

Our Kitchen Korner

It certainly has not seemed like Christmas primarily we have been worried about Co-Vid, and in November it was too warm to think about all the jingle bells and the pressure we put upon ourselves to get "just the right gift" for everyone on our list. Then of course it becomes a budgetary item.



Along with the warm weather in late November spreading on into December, all of us as grandparents or parents and even students were concerned about what was going to transpire in the education system as Co-vid was surging in the schools. Students and parents then had to deal with the fact we'd have a Christmas without the school concerts and sporting activities, including the many tournaments that occur over the Christmas holidays. Disappointment among the students was the biggest stresser for parents. Oh, how to pacify the youngsters and appropriately explain what was happening.

After we settled into a different Christmas season, Atlantic Canada was thrown into a few days of frigid winter weather, which we are not used to.

Wonder what's ahead for us until mid-April. Surely, we won't have an abundance of snow from Nor'Easter's, then a period of Nor'wester winds that howl for days upon end. If so, I'm not looking forward to it.

I don't think many of us haven't spent much time in the kitchen. However, realizing there are still a few more days to catch up on some Christmas baking. Here's a couple of recipes from days gone by when I was much younger.

100 Good Cookies

- 1 cup white sugar • 1 cup brown sugar
- 1 cup butter • 1 cup oil • 1 egg - unbeaten
- 1 tsp vanilla • ¼ tsp salt • 1 tsp baking soda
- 1 tsp cream of tartar • 1 cup rice crispies
- 1 cup coconut • 1 cup rolled oats
- 1 cup chocolate chips • 3 1/2 - 4 cups flour

Cream sugar with butter and oil. Add egg and vanilla. Add remaining ingredients. Mix well. Roll into balls, press with fork. Bake in 350 oven for 10-15 minutes. Should make 100 cookies.

Christmas Cookies

- 1 cup soft butter
- ¾ cup brown sugar
- ½ tsp vanilla • 1/8 tsp salt
- 2 ½ cups flour
- 1 cup almonds (Pieces or slices) Optional
- ½ cup red cherries - cut into small pieces
- ½ cup green cherries - cut into small pieces

Cream butter, add sugar. Add vanilla, salt and flour. Add cherries and form into balls. Bake in 325 oven until golden brown. Do not grease cookie sheet.

If you have a favourite family recipe and would like it published in the February issue, please send on or before January 15th. Please send to:

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Fax: 902-647-2194 or email: maurice@theshorelinejournal.com

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ISSUE	DEADLINE	PUBLISHED
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April, 2021	March 23	March 31, 2021
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June, 2021	May 18	May 26, 2021
July, 2021	June 22	June 30, 2021
August, 2021	July 20	July 28, 2021
September, 2021	August 24	September 1, 2021
October, 2021	September 21	September 29, 2021
November, 2021	October 19	October 27, 2021
December, 2021	November 16	November 24, 2021
January 2022	December 14	December 22, 2021

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Notes from our National Capital

Unfortunately, Lenore's column not available at press time.



Lenore Zann

Notes from our Provincial Capital

Throughout the year, we often pause to look back, give thanks, then to look ahead with hope and excitement. Christmas is one of those times, spending time with family and friends and expressing our appreciation and love for one another. It is also a time to remember those less fortunate, and to give what we can to make their lives better.

This year... 2020.... is one like no other we have experienced. The tragic events of April 18-19 have scarred many lives and will be etched in our minds and hearts forever. We continue to remember the victims and their families in our prayers.

The worldwide pandemic is here. Living with COVID contin-

ues. Health protocols are limiting our opportunities to socialize with families and friends. Those protocols are in place to protect ourselves and others. Respecting them is the best gift we can give this season. Please respect them and stay safe. My Christmas wish for each of you is to have a safe and happy holiday season.

Karen Casey, MLA, Colchester North is also Minister of Finance and President of the



Karen Casey
Treasury Board.

News from our Municipal Council - District 10

Struggling with what to say

This is the time of year when we reflect on the past year and look forward to next year. Quite frankly, I have been struggling with what to say or how to say it. For me, born in 1959, I have been extremely fortunate to have lived and raised a family in a relatively free, peaceful, moderately prosperous community.

Never had to be concerned with life-changing world events, never imagining the violence and tragedy our communities would endure in 2020. These events will stay with us forever. The next 12 to 18 months will be difficult and emotional as the much needed public inquiry takes place and everyone, most importantly those directly affected will face daily reminders. It will be critical we as a community support these family members and neighbors in any way we can. However as a community we need to move forward.

We must be optimistic, and we must have a positive vision. It appears that in terms of the virus, there is a light at the end of the tunnel. A vaccine is on the way, we may have a new normal in terms of how we interact socially.

I am confident we can and will return to the generally carefree times we enjoyed prior to 2020. Like many of you, I closely follow events in Canada and around the world. As an elected Councillor, I try to dig, stay informed and understand events and policy that currently does or will eventually affect us. I believe with all my

heart there are better days ahead. I believe our communities will grow and prosper.

With growing technology and communications the world is getting smaller. More and more people recognize the quality of life we enjoy and we have taken for granted. Migration patterns in Canada have changed, people have recognized that they can now enjoy that quality of life and maintain their career path. Managed properly this will allow our young people to stay home and raise families.

Slowly but surely our communities will grow and prosper. Our schools will fill up, new small business will pop up, we will get new friends and new neighbors. We need to embrace them and grow. The future is bright!

As we close out 2020 let's not forget, and ensure we support those who have had devastating personal losses, from the evil of April and the other tragedies both local and across Nova Scotia. While all of this is transforming life, we stay positive and focused on making our communities the greatest place in the world.

Please take time over the holiday season to relax, to enjoy your family, and to reach out to those less fortunate. From my family to yours a very Merry Christmas and a happy healthy and safe 2021

Tom Taggart is Municipal Councillor for Colchester District 10



Tom Taggart

Notes from our Municipal Council - District 9

A requested column from District 9 Councillor, Marie Benoit, was not available at press time.



Marie Benoit

Winter Carnival for February?

By Maurice Rees

Plans are underway to hold the 3rd Annual Fundy Shore Winter Carnival in February 2021. An initial meeting determined was unanimous support for moving ahead. However, as with almost everything a potential surge in CoVid pandemic could put plans on hold.

The Fundy Shore Winter Carnival committee is made up of representatives from Cumberland's SPAR Community Health Board; Colchester's Along the Shore Community Health Board; representatives from Cumberland and Colchester Counties, and Fundy Geological Museum. Vicki Weaver & Carolyn Bollwerk sit as representatives from Cumberland. Colchester representatives have not been identified, but it is expected, Craig Burgess, Director Recreation Services will play a key role.

The carnival was created out of a desire to see communities along the Fundy Shore connected and to get people outside in the coldest month of the year. The depths of winter can be challenging for many to get out for anything more than necessary. The carnival has been a huge success for the past two years, with more momentum added each year.

In the past the carnival has organized events from Debort through to Advocate Harbour with the majority happening in the Parrsboro area. Past participants have been contacted and many of these organizations want to go ahead with activities and are making the necessary modifications to make sure they meet safety protocols. The committee has also been approached by other organization and groups looking to participate by providing new and exciting activities and opportunities.

The Shoreline Journal and South Cumberland News will publicize the February event as soon as details become available.

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