacing Mares, Wilson's Home Heating Series Final and our biggest race, The Lindsay Construction Exhibition Cup.

Racing enthusiasts will enjoy Sunday, July 23rd with Stanfield 3 yr old pacing Fillies Stakes - Fastest fillies in the Atlantic Provinces racing here as well as in all other

stakes mentioned above.

We have 4 great harness racing drivers coming to compete with 4 of our local drivers. Between June 30th and Aug 4th, we have a lot of racing excitement.

**Kelly MacEachen is Event Coordinator, The Nova Scotia Provincial Exhibition Commission Complex**



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